

NBTA News



October 4, 2006
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New Brunswick Teachers' Association

INSIDE:

Skills for Administrator Series	4
Pre-Retirement Seminars 2006-07	5
Importance of Detail	8
Classroom Management Institute	9
School-Based Learning Teams Grants	10-11
G. Forbes Elliot Award	20

**Next Final Copy Deadline
For NBTA News:
Friday, October 20**

The Power of Learning



Keswick Ridge School Makes the Grade



Keswick Ridge School, which is a small rural school just west of Fredericton in SD 18, started the school year with quite an honour. The school was named as one of *Today's Parent* magazine's Top 30 Schools in Canada for 2006. This year there were over 500 nominations across Canada from which 30 were selected by a panel of 60 education experts including teachers, guidance counselors, principals and parents. The school was nominated by PSSC Chairperson and parent, Mrs. Rhonda Baker-Gordon, in the area of Innovative Core Programming for its multiage approach to teaching and learning.

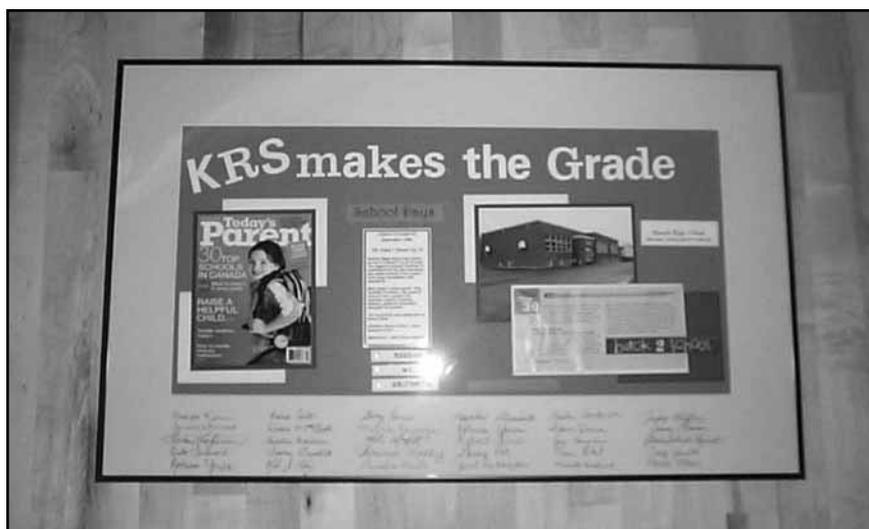
Multiage at Keswick Ridge is a whole school effort. Students at K-2 share multiage classrooms, while the 3-5 students are regrouped into the multiage setting for science and literacy initiatives. The 53 Middle School students share one common classroom and are team taught. At times, students participate in school-wide multiage activities, thus building a sense of community. The multiage learning environment is more reflective of real-life working relationships where people of various ages and skills come together with a purpose. Children are encouraged to work at their own pace and to develop their personal strengths. All teachers work in



teams and share the values of professional learning communities. As school principal, Ms. Barb Corbett, stated in *Today's Parent*, "Teachers, who work together in teams, specialize in their areas of expertise and can't help but pass on their passion to pupils."

The multiage approach at KRS began in the early 1990's with the Middle School and has grown to embrace the entire school community. Aside from the benefits of teamwork for students and staff, multiage provides opportunities for peer leadership, the looping of

students, teachers and parents so as to build strong long-term relationships and the ability for students to be viewed and taught as individual learners. The latter requires that teachers have profound knowledge of each child's capabilities and a commitment to multiage.



The school community has enjoyed the media coverage from CBC radio/TV and local newspapers. On September 7, 2006 the school hosted its annual School Community Cornboil for over 500 people and received congratulatory greetings from the Premier and the Leader of the Official Opposition. A commemorative display of the *Today's Parent* achievement

was unveiled and will remain in the school. As District 18 Superintendent Alex Dingwall stated in *The Daily Gleaner*, "We have a lot of excellent schools in our district. This is just recognition for the unique approach (the) Keswick School has to education."

School Bus Safety Week October 15-21, 2006



Linda Bateman (Home & School Association), presents NBTA President, Indu Varma, with a copy of this year's School Bus Safety Week Poster.

HAPPY
HALLOWEEN!



NBTA NEWS

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Editor: Jim Dysart

Editorial Assistant: Loretta Clarke

Graphic Artist: Christy Price

Printed By: NBTF Printing Services

Member: CEPA

Address all correspondence to:

The Editor

P.O. Box 752, Fredericton, N.B.

E3B 5R6

Telephone: (506) 452-8921

FAX: (506) 453-9795

E-mail: nbtanews@nbnnet.nb.ca

Web: www.nbta.ca



Indu Varma

Creating the best education system in Canada is the promise made by our newly-elected Liberal government. Teachers, parents, and the children of this province can hardly wait to see this become a reality.

Good education is the foundation on which everything rests. The incoming government has declared education to be one of its top priorities, realizing that good education is a crucial factor in job creation and is the steppingstone to economic prosperity. Investing in a good education system, therefore, has immediate and long-term benefits.

Rich opportunities, high expectations and sound preparation for the future for all individuals, as stated in the above quote by Lowell Milken, would be among the essential elements of this best education system our government has pledged to create. This would undoubtedly mean having a truly inclusive education system where all children can be educated to reach their full potential and be productive and responsible citizens who contribute to the prosperity of our province.

This would require significant changes and investments in our current inclusive education system. The MacKay Report, released in March 2006, has done an in-depth study of the New Brunswick inclusive education system and has made ninety-five main and several sub recommendations. This report eliminates the need for any further studies in this area. It is now time for

First Steps Towards Creating the Best Education System

"There is an equation at the center of the proposition of education that is as appealing as it is basic: All we have to do is think about what we want for every child, and we shall know what to provide every teacher—rich opportunities, high expectations, and sound preparation for the future. This is what every child needs and this is what all teachers deserve." (2006) Lowell Milken on Educational Reform, Chairman and Co-Founder Milken Family Foundation <http://www.mff.org/about/lmilken.taf?page=quotes>

implementation of this blueprint for inclusive education.

A truly inclusive education system needs to be adequately funded, resourced and supported in order to effectively meet the needs of our children. It is heartening that in the Liberal platform a pledge was made to endorse the MacKay Report and fully implement its recommendations respecting all timelines. This acknowledges the reality teachers face daily in their classrooms, i.e., meeting the diverse needs of children given the composition of classes we presently have is a formidable task. Following up campaign announcements regarding funding for special needs children and establishing a funding formula to better address their needs would be a good starting point.

As we progress towards creating the best education system, the first step in this journey could then begin by significantly improving the current level of educational funding in New Brunswick. We have a long way to get to the top spot in this area. According to the latest Statistics Canada figures (2003-04), currently New Brunswick is the second lowest in terms of per pupil operating funding.

Increasing the funding levels to approach the Canadian average, as recommended by the MacKay Report, would allow for the creation of smaller classes while giving the needed flexibility in restructuring challenging classes through additional teachers. Fortunately, the need for more teachers in the system has been acknowledged and was very much a part of the Liberal platform.

During his campaign our newly-elected Premier, Mr. Shawn Graham, repeatedly stated his desire to support

teachers and give them what they need to do their job effectively. A good start in this area would be by providing sufficient instructional resources, establishing integrated delivery of services through the collaboration of various government departments, enhancing the existing professional development opportunities, and providing relevant hands-on programs to meet the diverse needs of our children, such as, Music, Fine Arts, Phys Ed., Vocational courses, etc.

Creating the best education system also means strengthening and building on the successes of the past. While it is understandable that the new government would want to bring a fresh approach and create its own mark, let's hope that change wouldn't occur for the sake of change and due recognition would be given to the successful initiatives and programs that have been running effectively.

Existing professional development opportunities for teachers (Curriculum Delivery Days) and the services of certain professionals, such as literacy mentors and behavior interventionists, are examples of successful initiatives that need to be maintained and enhanced.

The prospect of having the best education system in our province is exciting and one we all want to work toward. Let's work together to create an education system which is the pride of New Brunswick and the envy of all. Our goals are common and the resolve is strong. We believe that through collaboration and teamwork we can do it!

Our children are worth it!

Skills for Administrator Series: A Workshop for School-Based Administrators

Sponsored by the NBTA, School Districts and the Department of Education

Using Student Work to Inform Instruction

Date: November 21 and November 22, 2006 (9 am - 4 pm)
Location: NBTF Building, Fredericton
Facilitator: Marcella (Marcy) Emberger, Atlantic Canada Connected
Community (ACCC – an ASCD affiliate)
Participants: Open registration — Limit 40



Teachers examine student work every day, but the process of assigning and evaluating student work is traditionally a solitary practice. Professional development for assessment requires shifting this solitary practice toward a collaborative one. Leadership teams can foster the understanding of the central role of student work in informing instruction by helping staff members learn to work collaboratively as they examine student work. In this two-day workshop, participants will learn the processes for implementing the collaborative sharing of student work, and they will be provided with tools and strategies for leading this shift in their schools.

The Facilitator: Marcella Emberger has recently moved to New Brunswick from Maryland where she served as the Director of the Maryland Assessment Consortium. She is a veteran presenter at the National ASCD Conferences where she has co-presented with Carol Ann Tomlinson and Jay McTighe. She has recently published articles in *Principal and Principal Leadership* journals.

There is no registration fee for the workshop and attendance will be limited to 40 participants. Lunches will be provided both days. Participants are required to make their own arrangements for release time and travel costs with District Offices.

→ Registration Deadline: Wednesday, November 14 ←

Please fax the registration form to:
Nancy Roach, Director of Professional Development, NBTA, at 506-453-9795.

Skills for Administrator Series: Using Student Work to Inform Instruction

Name: _____

School: _____

Email: _____

You will be emailed with a confirmation of your seat.

2006-2007 NBTA PRE-RETIREMENT SEMINARS REGISTRATION FORM

Please accept my application to attend the NBTA Pre-Retirement Seminar to be held on (check one):

DATE OF SEMINAR _____

- _____ October 21 - Bathurst, Terry Fox School
- _____ November 4 - Moncton, Riverview Middle School
- _____ **November 29 - Bristol, Carleton North Senior High**
- _____ December 2 - Saint John, Simonds High
- _____ January 13 - Fredericton, NBTF Building
- _____ January 27- Miramichi, Dr. Losier Middle School
- _____ February 10 - Sussex, Sussex High School

DEADLINE FOR REGISTRATION _____

- October 13
- October 27
- November 21**
- November 24
- December 22
- January 19
- February 2

Name of Teacher: _____ S.I. No. _____

Mailing Address: _____ Dist. _____

_____ Name of Spouse (if attending) _____
(If spouse is a teacher, please fill out a separate form)

No. of pension years you will have accumulated to June 2007 _____ Certificate Level: _____

Are you planning to buy back time? _____ If "yes", how much time? _____

Do you have Responsibility Allowance? Yes _____ No _____ (If "yes", contact your payroll officer at your District Office and have your last 5 years' salary history faxed to Karen Vautour, 453-9795)

I am enclosing a cheque in the amount of \$5.00 / \$10.00 (please circle one) to cover the cost of registration; nutrition break, and materials to be supplied. Please make cheque payable to **New Brunswick Teachers' Association**.

I hereby authorize the NBTA to obtain information from the Public Service Employee Benefits Division pertaining specifically to my pensionable service records. This information will be utilized to prepare my individual pension estimates for retirement purpose only.

YES NO

Signature: _____

SEMINAR GUIDELINES

The following guidelines should be noted for participation in these seminars:

1. All participants must pre-register.
2. A registration fee of \$5.00 for each participant must accompany the application; however, cheques will not be cashed until after the workshop.
3. Travel and accommodation costs are the responsibility of the participant.
4. A nutrition break will be provided.
5. Questions relating to these seminars should be directed to: **Larry Jamieson**
Director of Teacher Welfare Services
New Brunswick Teachers' Association
P.O. Box 752
Fredericton, N.B. E3B 5R6 (Tel. 452-1722)
6. Any interested teachers are eligible to attend.
7. All workshops begin with registration at 8:30 am and sessions at 9:00 am until 1:00 pm. (Except Bristol, where registration will begin at 5:00pm -- Seminar at 5:30pm)
8. Detach and return the registration form as soon as possible.

PROGRAM _____

- Teachers' Pension Act
- The Canada Pension Plan
- Pension Records (will be available at meeting if possible)
- Pension Calculations
- Old Age Security
- Retirement Allowance
- Pre-retirement Vacations
- Deferred Salary Leave Plans
- Financial Planning for Retirement:
 - RRSPs
 - Annuities
 - Registered Retirement Income Funds
- Individual Consultations



PLEASE NOTE: YOU WILL RECEIVE CONFIRMATION WITHIN ONE WEEK OF CONFERENCE.

Through Their Eyes

By Nancy Roach
Director of Professional Development
roachn@nbnet.nb.ca

I seem to recall an old TV show called *Kids Say the Darndest Things*. The premise was that the natural commentary offered by youngsters would be entertaining, and as I remember (it was a long time ago), it was. Those of us who work with children, or who have experienced the first-hand joy of parenting, will all have a story about something that a little one said that was profound, amusing or outrageous.

Listening, really listening, to our students can offer us insights into how they perceive our work, what they value and hope for in their teachers. I was fortunate enough to have a glimpse of some of their thoughts as a result of a student survey I sent to a number of teachers last June. Of course, these busy people had nothing else to do in June (!), but, God love them, many of them did administer the survey and sent me back the results. I received more than 700 of them, in fact, from students in Grades K-12, and it made for fascinating reading.

“Know your subject and love it, know that all kids are different, accept that we can’t NOT talk!”



Although my primary reason for asking for students’ opinions was for a keynote address I was preparing, I found the words and thoughts of the kids were so powerful that I wanted to share them with more of you.

I asked them a series of five questions. The answers were interesting, to say the least, and I have recorded them exactly as presented. (Special thanks to those patient K and grade 1 teachers who did the survey orally and recorded the children’s words. The first was

“What is the most important thing for a teacher to know or be able to do?”

One grade 5 girl gave a cryptic response:

“How to teach, DUH!”

Others reflected their own realities:

“Multiplication because it comes upmost in life”.

(grade 5 boy)

“The date/the calendar”.

(grade 1 girl/boy)

A grade 2 boy indicated the most important thing was for the teacher to *“know what the hunsers are on the sheets,”* while a grade 2 girl thought you should be *‘able to spell anea wrod.’*

Some of the older students were very explicit in their responses. The most important thing, according to a grade 7 boy is *“to be funny sometimes. It is easier to understande when they put humeur in it.”* (Think he might be in French Immersion?) A grade 8 girl reminds us *“not to pick favourites. Sometimes others feel inadequate even if they are doing their best.”* Personal perspective peeks through the comment of a grade 9 boy who says that teachers need to know *“how to teach students that learn differently than normal students.”*



The senior students were not without their opinions. A grade 10 girl gives this advice: *“Know your subject and love it, know that all kids are different, accept that we can’t NOT talk!”* The concept of active engaged learning came up over and over, perhaps best expressed by this boy with one year left to go before graduation. He says you need to *“know how to do your job and make classes more hands-on and more exciting than just sitting there listening to something we don’t care about.”* Then he went on to add, *“If it was exciting we still wouldn’t care but at least we will learn what you are trying to teach!”* How’s that for honesty?

The second question I ask the students was also related to their learning and your teaching. When I am trying to learn, I hope my teacher will...

These responses were equally thought-provoking. Paramount to their concerns was what happens when they are struggling to ‘get it’.

A grade 2 boy is specific: *“Teach me til I get it.”* Three years later, the sentiment is still the same: *“Not give up on me.”* (grade 5 boy) A grade 4 girl want to be left alone: *“Let me do my work and jus let me learn,”* she writes. *“I apriciate my space.”*

By Middle School, students are feeling their insecurities even more. A grade 7 girl reminds us to *“not ask me to answer a question when my hand is not raised.”* A boy of the same grade reiterates the theme: *“Explane*

because sometimes we are scared to ask questions in front of the class." A grade 8 girl wants us to "understand that I might not get it the first time."

Older students have some variations on this theme. Often they need to "understand WHY. Sure E+MC2 but tell me how come", challenges a grade 10 boy.

Students clearly look to their teacher to help them when they are experiencing difficulty.

"Help me when I do not understand and go over it with me until I do. Also when I ask the teacher for help I hope she/he will not complain, because that is what they are here for." (grade 11 girl)

"Maybe help by explaining it other ways and not just repeating it the same way. That won't help any more than it did the first time." (grade 7 girl)

We also get advice from both our oldest and youngest students. It is not new to us, but it bears repeating. A grade 12 girl reminds us to "Be patient. Not everyone learns the same way or at the same rate." And one of our youngest, a Kindergarten girl says that when she is trying to learn something, she wants her teacher to "say congratulations."

The educational experts couldn't have said it better.

If you are curious about some of the other questions and how our students responded, you can find more *Through Their Eyes* in next month's column.

Field Trip Tips

Taking students out of the school building into the community at large has long been considered a valuable approach to learning. A recent article by one of my favourite authors, Rick Wormeli (**Making Field Trips Matter, Middle Ground August 2006**) challenges teachers to ask questions about the real learning that is taking place on the trip. He makes a number of practical suggestions to maximize what your students will get from the field trip.

Homework Anyone?

Homework is another of those 'institutions' that have been part of schools since the dark ages. In this thoughtful article, **Homework That**

Helps (Principal Leadership, September 2006) the author offers insight into one school's focus on this subject. Changing attitudes from parents make it important to have conversations among staff to determine the school's approach to homework, ensuring that it is both productive and reasonable.

Middle and High School Literacy

The newest issue of **Principal Leadership (September 06)** is a themed issue based on the topic of Literacy. It features articles from a number of schools who share some of the approaches to school-wide literacy that have worked for them. I particularly liked **Getting School-Wide Literacy Up and Running** for its practical suggestions from the school's literacy action plan. It also offers a Check List for teachers centered on the Four E's (Environment, Engagement, Expectations and Encouragement/Support) which must be present in schools if a literacy plan is to benefit students.

Advice for Principals

Just as the demographics of our teaching profession are changing rapidly, so too are we experiencing an unprecedented turnover in administrative positions in New Brunswick Schools. Several articles in NAESPs **Principal (September /October 2006)** would be of value to any person in a principal or vice-principal position. **Been There, Done That and Won't Do It Again** is filled with practical advice from a veteran. **They Never Told me This in Principal School** follows the same theme and is a worthwhile short read.

(Those of you who are relatively new

administrators might also be interested in one of this year's **Skills for Administrator** series. We will be repeating last year's highly successful *Share the Wisdom* workshop in March. See the flyer that will come to your school and/or watch the *NBTA News* for details.)

Interested in Teacher Exchange?

See the ad in this issue about an information meeting being held at the NBTF Building on Saturday, October 28. Join us for Q and A, lunch and a chance to meet Exchange Coordinator, Carol Wilkins, from the Canadian Education Exchange Foundation. Current and former exchange teachers will be on hand to tell you about their experiences.

Beginning Teachers: A Highly Valuable Addition

I want to say a special welcome to all of you who are beginning your teaching career this year. I hope I will have met many of you at the **NBTA Welcome to New Teachers Workshop** by the time you are reading this. I encourage you to take advantage of all that the **Beginning Teacher Induction Program** can offer. Remember, too, that along with your mentor, there are many experienced teachers in your schools. Seek them out for assistance and advice.

My challenge to you veterans is to not only welcome this new blood into your school community, but to take time to offer your help. The most successful first year's are experienced by those teachers who say "I am so lucky! My whole staff is really my mentor!" Help make your new teachers one of those lucky ones!

Educational Improvement Grant Funds Depleted

Teachers should note that due to high demand, the funds for both Provincial and Council Educational Improvement Grants (i.e., for conferences and other professional development) have been depleted for activities taking place between now and December 31, 2006.

Funding is available for activities taking place after January 1, 2007 and application can be made at any time. Teachers are encouraged to apply early.

The Importance of Detail

• Quality of Applications and Nominations Critical •

Every additional detail which enhances the committees' ability to choose one from many excellent and deserving nominees is important.

Each year, hundreds of applications or nomination papers are prepared by teachers and submitted to committees or panels charged with the responsibility of choosing, from among all submissions, a limited number of successful applicants.

Whether applying for an Educational Leave, or submitting nominations for the NBTA Centennial Award, the Aliant Award, the Outstanding Educational Leadership Award or applying for any other competition, providing proper and complete information is critical to the success of the application.

Educational Leave Forms Now Available

The Educational Leave Forms (Form D 2007-2008) are now available through school district offices. The form consists of four pages, each with four copies. Persons considering applying for an educational leave for the 2007-2008 school year should get the form as soon as possible to ensure sufficient time for completion and submission of forms and related documentation prior to the deadline of November 3, 2006. This is a strictly applied deadline.

Each question on the form is asked for a specific purpose and therefore is very important. The number of very deserving applicants far exceeds the number of educational leaves available, and therefore the committee relies very heavily on the responses recorded for various questions to help distinguish among very similar and deserving applications.

In responding to open-ended questions, particularly in section V, applicants are encouraged to prepare responses prior to transfer to the form. If additional space is required,

additional sheets could be attached and referenced under the appropriate question.

Of particular importance is the response to Part V, question 2 - "Detailed Specific Plans". Part of the mandate of the committee is to ensure numerous factors are balanced in the selection process. Geographical consideration, gender, array of disciplines pursued, length of study, and relevance to professional growth of the applicant and the needs of the system are all factors which are considered. To this end, the committee is less likely to consider vague or poorly-developed plans, and are more likely to consider applications which exhibit a well-conceptualized program or series of activities, and which clearly defines the expectations for professional growth.

It is also extremely important to indicate any special conditions which may have a bearing, conditions such as relation to position changes, deadlines for coursework completion, demands of internships, or particular availability of programs or activities of importance to the success of the educational leave.

Finally, all applicants must remember that over 60% of all valid and deserving applicants are rejected primarily due to lack of sufficient leaves to meet demand. In all cases, applicants can be assured that each member of the committee is committed to making the process as fair and impartial as possible. Those who are unsuccessful are strongly encouraged to re-apply in subsequent years.

Nominations for NBTA Centennial Award, Aliant Award for Excellence in Teaching, and Outstanding Educational Leadership Award

The NBTA Centennial Award is presented each year to an individual in recognition of having made a significant contribution to education in New Brunswick. It has traditionally honoured a long and prestigious career of involvement in the profession.

The Aliant Award for Excellence in Teaching is presented to an NBTA member recognized by peers and the community who exhibits excellence in teaching through ongoing commitment to students and pedagogical approaches.

The Outstanding Educational Leadership Award, sponsored by the Department of Education, is presented each year to an NBTA member who is a principal or vice-principal, or to an in-school administrative team who demonstrate(s) the qualities of a successful educational leader and foster(s) a positive school climate.

Each award has its own application form and must be sent separately to the NBTA Selection Committee as described on the form.

Once again, the quality of the submissions can be enhanced greatly by ensuring a substantial amount of documentation from a variety of sources is provided. Further, the sponsors of the nomination should synthesize the contents of various supporting statements in a single overview of the recipient's activities and contributions which would merit consideration.

The deadline for nominations for each of these awards this year is April 1, 2007. Branches wishing to nominate persons should start getting supportive documentation now to ensure a complete, well-rounded and detailed submission. Every additional detail which enhances the committees' ability to choose one from many excellent and deserving nominees is important.

Non-verbal Communication for Classroom Management

— An Institute for Early Career Teachers —



Friday, November 3, 2006 — 9:00 am - 3:00 pm
Edith Cavell School, Moncton, NB

Description of Session:

This innovative approach to classroom management is targeted to teachers with between 2 and 7 years of experience.

Training in non-verbal communication:

- allows teachers to manage their class so they can teach
- reduces confrontation
- increases student on-task behaviour
- creates win-win situations between teachers and students in all types of schools.

Research shows that 80 per cent of communication is non-verbal. Training for teachers to increase their non-verbal communication skills is based on the work of Michael Grinder, the national director of Neuro-Linguistic Programming (NLP) in Education.

Participants will be provided with a take-home resource to support the approach.

The Facilitator

Claudette Landry (CML-Consulting Ltd.), who is fluently bilingual, has been a respected educator for over 20 years. She has taught all grades from kindergarten to grade eight and has worked extensively with teachers in implementing effective instructional strategies and in developing collaborative communities that maximize learning and human development.

She has been a leader in staff development for the past 15 years offering workshops, trainings and presentations at the district, provincial, national and international levels. Most recently, she administered a province-wide professional learning program for Ontario's 185,000 teachers.

NOTE: There is a \$15 registration fee. Lunches will be provided. Teachers must negotiate release time through their principals or districts.

Because this institute is being funded by the NBTA provincial office, participants are not eligible for NBTA/DoE Educational Improvement Grants. You may, however, apply to your local Branch for PD funds if they are available.

Maximum participants: 50 (Preference will be given to NBTA members with 2-7 years of experience)

Non-verbal Communication for Classroom Management REGISTRATION FORM

Name: _____ School: _____

Teaching Responsibilities: _____

_____ Years on contract in NB _____

Telephone: _____ Fax: _____ Email: _____

Registration Deadline: Monday, October 16, 2006

Please mail registration along with \$15.00 fee to:

Judy Deveau

PO Box 752, Fredericton NB, E3B 5R6

You will receive confirmation of your confirmed seat in the institute.

School-Based Learning Teams Grants

In a true Learning Community, everyone learns.

⇒ What is a School-Based Learning Team?

A School-Based Learning Team (SBLT) is a team of 3-5 teachers from a school who decide to work together to examine some aspect of student learning with the goal of studying, collaborating, sharing and learning to improve instructional strategies that will lead to improved student achievement.

⇒ Can you give me an example of what a SBLT might attempt to accomplish under this program?

An Elementary Team might determine, by examining their school achievement data and their students' performance, that their students seem weak in the area of measurement. The team might work towards identifying/developing strategies to improve this area of student learning. The teachers might try various teaching techniques, learning from one another or experts, and continue to compare the progress of their students as a result of the efforts of the Learning Team. Likewise a Middle School Learning Team might recognize that their students are weak in poetry ; a High School Math Team might decide to focus on improving their students application of geometric principles.

⇒ What is a School-Based Learning Team Grant?

A SBLT Grant is a \$1000 grant that will be awarded to a school upon successful application to the NBTA Committee established to administer the grant fund. The focus must be student learning.

⇒ What is the Purpose of the grant?

The grant is intended to support the work of the Learning Team. Such support may include providing some release time for the team to meet, purchasing resources to support the efforts of the team, accessing

expertise in the form of resource people.

⇒ How often should the team meet?

The SBLT grant extends from the calendar year January to December 2007. The team is required to meet a minimum of 18 hours throughout the year for which the grant has been awarded. Team members determine when the meetings will take place.

.....
\$1000 Grant for your School to Support Student and Teacher Learning
.....

⇒ How is a SBLT different from a study group?

In many ways the SBLT has similarities to a study group in that teachers are working together to grow and learn. *However, the Learning Team must focus on an aspect of student achievement and work towards improving the achievement levels of their students in that area.* Actually examining student work is an important part of a Learning Team.

⇒ Will there be any help for the SBLT to get started?

Yes. The Director of Professional Development for the NBTA will meet with each Learning Team to help them launch their work. A template for recording the work of the team will be provided and protocols for examining student work will be introduced. These guidelines are intended to provide a framework for both accountability and productivity but will not restrict the direction and creativity of the team.

⇒ How many grants will be available?

For the calendar year January '07 – December '07, there will be five \$1000 grants available.

⇒ How does my school apply?

Complete the application form accompanying this article or found on the NBTA website (www.nbta.ca). A school may submit more than one application provided the guidelines above are represented in each application. Deadline for applications is December 1, 2006. Successful applicants will be notified by January 10, 2007.

⇒ Why should my school consider creating a School-Based Learning Team?

All teachers strive to do their best, but so much more can be accomplished if teachers can work together, share strategies and improve their instructional techniques. Students and teachers all benefit. In a true learning community, everyone learns. A School-Based Learning Team is one more step toward the creation of such a learning community.

The guiding question of a School Based-Learning Team is:

"What is happening differently in our classrooms as a result of what we are doing and learning in our Team?"

See www.nbta.ca for an article highlighting previous years' results.



See application on following page.

NBTA School-Based Learning Team Grant Application Form

School _____

School Address _____

School Phone _____ Fax _____ Name of Team Contact Person _____

Title of Your Team's Project: _____

Please complete the following after carefully reading the information about School-Based Learning Teams that accompanies this form. Feel free to attach additional pages.

What aspect of student learning will be the focus of this Learning Team?

How and why did your team determine the need for this focus?

How will the team monitor the impact of your efforts on your students?

Who are the members of your School-Based Learning Team? Indicate their teaching assignment within the school?

Comment on the schedule your team will develop for completing the minimum 18 hours of meeting time for your team between January and December.

Please add any other comments which you feel are relevant to your application.

Send completed application form to: **Nancy Roach, Director of Professional Development, NBTA
PO Box 752, Fredericton, NB E3B 5R6**

Deadline for applications: December 1, 2006

Successful schools will be notified by January 10, 2007. An NBTA Committee will base selection on factors including the thoughtful development of the application form, distribution of various levels (K-12) and geographic considerations.

Councils Column

Elementary Council News



Printing in the Elementary Classroom (An Institute for Elementary Classroom Teachers)

When: Friday, November 10, 2006
Where: Beaverbrook Art Gallery, Fredericton
Presenter: Roberte Melanson, Artist and Art Teacher
at Albert Street School, Fredericton



This full-day institute will explore print-making methods and practices to help teachers use printmaking as an art medium in the regular classroom. We will be making prints to take back to your classes, so please wear or bring appropriate clothes. We will tour the Beaverbrook Art Gallery and enjoy coffee and nutrition breaks on site. Lunch will not be provided. It is the responsibility of each participant to arrange for leave, travel and accommodations.

Registration

Please email the following information to Peter Gorham, gorhapej@nbed.nb.ca

- name • email address • teaching assignment • school
- school fax number • home and school phone numbers.

Also, please let us know if you are a member of the Elementary Council.



Please register early as there will be only 20 participants.

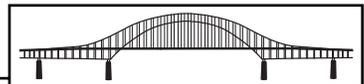
Reminders



Council Day – Friday, May 7, 2007 – Saint John ✓

The EC website is being updated... please be patient! ✓

Middle Level Council News



The Fredericton Middle Level Council is pleased to announce this year's keynote speaker,

Dr. Gordon Neufeld

(World-renowned child development expert; author of "Hold On To Your Kids")



Friday, May 4, 2007
Leo Hayes High School

Program Chair:
Kendra Frizzell

Communications Director:
Stephen Stone

Sessions offered: Science Social Studies Music Art Français Phys Ed Tech Language Arts Math Statement Analysis

Revisiting the Middle School Model

“Revisiting the Middle School Model” was a summer institute held July 10-12, 2006 in Mactaquac, N.B. Sessions focused on Middle School model and organization, teaming, curriculum connections, and showcase schools. The Institute was sponsored by the NB Department of Education, the Anglophone Superintendencies, and the NBTA Middle Level Council.



Participants listening to Joe Thompson's presentation



Participants leaving building during our fire drill interruption



River Valley Middle School's presentation

High School Council News



• High School Council • President's Message



Derek Taggart

On Friday May 4, 2007, where will you be? The High School Council Executive would hope that you will be in attendance at the most exciting event of the 2006-2007

school year. In case you haven't already heard, this year's High School Council conference will be taking place in Miramichi. If you are interested in presenting at the conference, please feel free to contact me (derek.taggart@nbed.nb.ca) or any other member of the Council Executive (contact information for the High School Council Executive and a lot of other essential information regarding the operations of the Council can be located on the HS Council Website - <http://highschool.nbta.ca>. It is never too early to think about

booking your hotel room in Miramichi!

There are two key areas where the High School Council Executive provides services to its members. The first is the Council Grants that are used by members to help defray conference costs (application is available on the NBTA website). The second is to help organize and fund professional development institutes that would be of interest to our members. There are already a number of institute initiatives in the works for the 2006-2007 school year including support for an institute for early career teachers and support for a conference dealing with making sense of the adolescent mind (look for registration details in future issues of the *NBTA News*). If you would like to help plan and organize an institute for your specialized subject area, please contact any member of your High School Council Executive. We would be thrilled to assist you!

I would like to take a moment to remind all teachers to brag about the incredible things that are happening in your high schools. If you have any item throughout the year that you think would be interesting for other Council members to read about, contact Martin Daigle (daiglem@nbed.nb.ca) and he will make sure that it gets published in the *NBTA News*.

In conclusion, your High School Council Executive will be having its first meeting during the morning of Saturday, September 30, to discuss new business and plan for the year ahead. If you ever have any items you would like to see included on an agenda for these meetings, please do not hesitate to contact me or any of your other High School Executive members. Have a great Thanksgiving and a scary Halloween!

- Derek



A Summer PD in Toronto

In July 2006, five teachers including myself from Bernice MacNaughton High School, travelled to Toronto for five days to participate in an Advance Placement (AP) Summer Institute. The weeklong workshops that we participated in were pertinent to the AP courses we teach. Thanks to the High School Council, Department of Education and the local NBTA Branch educational grants, we were able to offset some of the cost of this expensive but worthwhile institute.

The institute, organized by St. Vincent School, was held at St. Michael's College, an exclusive boys' private school known for their hockey and football teams. Their hockey team is impressive; Alumni include players such as Joe Primeau and Tim Horton. The setting was beautiful but most importantly the people attending were from all over the world such as West Canada, California, Bahamas and even China, a typical Toronto multicultural atmosphere. Being myself, a product of the New Brunswick public school system, private schools and this international feeling was out of the ordinary but appealing. This experience gave my colleagues and me the chance to connect with people from all over, while discussing teaching strategies to better serve our AP students. This was for me a golden opportunity to better my teaching skills while experiencing the authenticity of Toronto.

We could embark on this week long workshop thanks to Bernice MacNaughton High School which began offering AP courses four years ago. Starting with only English Literature and Calculus, we now

offer five courses, adding to the list Chemistry, Psychology and French. In the future we would like to add even more courses such as Physics and Human Geography. A large proportion of our students are university bound, so these courses give them a challenging curriculum as well as a chance to better prepare themselves for university.

“This experience gave my colleagues and me the chance to connect with people from all over, while discussing teaching strategies to better serve our AP students. This was for me a golden opportunity to better my teaching skills while experiencing the authenticity of Toronto.”



In my session, French Language, I found myself in a group of 14 individuals from all walks of life. While most of them worked in Ontario's private and public schools, two ladies were from California, one from San Diego and the other from Anaheim, along with our instructor from Columbus, Ohio. This blend produced interesting conversation, especially while comparing public and private schools systems. I discovered the great divide between these systems. The private schools are well-equipped with amazing technology and the capacity to get more resources for their students. Meanwhile the public system must make do with a minimum of resources. I found New Brunswick's school system more similar to the latter. Even though our schools are to some extent well-equipped, there are still disparities among schools in rural and urban New Brunswick in

what we offer to students. As for the workshop I attended, it was relevant to what I do in class. I can apply what I have learned in my classes this year and help students to better prepare themselves for the AP exam.

Last, and certainly not least, I must talk about my favourite pastime - eating. This was without any doubt one of the highlights of my trip. For example, for lunch, we ate in the cafeteria. It looked like any regular cafeteria - lineups, orange trays and the long tables. But there was something pleasantly different that made my taste buds quiver as they never have before in a cafeteria. Prepared by a French chef, the lunches were a well-balanced feast that made people smile and keep them energized for their workshops, maybe a philosophy with which we should adhere. Afterwards, for supper, I did treat myself to

flavourful experiences, nothing extravagant, simply good food spiced with an international atmosphere as Toronto knows to offer. In addition to the international flavour, it was World Cup fever in Toronto. All this made Canada's great city a valuable experience for a teacher from down east.

I personally enjoyed my experience at the St. Clement AP Institute which was as educational as delightful. I encourage all NBTA members to take advantage of funding for professional development. It will help you participate in workshops related to your subject and give you a chance to meet interesting people as well as indulging yourself in some of your favourite pastimes.

Martin Daigle
Communications for the
High School Council

Bring the Thrill and Wonder of Space to your Classroom!

Discover the wonders of space with the *Science East Planetarium*. The portable Planetarium, unique to New Brunswick, is a recent addition to Science East. Groups of up to 35 students enter an inflatable dome (wheelchair accessible) for an unforgettable trip through space.

Bring all the delights of our universe, explore planets, constellations, galaxies, nebulae and star clusters through images from



the Hubble telescope. Speed past the moons of Jupiter, soar through the Orion constellation and land on the outer limits of the Milky Way galaxy. Speed up time to observe the night sky on your birthday! The Planetarium allows us to watch meteor showers, turn on the azimuthal grid and follow planetary trails.

Planetarium shows are completely interactive and audience-driven or teacher-directed, enabling the interpreter to zoom in on selected objects such as the rings of Saturn or the Crab Nebula. Shows are adapted for the K-12 level to ensure an exciting and educational experience for every target audience. In addition,

demonstrations can cater to the grade six and nine Earth and Space curriculum. We are presently booking for the 2006/2007 school year; do not let your class miss out on the Science East Planetarium.

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Interested in a Teacher Exchange?

- **Do you have an interest in teaching overseas or elsewhere in Canada?**
- **Do you have a sense of adventure?**
- **Are you a flexible person who can adapt to change?**
- **Does the prospect of living and teaching in another community excite you?**



Plan to attend an **INFORMATION MEETING** sponsored by the NBTA to learn about the exciting possibilities and how to arrange a teacher exchange.

Join **Carol Wilkins, Co-ordinator of the Canadian Education Exchange Foundation**, and members of the Exchange Teacher Organization of NB.

Date: Saturday, October 28, 2006

Time: 11:00 am

Lunch will be provided

Place: NBTF Building, 650 Montgomery Street, Fredericton

To register or for more information contact **Nancy Roach, Director Professional Development**, NBTA at 506-452-1740 or roachn@nbnet.nb.ca

Music Institute – Refreshing Our Rehearsing

November 17, 18 & 19, 2006
Fredericton High School, Fredericton, NB

Rehearsal Techniques for Instrumental Teachers
Clinician - Dr. Don Buell, Professor of Music, Memorial University, NL

Registration Fee: \$20.00
(Make cheque payable to NBMEA)

Deadline for Registration: November 3, 2006

- Please note that a maximum of 12 participants in the workshop will receive podium time. All other participants are welcome to audit the workshop. Early registration is vital if you plan to take part. Scheduling details will be sent upon receipt of registration.

This workshop is being offered by the former New Brunswick Music Educators' Council, in conjunction with the Department of Education, Fredericton High School, and Leo Hayes High School.

Contact your local NBTA Branch and the NBTA for availability of conference grants.



Music Institute – Refreshing Our Rehearsing

Name _____ School _____

Mailing Address _____

E-Mail Address _____ Select one of the following: Podium Audit

Podium sessions limited to 12 participants. Podium sessions will be given out on a first-come, first-served basis and may be reserved via e-mail.

Mail registration to: Don Bossé, FHS Music Department, 300 Priestman St., Fredericton, NB, E3B 6J7.

For more information about the session, contact: Don Bossé – don.bosse@nbed.nb.ca (506) 453-5291



Audrey Ingalls Honoured with Order of New Brunswick



As a teacher whose career has spanned six decades, Audrey Ingalls touched the lives of the entire community of Grand Manan for generations. She was a mainstay of her school staff, a mentor and role model to her students and remains an integral, active member of her community.

Ingalls' 42-year teaching career began in 1943 in a one-room school in Dunns Corner. She taught nearly every high school subject and is also remembered for the many additional hours she spent in extracurricular activities. In recognition and appreciation of Ingalls' contribution to the school and her students, she was nominated by her colleagues for the New Brunswick Teachers' Association Centennial Award, which she received in 1979.

In the 1950's when expanded physical education programs were introduced to schools, Ingalls introduced girls' basketball to the island. Not only did she build the island's first basketball team, that team of young women even made it to the provincial championships one year.



Music was Ingalls' greatest talent. She taught students how to play the clarinet, trumpet, trombone, saxophone, tuba and French horn. Not only did she play all the instruments, she and her husband also did all the maintenance and repairs. Ingalls was one of the driving forces behind an annual music festival that was the highlight of the school year for decades. She initiated a school band and became Musical Director of numerous large-scale school musicals. The province itself demonstrated its respect for her abilities

requesting that she develop a Music curriculum. Ingalls rose to the challenge and in 1985, she initiated the first pilot course, incorporating innovative technology and earning the school one of its first computers.

Ingalls has directed church choirs for youth and adults. She serves as a church organist and choir director and a volunteer at the local nursing home. She is also an honorary member of the Royal Canadian Legion and a member of the Grand Manan Museum Board of Directors.

Audrey Ingalls is nominated to the Order of New Brunswick

for her talents and tireless contributions to the community of Grand Manan.

Established in December 2000, the Order of New Brunswick is the highest honour of the Province of New Brunswick. The object of the Order of New Brunswick is to recognize individuals who have demonstrated excellence and achievement and who have made outstanding contributions to the social, cultural or economic well-being of New Brunswick and its residents.



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Vancouver and Brain Development and Learning

In September 2010, Anna will enter Kindergarten in New Brunswick. The following year, her parents will, with anticipation and excitement, watch her begin Grade 1 in French Immersion. French immersion, bilingualism, and multilingualism were one of the many topics presented at the conference I attended in Vancouver this summer. "Brain Development and Learning: Making Sense of the Science" was a cross-professional, international conference presented by the University of British Columbia Neuroscience faculty at none other than, Vancouver's Sheraton on Wall Conference Center from August 19-22.

Registration and opening ceremonies commenced with a gala dinner on Saturday evening at the Sheraton. Participants arrived from as far as Europe and Australia and from as near as all across Canada and the United States. Doctors, teachers, psychologists, social workers, and teacher assistants listened about and discussed topics like: fostering children's social-emotional competence, autism, what physicians need to know about ADHD, learning through the arts, brain gym, and of course, multilingualism, to name a few. To add to the ambiance, everyone was also given the opportunity to enjoy Vancouver and its wonderful late summer weather.

Thanks to the NBTA's Professional Development Department, I was able to attend this professional development opportunity at the end of a summer holiday. It was truly exciting to listen to other teachers talk about personal and provincial situations from across North America and around the globe. What a wonderful mix of business and pleasure! I really encourage teachers to take advantage of opportunities like this one and others. This one will take place again in Vancouver in 2008.

Oh...Anna Colleen is my first grandchild, born on September 16, 2005!

*By Colleen Kelly
Sunny Brae Middle School, BR 0215*

REMEMBER THESE DATES



Deadline Dates

Conference Grants — Five weeks prior to opening day

Certification Changes — October 31, 2006; March 31, 2007

Project Overseas — November 7, 2006

Branch Nominations for NBTA Vice-President — February 1, 2007

Educational Leave — November 3, 2006

Deferred Salary Leave Plan Application — January 31, 2007

Election Dates

(a) Ballots mailed to Branch Presidents - On or before April 15, 2007

(b) Voting to take place - April 23-27, 2007 inclusive

(c) Ballots returned to Central Office by 5:00 pm - May 4, 2007

(d) Counting of Ballots - May 9, 2007

(e) Candidates notified - May 9, 2007

NBTA/Beaverbrook/Hagerman Interest-free Loans — March 31, 2007

Centennial Award Nominations — April 1, 2007

Aliant Award Nominations — April 1, 2007

Outstanding Educational Leadership — April 1, 2007

Branch Resolutions for A.G.M. — April 1, 2007

A.G.M. Registration of Delegates — April 1, 2007

Employment Insurance Rebate Report — June 1, 2007

Registration of Branches — June 1, 2007

Report of Branch Meetings — June 1, 2007

Names of Branch Committee Chairpersons — June 1, 2007

NBTA Council Annual Reports — June 15, 2007

NOTE: Check with NBTA Personal Calendar for key activities within NBTA, NBTF and CTF.

OTHER IMPORTANT DATES

NBTA AGM — May 25-26, 2007

NBTA Credit Union A.G.M. — November 16, 2006

Retiring Teachers' Luncheon — May 26, 2007

Renowned UNBF Professor Elected Fellow of International Academy of Education

Douglas Willms continues to make his mark as an international educational leader.

The well-decorated professor and director of the Canadian Research Institute for Social Policy at the University of New Brunswick in Fredericton has joined elite and exclusive company.

Dr. Willms was elected to become a Fellow of the International Academy of Education (IAE). The academy is dedicated to strengthening the contributions of research, solving critical educational problems throughout the world and providing better communication among policy makers, researchers and practitioners.

Dr. Willms becomes the first Canadian Fellow. He will join 38 other scholars world-wide.

A Canada Research Chair in Human Development at UNBF and a Fellow of the Royal Society of Canada, Dr. Willms' background in social science is outstanding. Known internationally for his research in the areas of youth literacy, children's health, the accountability of schooling systems and the assessment of national education reforms, Dr. Willms has his finger on the pulse of factors that contribute to the health and well-being of Canadian children and the use of monitoring school reform.

He is also recognized for his

efforts in training new investigators in the analysis of complex multi-level data. The school evaluation systems developed by Dr. Willms and his colleagues for assessing early childhood outcomes and adolescents' engagement in school are used widely in New Brunswick and across Canada.

Dr. Willms was inducted into the academy at its General Assembly in Mexico City on Sept. 30.

The seat of the IAE, which was founded in 1986, is at the Royal Academy of Science, Literature and Arts in Brussels, Belgium. (*UNB News Release*)

UNB Art Centre/College of Extended Learning Interest and Enrichment Courses

Rewriting Your Life: A Healing Exercise in Life Writing for Women

12 weeks (Mondays 6:30 - 8:30pm, September 25 - December 11)
\$135 (+HST)

This course will offer an opportunity for students to shape the experiences of their lives into marketable prose - memoirs, short stories and feature articles for publication. By exploring the value of journaling and raw writing through in-class exercises and assignments, students will be introduced to various ways the creative process can be stimulated to promote inner healing.

Among the topics to be covered will be the creation of memorable characters and believable dialogue, verb vibrancy, effective use of metaphors, similes and analogy, and publishing possibilities. Students will also be introduced to examples of autobiographical and biographical writing, including the personal published memoir of the instructor.

Creative Solutions to Challenging Behaviours in Children

8 weeks (Tuesdays 6:30 - 8:30pm, September 26 - November 14)
\$135 (+HST)

This course examines behaviours in children that pose challenges for the adults who care for them. Various conduct disorders and learning disabilities (including ADHD, Attachment Disorder, FASD, etc.), along with situational causes of specific behaviours such as a child's response to transitions/changes, will be discussed. Working with anger and aggression, building self-esteem, and self-care for the caregiver will also be addressed. The focus will be on effective ways to respond to difficult behaviours and a combination of lecture, group discussion, exercises and videos will assist in this process.

The instructor for both of the above courses is Eve Mills Nash.

Eve Mills Nash has worked in the field of journalism for more than twenty-five years and is a published author. Her book, "Little White Squaw: A White Woman's Story of Abuse, Addiction and Reconciliation", co-written with Kenneth J. Harvey, was released by Beach Holme Publishing in 2002. Mills Nash is Reality Therapy Certified and holds a BA in Interdisciplinary Studies from Saint Thomas University and a MA in Creative Writing from UNB, as well as Certificates in Family Mediation, Quantum Teaching, and FASD Training for Service Providers. She worked with "at risk" youth for more than 10 years.

School of Graduate Studies Award The G. Forbes Elliot Award for Educational Leadership

Value: \$5,000 in 2007

Duration: One year

Description

The award is to encourage experienced teachers who have demonstrated leadership qualities related to their educational field to return to university to undertake postgraduate studies at the Master's or Doctoral level at the University of New Brunswick.

It is funded from the estate of the late Dr. G. Forbes Elliot, first Vice-President of the Saint John Campus.

Eligibility

Recipients must have taught for a minimum of five years in the public schools of New Brunswick. They must have been accepted unconditionally into the graduate program in

education and normally be in full-time attendance at the time of receipt of the award. If in any year, in the opinion of the Selection Committee, there are no full-time graduate studies candidates who satisfy the eligibility criteria, all or part of the award may be granted to one or more suitably qualified part-time graduate studies candidates.

Application Deadline

February 15 of the year in which the studies are expected to commence.

Awarding Agency

The University of New Brunswick, upon the recommendation of the Selection Committee.

Application forms available from:

The Elliot Award Selection
Committee Coordinator
P.O. Box 5050
Saint John, N.B. E2L 4L5
E-mail: pchiasso@unbsj.ca

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Johnson's Research Awards Available



The Johnson's Research Award is available to any member of the NBTF Group Insurance Plan who is a statutory member of the New Brunswick Teachers' Association and intends to undertake an educational study related to priorities of the NBTA. Teachers on educational leave, contractual leave of absence, and deferred salary leave are also considered eligible for the purposes of this award. Funding for the award program is provided by Johnson Inc.

Purpose

The award is provided to assist teachers in covering the travel, accommodations, conference registrations, duplicating and other costs related to the completion of the research study. No honorarium shall be paid from the award to the recipient. The research undertaken could include standard literature surveys, descriptive or analytical reports based on questionnaires or other data gathering devices, meta-analyses of a variety of related studies or ethnographic research related to New Brunswick schools or educational system.

Conditions

The NBTA will make the awards based on a detailed description of the study. An application should include:

1. Definition of the problem under study

2. Description of the research procedures
3. Description of intended outcomes
4. Description of the relationship to NBTA priorities
5. Cost estimates specific to the award

Award

The NBTA will provide, upon request from the recipient, travel and/or other advances when the award is made. The recipient must provide a financial statement and receipt for all expenses.

Final Report

A final report will be prepared within a time frame mutually agreed to by the Executive Director and the recipient.

For further information, contact: Jim Dysart, Director of Communications and Research, NBTA, 452-1720.

***Deadline for Applications:
October 31, 2006***

Join us for our 34th International Workshop – Institute for Readers Theatre – July 8-21, 2007 Toronto, Canada

- \$1895.00 (USD) includes housing for 13 nights (twin accommodations), full buffet breakfast, mid-morning refreshment break (class days), *Institute Book of Readers Theatre* textbook (first-time participants), and Institute fees.
- For educators of all subjects, on all educational levels. Special focus on reading, language arts, drama, social studies & foreign language.
- Participate for creative enrichment without academic credit, or earn up to 9 graduate units in Theatre (Speech) or Education from the University of Southern Maine. (USM is accredited by the New England Association of Schools and Colleges). Three (3) additional delayed units available.
- Program includes: Scriptmaking, Staging, Direction, Performance, Oral Interpretation, Teaching and Methodology. No previous experience in theatre is required in our relaxed atmosphere.

For more information, please contact Arlene McCoy, Workshop Manager

P.O. Box 421262, San Diego, CA 92142-1262 U.S.A.

Phone: 858-277-4274 Fax: 858-277-4222

Email: marlene1@san.rr.com



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October – Nutrition “Harvest Your Health”

Did You Know?

Create a Shopping List – There are two important shopping activities that take place before you even reach the store: planning your meals and making a list.

You’re more likely to make wise purchases at the store when you decide ahead of time what you’re going to eat, bring a list of what you need, and stick to it. Follow these tips before you leave home for the supermarket:

- Keep a running list in your kitchen of items you need.
- Collect your favorite heart healthy recipes.
- Determine how many meals you need to prepare for the coming week.
- Assemble the recipes you plan to make, using them as the basis for your list.



Navigating the Supermarket – Have you ever noticed how many grocery stores seem to be laid out in a similar fashion? These tips will help you shop faster and smarter.

- The outside aisles and back aisles usually contain the fresh foods, so spend the most time in these areas.
- Fruit and vegetables are usually found as you enter. Linger here and fill up your shopping cart.
- Baked goods are usually at the back or the side of the store. Choose whole grain breads and skip the sweets.
- Skip the snack aisles containing foods such as chips, pop, candy and cookies, to reduce temptation – and save shopping time.
- Beware of the feature displays at the ends of aisles; they’re designed to attract your attention and may entice you to buy foods you don’t need.

– The Heart Healthy Shopper

Suggested Activity from the Binder

Provide healthy snacks for your staff meetings.



Suggested Website from the Binder

Becel of Canada – www.becel.ca



**“Always laugh when you can.
It is cheap medicine.”**

– Lord Byron

**Note: Additional information is found
in your School-Based Wellness
Program Monthly Themes Binder.**

Announcements

Teaching Resources

The Centre for Energy collaborates with professional curriculum developers to provide first-class materials to assist teachers in achieving their learning objectives.

Our resource materials support various provincial curricula across the country. Each resource is catalogued so that at a glance you can see where it meets your specific curricula, in which provinces it is an approved curriculum resource, and for which subjects. The icons also demonstrate what type of materials each resource includes.

Free to teachers, these curriculum-linked learning resources were created by teachers for teachers. Go to www.centreforenergy.com/k-12

2006 Atlantic Educator's Conference

This conference will be held November 17-18, 2006 at St. Thomas University and the University of New Brunswick Fredericton, NB.

Educators, ranging from the primary to post-secondary level, are encouraged to attend to discuss the future direction of educational programmes and policies across Canada, and especially in the Atlantic Region.

For more information, please contact Janice Moore (460-0345 or jmoore@stu.ca).

To register please contact Debbie Coughlin (452-0644 or coughlin@stu.ca).

Supported by the New Brunswick and Nova Scotia Departments of Education.

Canada's Youth Eco-Parliament

School groups are invited to participate in this program that engages youth in discussion forums with

students, teachers and guest experts about environmental issues. Visit the website at www.yep-canada.ca to calculate your ecological footprint and access a program guide with helpful case studies. There is also information on how students can win national prizes, such as the opportunity to take part in a Canadian stewardship conference.

The Violence Link Symposium 2006

An Investigation of Animal Abuse, Family Violence, and Innovative Programs Designed to Promote Healing and Decrease Violence, hosted by Kindness Club Inc.

This symposium will take place October 19, 2006 at the Hugh John Flemming Forestry Centre, Fredericton, NB.

It is important for educators to learn the meaning behind animal abuse and how it applies to the health and well-being of children. Did you know that an animal being abused in a family is a sign of other abuses such as child abuse? This year's symposium will explore a variety of related areas. While continuing to focus on animal abuse, family violence, and humane education, we will expand our platform to learn about violence prevention initiatives and actual working programs helping children and animals in Canada. We will also learn about the positive impacts that animals have in adult therapy programs for overcoming traumatic life experiences. Finally, we will gain the valuable knowledge of a neighboring state in the recent passing of a bill that allows animals to be protected in domestic violence cases.

For more information, please contact the Kindness Club: Tel: (506) 459-3379, Fax: (506) 450-3703
E-mail: kindness@nb.aibn.com

Important Notice for Anyone Interested in Beginning the Master of Education Programme at the University of New Brunswick

DEADLINE DATE FOR 2007

If you plan to begin studying for your MEd degree in 2007, please note that the deadline date for all MEd programmes for entry during 2007 will be January 31, 2007.

Also, the normal start date for MED programmes will be either Intersession/Summer or Fall Terms.

Application forms must be obtained from the School of Graduate Studies or online at www.unb.grdschl/apply/index.html.

Inquiries should be directed to the office of the Associate Dean, Graduate Programs, Faculty of Education (edgrad@unb.ca).

Counselling Services

- Anger and Stress Management
- Family Counselling
- Mediation

Yvonne Vaughan

MA M.ED CCC

Phone:
1-506-454-2216
or
1-506-461-8440
(cell)

* Insurance Coverage *

Increase your Salary — Apply for Your Work Experience

New teachers should note that you may apply to have your previous work experience evaluated for an increase on the salary grid. Recognition may be given for work that is related to teaching upon application to the Office of Teacher Certification at the Department of Education.

The form you need is available from the NBTA website www.nbta.ca. Click the Certification button and download the form called Application for Work-Related Experience for Salary Purposes.

You should also contact your district office to ensure that all supply teaching experience has been credited.

Remember: The deadline is October 31 to have the increase back-dated to July 1!

Paid Advertisement

Attention Credit Union Owners!

– CHANGE OF VENUE –

– CHANGE OF MENU –



Mark your calendar to attend a dinner in conjunction with NBTA Credit Union 35th Annual General Membership Meeting.

WHAT: Dinner Meeting
No cost to NBTA Credit Union Member/owners

WHERE: Ramada Inn, 480 Riverside Drive, Fredericton
Join us in the Ballroom

WHEN: Thursday, November 16
Registration 5 p.m. – 6 p.m.
Dinner 6 p.m – 7 p.m.
Meeting commences at 7:00 p.m.



WHY: NBTA Credit Union is:

– **Your Money** –

– **Your Business** –

– **Your Finances** –

– **Your Future** –



To conclude our 35th Anniversary celebrations, a draw for ten \$350 cash prizes will be drawn from the ballots received from member/owners plus one **special** prize of \$350 will be awarded to a member/owner who is in attendance at the Annual General Meeting.

If you plan to attend: Please **RSVP by Wednesday, November 8, 2006** to NBTA Credit Union 1-800-565-5626 (452-1724) or sswain@nbtacu.creditu.net

— Congratulations to the NBTA CU Scholarship Winners! —

Best wishes are extended to the seven recipients of the NBTA Credit Union Scholarship in the amount of \$1000 each.



CREDIT
UNION

NBTA

650 Montgomery St., P.O. Box 752, Fredericton, N.B. E3B 5R6
506-452-1724 • 1-800-565-5626 • 506-452-1732 (fax)
E-mail: nbtacu@nbnet.nb.ca • Web: <http://www.nbtacu.nb.ca>
Hours: Monday to Friday, Telephone Service 8:30 am - 4:30 pm
In-Branch Service: 9:00 am - 4:30 pm