

New Teacher Counsellor

Lisa Calhoun

Lisa Calhoun of Fredericton is the newest member of the Professional Counselling Service for Teachers team. She replaces Niel Cameron, who has retired, and will be relocating to Moncton to provide services for teachers and their families in School Districts 2, 15 and 16.

Calhoun has a Bachelor of Arts (Psychology & Sociology), a Bachelor of Education, and a Master of Education (Counselling), all from UNB. Her varied teaching background includes four years internationally in Mexico, Korea and Taiwan, seven years at George Street Middle School (Fredericton), and seven years at the Department of Education working on special projects related to Canada's Millennium

Scholarship Foundation. She has been a facilitator of career development workshops with high school students at 15 schools across the province, and most recently, trained teachers and guidance counsellors in the "Career Focusing" program from Future to Discover.

"There are times in everyone's life when we all need help and could benefit from accessing a counsellor. I hope that teachers and administrators will seek out my services, and those of my colleagues, so that they can get the assistance that they need. I hope to help teachers and administrators stay healthy and productive both personally and professionally."

Wellness Highlights

PROFESSIONAL COUNSELLING SERVICE FOR TEACHERS



Carmen Meehan

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Michael LeBlanc

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Lisa Calhoun

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855-5243
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Purpose

- To provide a confidential counselling/consulting service which is available without fee to NBTA members
- To provide health promotion programs which will assist teachers in increasing their level of wellness

Services

- Provide counselling
- Organize group sessions upon request
- Promote wellness through workshops
- Conduct Critical Incident Stress Debriefings
- Refer teachers to other agencies: addictions, financial, couples and family counselling, and alternative health practitioners
- Co-ordinate School-Based Wellness Programs