

**NBTA
Middle Level
Council Day**



**KEEP CALM
AND
TEACH ON**

Middle Level Regular Program

**Saint John Trade and Convention Centre
and**

St. Malachy's Memorial High School

Music Specialist Strand

♪Rock On...Saint John Style!♪

Friday, May 5, 2017

Saint John



Middle Level Regular Program

Saint John Trade and Convention Centre
1 Market Square
Saint John, NB E2L 4Z6

Schedule

Thursday, May 4th

- **Host Hotel** — **Hilton Saint John \$129 + tax** for single or double occupancy until April 14, 2017. Call early to make your reservation to receive this special rate. Remember to cite “NBTA Middle Level Council.” Call to book your room at 1-506-693-8484.
- **Social** — “Experience Uptown Saint John”. A variety of different restaurants and pubs will provide specials during the evening. Dance starts at 9:00 pm at O’Leary’s (46 Princess St, Saint John, NB), free cover charge for teachers. (Need to show Teacher ID).

Annual General Meeting - Beginning at 7:00 pm at the Hilton Hotel in the Admiral’s Landing. All teachers are welcome! If you are at all curious about becoming involved in your NBTA Middle Level Council, please sign up for our AGM. Executive members will be on hand to answer any questions you may have. Please note: the Council AGM is not the same as your NBTA Branch AGM.



Friday, May 5th - Council Day Schedule Trade and Convention Centre

8:00 - 9:00 am	Scanning & Registration
8:30 am - 2:30 pm	Exhibitors in Spencer Hall
9:00 - 10:15 am	Keynote - Monte Selby
10:15 - 10:45 am	Nutrition Break
10:45 am - 11:45 am	Divided B Sessions
11:45 am	Lunch
1:15 - 2:30 pm	Divided C Sessions
2:30 - 3:00 pm	Middle Level Recognition Awards Prize Draws in the Great Hall - <i>must be present to win</i>

St. Malachy's Memorial High School

9:00 am - 11:15 am	Divided Sessions AB
10:45 am - 11:45 am	Divided Sessions B
12:00 noon - 1:15 pm	Lunch
12:15 pm - 2:15 pm	Divided Sessions BC
1:15 pm - 2:15 pm	Divided Sessions C
2:15 pm - 2:30 pm	Head to Trade and Convention Center for Awards and Prizes

There are many choices to be made throughout the day in regards to scheduling. Please check the times and self-select an individualized program that will offer you the optimal amount of professional choice of PL packed into one day.

Music Symbol — Indicates this is a specialist session and is designed for K-12 Music Specialists.

2:30 - 3:00 pm
Middle Level Recognition Awards and Prize Draws
Great Hall - Trade and Convention Centre
(Must be present to win)



Registration

To register, please visit the NBTA website at www.nbta.ca after April 1st at 4 pm and click on the Council Day button and follow the Middle Level Council registration link.

Members (Regular and Casual) — You will need your NBTA member number to register. If you have forgotten your number, there is a member number retrieval system on the site.

Effective May 2009, Council Day registration costs became a benefit of membership. Effective September 2010, Substitute Teachers became Casual Members of NBTA.

Fees for Non-Members (including substitutes who are Local Permits) — School-based: \$40; Non-School-based: \$75.

Student Interns — Although non-members, all student interns are provided complimentary on-line registration.

Refund Policy — Due to the fact that many of our costs are incurred in advance, there will be no refund of fees.

Scanning — All participants who have preregistered **MUST** bring their bar code receipts to be scanned on Council Day. Smartphone scanning is available. Scanning will take place at the Trade and Convention Centre from 8:00 - 9:00 am. For those attending the Music sessions AB-01, AB-02 or AB-03, please go directly to St. Malachy's.

Parking — Underground parking or street parking. There is a fee.

Lunch — Saint John offers a variety of eating establishments throughout the Uptown area and in Market Square. You also have the option to bring your own lunch.

Awards — Middle Level Council wishes to recognize teachers who have made an outstanding contribution to middle schools in any or all of the following: school environment, school spirit, student learning opportunities, teacher morale, individual student development, professional activities, extra-curricular, and teacher professional learning. To be eligible, nominated teachers must be a member of the NBTA Middle Level Council. Successful nominees will receive an honourarium and certificate from Middle Level Council and recognition in the NBTA News. **Nominations close April 1, 2017.** If you wish to make a nomination please go to www.nbta.ca and click on the Council Day button and then the NBTA Awards button.

Prizes — A random draw from registrations received by 1:00 pm on April 19th will be held and selected winners will be notified by email. Make sure to register early. Winners must present their registration e-mail to receive prize. Prizes may be picked up at the prize table at the Trade and Convention Centre. Major prizes to be drawn from 2:30 pm - 3:00 pm in the Great Hall at the Trade and Convention Centre. You must be present to win.

Exhibitors — 8:30 am - 2:30 pm at Saint John Trade and Convention Centre (In the main hallway)



Keynote - Dr. Monte Selby (Trade and Convention Center)

All in a Song: Rockin' Your Best Day Ever ✨

A-01: 9:00 - 10:15 am

Great Hall TCC

Welcome to an Unforgettable Classroom

B-01: 10:45 - 11:45 am

Montagu Room



Dr. Monte Selby is an educator, author, and speaker whose practical and inspiring presentation leaves audiences applauding across North America and Europe. Known as “education’s songwriter,” he has written hundreds of songs with students, educators, and Grammy-winning musicians. Monte’s comical and insightful music—featured on network television, radio, podcasts, and websites, and in books, stage productions, and videos—is cultivated from an award-winning career as a teacher, principal, and professor. Music Row Magazine describes his music as “a delightful variety” - “funky” - “astonishing” - “Wow”!



Keynote - Lisa Gillam (Saint Malachy's)

Spice It Up! New Songs & Resources for K-5 Classroom Music ✨

AB-01: 9:00 - 11:15 am

**Saint Malachy's Memorial High School
Auditorium**

**Middle Level Classroom Music: New Music and Strategies for Student
Engagement** ✨

BC-01: 12:15 - 2:15 pm

**Saint Malachy's Memorial High School
Auditorium**



Lisa Gillam holds Bachelor of Music and Bachelor of Music Education degrees from Memorial University of Newfoundland. She has taught classroom, choral and instrumental music in numerous private and public schools in Newfoundland, Taiwan and Thailand. Lisa is currently the President and CEO of two music education companies. The first is The Munchkin Music Factory - a music school in St. John's, Newfoundland that delivers a general music program for young learners. TheMusicClassroom.com produces and distributes teaching and learning resources for the music classroom. Its resources have been sold all over North America and numerous countries around the world. Lisa is also a founding and active member of Lady Cove Women's Choir, an award-winning chorus based in St. John's.



Keynote - Jack Berckemeyer (Trade and Convention Center)

Classroom Management for the Middle Level Educator - Managing the Madness

**B-02: 10:45 - 11:45 am
Marco Polo Room**

Middle Level Education-Living it, Loving it, Laughing about it!

**C-02: 1:15 pm - 2:30 pm
Marco Polo Room**



A nationally-recognized presenter, author, and humorist, Jack Berckemeyer, began his career as a middle school teacher in Denver, Colorado. After two years of teaching he was named as an outstanding educator at his school, and shortly thereafter he was identified as one of the outstanding educators in the district. In 2003, he received the Outstanding Alumni Award from the Falcon School District. Jack brings his energy, humor, and expertise of the middle level adolescent to all staff development as he helps teachers and administrators remember why this job makes a difference. Jack has presented in conference and school district settings both nationally and internationally. Jack served as a judge for the Disney American Teacher Awards and the selection committee for the USA TODAY All Teacher Team.



Keynote - Dr. Daniel Chorney (Trade and Convention Center)

School Refusal

B-03: 10:45 - 11:45 am

Loyalist Room

Understanding Child & Adolescent Anxiety: How Schools Can Help Students Face Their Fears

C-01: 1:15 pm - 2:30 pm

Loyalist Room



Dr. Daniel Chorney works with children, adolescents, and adults with a variety of mental health concerns, focusing on anxiety, depression, and insomnia. His training included extensive work in helping young children (e.g. preschool-aged) overcome their fears of social situations and other specific situations (e.g., fear of sleeping alone, separation anxiety, facing new situations, public speaking, needles/injections, etc). Dr. Chorney also has a particular interest in treating pediatric obsessive-compulsive disorder (OCD) and habit disorders.

He has specific training in helping individuals of all ages with sleep concerns ranging from insomnia to behavioral difficulties getting children to go to sleep at night. His training focused heavily on both the assessment and treatment of anxiety and mood disorders across the lifespan, and he has extensive experience working in both individual and group settings. He uses both cognitive-behavioral therapy and acceptance and commitment therapy in his practice.

Dr. Chorney completed his undergraduate studies at the University of British Columbia, and received his Ph.D. from West Virginia University under the supervision of Dr. Tracy Morris. He completed his clinical internship at the Alpert Medical School of Brown University in Providence, RI. Prior to starting a private practice Dr. Chorney worked at the IWK as a staff Psychologist within the Community Mental Health program. During his time at the IWK, Dr. Chorney served as the Team Leader for the Anxiety Program (Treatment of Anxiety Group).



Keynote - Carmen Meehan (Trade and Convention Center)

Mindfulness
Spencer Room

B-04: 10:45 - 11:45 am
and
C-04: 1:15 - 2:30 pm



Carmen is the Program Coordinator of the NBTA/EECD Professional Counselling Service for Teachers and the Teacher Counsellor for ASD-S. She began her teaching career in the Northwest Territories before returning to New Brunswick to work at NBCC Saint John. After a number of years there, she moved to what was then District 4 to the alternative school, PALS, in Sussex. Her last position with the district was as Vice-Principal at Sussex Middle School. In 2008, she joined the Counselling team as the counsellor for the southern part of the province.



**Divided Sessions A
(Trade and Convention Center)
9:00 - 10:15 am**

A-01 All in a Song: Rockin' Your Best Day Ever 

Dr. Monte Selby

Educator, Author, Speaker and Songwriter

Great Hall TCC

Monte Selby will use humor, interaction, a bit of research, and critically acclaimed original music to explore the importance of creating a vision for a “Best Day Ever.” Selby is an experienced teacher, principal, professor, and father of four who believes that educational staff having a great day can change a student’s educational experience forever.

**Divided Sessions A
(Saint Malachy’s)
9:00 - 11:15 am**

AB-01 Spice It Up! New Songs & Resources for K-5 Classroom Music 

Lisa Gillam

Owner and Music Educator, TheMusicClassroom.com

Saint Malachy’s Memorial High School Auditorium

Come have some fun with Newfoundlander, Lisa Gillam, as she shares new songs, games, dances and SMART activities for the K-5 music class. These resources have been developed by Lisa for use in her St. John’s music school, The Munchkin Music Factory, and are designed for easy implementation by the busy classroom music teacher. Participants in this workshop will receive a free sampler pack featuring recordings, sheet music with lesson ideas and SMART activities for elementary music.

AB-02 The Fundamentals of Teaching Brass Instruments 

Linda Pearse

Associate Professor of Music, Mount Allison University

St. Malachy’s Library 137

Bring your instruments and review breathing concepts, fundamental playing techniques, and have fun while doing it! This session includes a discussion and demonstration of “Top-Ten Student Brass Player Problems and Their Solutions,” a guide to good posture for wind players and will discuss strategies for brass recruitment and retention. This session is lead by MtA professor and trombonist Linda Pearse who has also completed the teacher-training course for the Alexander Technique.



AB-03 We're All in This Together: Running a Musical Theatre Program at the Middle Level

Hilary Ready

Music Specialist, George Street Middle School

St. Malachy's Room 162

Megan Young-Jones

Teacher, George Street Middle School (Musical Theatre Program Coordinator)

Mali Coulombe

Teacher, George Street Middle School (Musical Theatre Program Coordinator)

Learn about the process of planning, directing and producing a musical theatre production at the middle level.



Divided Sessions B (Trade and Convention Center) 10:45 am - 11:45 am

B-01 Welcome to an Unforgettable Classroom

Dr. Monte Selby

Montagu Room

Educator, Author, Speaker and Songwriter

Teachers love practical, ready-to-use, high-engagement strategies to impact learning, behavior, and character. Come explore powerful academic, social, and leadership activities that require deep thinking, movement, research, respect, interaction, music and laughter! Researchers declare that many students claim “boring” as their favorite adjective for describing school. More researchers shed light on why many capable students drop out of school. Educators of all subject areas and grade levels will leave this session with practical ideas to create healthy, welcoming, non-boring and “unforgettable” classrooms.

B-02 Classroom Management for the Middle Level Educator- Managing the Madness

Jack Berckemeyer

Marco Polo Room

Nationally-Recognized Presenter, Author and Humorist

Are you looking for ideas to help deal with classroom disruptions? Are you tired of constant interruptions? This session will provide some practical ideas that you can use to help with classroom behavioral issues. Find out how your room structure can make a difference, discover ways to deal with power play issues and explore strategies that relate to attention and humor. This session is based on the book *Managing the Madness*. The presenter provides ideas in a humorous and motivating manner that is perfect for all educators.

B-03 School Refusal

Dr. Daniel Chorney

Loyalist Room

Registered Psychologist and Speaker

Dr. Chorney’s concurrent session will provide a more in-depth look at a specific issue many schools are facing today – helping children who refuse school (school refusal behaviors). The following topics will be covered during this presentation: a) research identifying the four most common reasons children refuse school; b) assessments that schools can use to better determine what is causing school refusal; and c) providing staff and parents with tools and self-help resources aimed at helping them attend school willingly. Time will be allotted for questions and discussion to help apply some of the topics discussed to real-world situations.



B-04 Mindfulness

Carmen Meehan

Spencer Room

NHTA/EECD Teacher Counsellor ASD-S /Program Coordinator

Have you ever found yourself going on “automatic pilot”? Do you want to live more in the present moment, aware of and appreciative of the many joys in your life? It is easy to lose awareness of the present moment as we juggle the many demands of work and home. The practice of mindfulness can bring so many benefits to our emotional and physical health. It is a wonderful tool for stress management because we can practice it anywhere and anytime. In this session, we will practice some mindful exercises that are easy to incorporate into your day.

Repeated in C-04

Divided Sessions B

(St. Malachy’s)

10:45 am - 11:45 am

B-05 Running a Multi- Level Math Class Effectively

Brenda Johnston

St. Malachy’s Room 114

Teacher, George Street Middle School

This practical session will give participants take-home ideas and activities to assist them in meeting the many needs of the students in our math classes and building a community of young mathematicians.

Repeated in C-06

B-06 Yes Virginia, You Can Retire!

Michael Ketchum

St. Malachy’s Room 113

NHTA Staff - Teacher Welfare Services

YES you can RETIRE some day and that day may be SOONER than you think. Come and hear ACCURATE information on your pension and some of the exciting things associated with your eventual retirement. If you have a fear of numbers, etc then this IS the session for you. Pensions will be deconstructed and simplified for ease of understanding.

B-07 Education and Learning Disabilities: Focus on Solutions

Amy Wood

St. Malachy’s Room 172

Education Officer, Learning Disabilities Association of New Brunswick

This introductory session is divided into two parts. The first focuses on learning disability simulations and has teachers experience the reality of an intelligent student with a learning disability trying to keep up with classroom teaching objectives. In part two, an overview of learning disabilities is presented to participants through various interactive activities and questions. At the end of this session teachers will have a better understanding of various types of learning disabilities (dyslexia, dysphasia, dyscalculia, dysgraphia, dysorthographia, dyspraxia and executive functions) and the manner in which these information processing challenges may affect a student’s academic performances and social behavior.

Participants should bring a pen or pencil and paper.



Block BC
Divided Sessions BC
(St. Malachy's)
12:15 - 2:15 pm

***BC-01 Middle Level Classroom Music: New Music and Strategies for Student Engagement** 

Lisa Gillam

Saint Malachy's Memorial High School Auditorium

Owner and Music Educator, TheMusicClassroom.com

Classroom music teachers of grades 6 through 8 will enjoy this fun and interactive session with Lisa Gillam. Participants will explore new strategies for the incorporation of classroom percussion, Orff instruments, recorders, guitars and ukuleles using fresh, new music that is sure to capture the hearts and minds of middle level music students. Lisa will demonstrate how to create simple video tutorials which will assist teachers in accommodating a wide variety of ability levels within large groups. Each teacher will receive a free resource package that will include recordings, sheet music with lesson ideas, SMART activities and access to video tutorials for 6-8 classroom music.

***Participants are asked to bring recorders and ukuleles if you have them.**

BC-02 Fundamentals of Woodwind Tone Production 

James Kalyn

St. Malachy's Library 137

Professor, Mount Allison University

This woodwind session will guide teachers through simple and easy to teach methods to ensure good tone production: embouchure, breathing, air support, tongue, spotting problems. Will cover all woodwinds. Applicable to beginners and intermediate/advanced as well.

Participants have the option to bring one or more woodwind instruments.

BC-03 Tips for Healthy Choral Sounds 

Ross Simonds

St. Malachy's Room 162

Private voice/ piano teacher; part-time Faculty, St Thomas University; adjudicator; collaborative pianist

An interactive session to encourage the creation of healthy choral sound, using the thoughts of E.J. Dalcroze and F. M. Alexander. Body work exercises, breathing exercises, phonation exercises will be practiced.

Participants should wear comfortable, loose fitting clothing.



Block C
Divided Sessions C
(Trade and Convention Center)
1:15 - 2:15 pm

C-01 Understanding Child & Adolescent Anxiety: How Schools Can Help Students Face Their Fears

Dr. Daniel Chorney

Loyalist Room

Registered Psychologist and Speaker

Dr. Chorney's session on child/adolescent anxiety will have a specific focus on the following: a) developing a stronger understanding of what anxiety is along with the thoughts, feelings, and behaviors associated with anxiety, b) basic classroom accommodations to assist with minor/isolated anxiety and the problems sometimes associated with their long-term use, and c) a very brief overview of what administrators could instead focus on in order to help students face their fears.

C-02 Middle Level Education-Living it, Loving it, Laughing About it!

Jack Berckemeyer

Marco Polo Room

Nationally-Recognized Presenter, Author and Humorist

Looking to put a spark back into your teaching? Are you curious what really makes your students tick? Looking for ways to connect with your students? This laugh out loud keynote provides ideas and strategies in the areas of connecting with your students, being an adult advocate for kids, and new strategies in the area of classroom management. A true crowd pleaser for any type of educator.

C-03 First Nation Education and You

Katrina Clair

Montagu Room

First Nation Education Lead- Miramichi -Rexton ASD N

Elizabeth Price

First Nation Education Lead- Miramichi -Rexton ASD N

This session will explore realities for First Nation students, some historical context and plans for moving forward. The Truth and Reconciliation Commission's Calls to Action have resulted in Objective 6: Meet the needs of First Nation learners and ensure that provincial curriculum is reflective of First Nation history and culture in NB's ten year education plan. You will be exposed to available resources to begin to incorporate First Nation history, culture and perspectives into your classroom.



C-04 Mindfulness

Carmen Meehan

Spencer Room

NBTA/EECD Teacher Counsellor ASD-S /Program Coordinator

Have you ever found yourself going on “automatic pilot”? Do you want to live more in the present moment, aware of and appreciative of the many joys in your life? It is easy to lose awareness of the present moment as we juggle the many demands of work and home. The practice of mindfulness can bring so many benefits to our emotional and physical health. It is a wonderful tool for stress management because we can practice it anywhere and anytime. In this session, we will practice some mindful exercises that are easy to incorporate into your day.

Repeat of B-04

Divided Sessions C

(St. Malachy’s)

1:15 - 2:15 pm

C-05 Your Financial Well Being

Patria White

St. Malachy’s Room 113

NBTA Credit Union

Sponsored by your NBTA Credit Union, we will discuss financial health and how to avoid common financial pitfalls.

C-06 Running a Multi- Level Math Class Effectively

Brenda Johnston

St. Malachy’s Room 114

Teacher, George Street Middle School

This practical session will give participants take-home ideas and activities to assist them in meeting the many needs of the students in our math classes and building a community of young mathematicians.

Repeat of B-05

2:30 - 3:00 pm

***Middle Level Recognition Awards and Prize
Draws***

***Great Hall - Trade and Convention Centre
(Must be present to win)***



NBTA Middle Level Council Executive Committee

Cheryl Richardson	President
Ryan MacDougall	Vice President
Donna Lagacy	Past President
Heather Ingalls	Secretary
Sarah Brooks	Treasurer
Amy Barrieau	Awards
Daniel Doucet	Member-at-Large
Mary McDade	Member-at-Large
Kristie Garland	Member-at-Large
Lynn Skinner	Member-at-Large
Alison MacEacheron	Member-at-Large

To our wonderful session presenters — We are very grateful that you are so willingly to share your vast expertise. You have all contributed to creating a high quality council day program for the middle school teachers of New Brunswick. Thank you.

Social — Thank you to the Uptown businesses of Saint John - O’Leary’s, Britts and Saint John Ale House who have offered discounts and prizes for our social.

Thank you to the Planning Committee — Without dedicated and hardworking volunteers NBTA Council Day would not be possible. Thank you so very much to everyone who stepped up to organize every aspect of this amazing program.

Music Strand Committee — We would also like to give a very special thank you to Andrea Penney and Don Bossé for their hours of work and their expertise in organizing a stellar music program!

Host Hotel - Hilton Saint John
Phone: (506) 693-8484 Fax: (506) 657-6610

Host Hotel— Hilton Saint John \$129 + tax for single or double occupancy until April 14, 2017. Call early to book your room at 1-506-693-8484 and make your reservation. Receive this special rate by citing “NBTA Middle Level Council”.



Directions to Trade and Convention Centre:

1 Market Square, Saint John, NB E2L 4Z6

From Moncton:

1. Take Trans-Canada Hwy/NB-2 W towards Saint John
2. Take NB-1 W to Winter St in Saint John. Take exit 123 from NB-1 W
3. Take exit 123 toward NB-100/Saint John Centre/Rue Somerset Street
4. Take Paradise Row, Hilyard St and Main St/NB-100 E to Market Square

From Fredericton:

1. Get on NB-7 S from NB-102 S and Wilsey Rd
2. Continue on NB-7 S to Saint John. Take exit 122 from NB-1 E
3. Take exit 306 for NB-7 toward Saint John
4. Use the left 2 lanes to take the exit toward NB-1 E/Saint John
5. Take exit 122 toward Saint John Centre
6. Merge onto Main St/NB-100 E
7. Continue straight onto St Patrick St
8. Sharp right onto Market Square

From Bathurst:

1. Get on NB-11 S from King Ave
2. Merge onto NB-11 S
3. Take exit 301 for New Brunswick 8 S toward Miramichi/Tracadie-Sheila
4. Take exit 119 for NB-8 S/NB-117/University Avenue toward NB-126/Fredericton/Rogersville
5. Get on Trans-Canada Hwy/NB-2 W in Moncton from NB-126 S
6. Take NB-1 W to Winter St in Saint John. Take exit 123 from NB-1 W
7. Take Paradise Row, Hilyard St and Main St/NB-100 E to Market Square





Directions to St. Malachy's Memorial High School
2-20 Leinster Street Saint John, New Brunswick E2L 1H8

From Dieppe/ Moncton

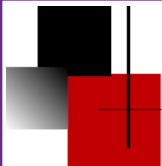
1. Get on Trans-Canada Hwy/NB-2 W in Moncton from Millennium Blvd and NB-128 W
2. Take NB-1 W to Seely St in Saint John. Take exit 125 from NB-1 W
3. Continue on Seely St. Take Crown St to Leinster St

From Fredericton

1. Get on NB-7 S from NB-102 S and Wilsey Rd
2. Continue on NB-7 S to Saint John. Take exit 122 from NB-1 E
3. Take St Patrick St, King St, Charlotte St and Princess St to Leinster St

From Bathurst

1. Get on NB-11 S from King Ave
2. Continue to Chatham, Miramichi. Take exit 119 from NB-8 S
3. Get on Trans-Canada Hwy/NB-2 W in Moncton from NB-126 S
4. Take NB-1 W to Seely St in Saint John. Take exit 125 from NB-1 W
5. Continue on Seely St. Take Crown St to Leinster St



GREAT EDUCATORS START AT UNB!

UNB's Faculty of Education invites you to join us during the morning break for refreshments at your NBTA Council Day! Come and find out more about our programs.

Watch for our hospitality room at the
Saint John Trade and Convention Centre