

POLICY RECOMMENDATIONS

This page can be a useful resource because it suggests policy recommendations at all three levels of government to aid in the goal of breakfast for all children. This resource is from FoodShare Toronto.

Federal Policies

National Child and Student Nutrition Program –

The Federal government needs a work with the provinces to implement a universal student nutrition program and children's' nutrition programs to encourage children and students to eat healthy local food at school and at home.

1. Canada needs a strong social safety net to reduce hunger –

Programs to make sure provinces invest in housing, child care, food, health care and dental care. (Bring back Canadian Assistance Plan, a social safety net below which no Canadian can fall.)

2. Create a Minister of Food Security –

A ministry to plan how every Canadian will eat each day and how we could grow enough food in Canada to feed our population is needed.

Provincial Policies

1. Universal Student Nutrition Program –

All children in all communities need access to at least one healthy snack at school. The province should extend funding beyond the current levels for student nutrition programs and implement a universal program and integrate food literacy in the school day.

2. Support to local farmers

The Province should support ALUS (Alternative Land Use Systems) providing payments to farmers for environmental stewardship, and explore expanding ALUS to create support systems for farmers who grow food for local consumption such as schools, hospitals and farmers' markets using sustainable growing practices.

City Policies

1. Public food on public land

Parks and Recreation should develop community-friendly policies that make it easy for neighbourhood groups to develop gardens, produce markets, and farmers markets.

2. Every school a healthy food centre

Every child in their community should have a school program that encourages healthy eating and growing.

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