


Quicker News — Less Paper
NBTA Launches User-Friendly Website



— Plus —
A New Schedule for the NBTA News
(see page 2 for details)

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The NBTA News will be getting a new schedule this fall. In April 2007, the NBTA Services Review Committee made several recommendations, including calling for a reduction in the amount of paper used in communicating with the membership. Subsequently, the NBTA Public Relations Committee conducted a full review of the *News*. In February 2008, the suggestion for a major re-structuring of the

articles readers have come to expect; about the NBTA, its members, their experiences, and activities.

A new format for the NBTA Website, and increased reliance upon it as a primary mode of communication with our members, will go hand-in-hand with the changes to the *NBTA News*. The website has the advantage of making information available to teachers far more rapidly than the *NBTA News*. The site has a new format that will

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newsletter was approved by the Board of Directors. As a result, the **frequency of the publication will be reduced from 9 annual issues to 5.** Also, members will now have the opportunity to choose whether they wish to receive the *NBTA News* in hard copy or to access it in electronic format via the website. **The new schedule will go into effect at the beginning of the 2008-9 school year, and is expected to save at least half a million sheets of paper annually and approximately \$25-30,000 in mailing costs.**

There will be a few other cosmetic changes to the *NBTA News*. Various application forms that are now available full-sized in the *News* will be grouped together on a special page featuring the links to the forms on the website. This change and a few others will allow more room for articles and contribute to a somewhat streamlined publication. Although the *NBTA News* will no longer be the fastest way of getting information to teachers, it will still contain most of the same types of

make information easier to locate and retrieve. When highlighted by a cursor, the buttons going down the left-hand side show menus and then sub-menus that guide users toward the appropriate information. The NBTA Public Relations Committee suggested guidelines for the change, while the actual design work was carried out by Internet Business Solutions of Fredericton. The PR Committee made some additional fine-tuning at its late-February meeting, and gave final approval for the launch.

The website has always been rich with information, but some material was not always easy to find. It was determined that by establishing five major categories as a starting point, retrieving information would be more intuitive. For example, the “Your NBTA” button is highlighted in the picture on the front page of this issue, showing the menus attached to it. This category includes all the volunteers, staff and structures that constitute the Association. The “Services” button links to Pension, Legal, Teacher

Certification and NBTF, while “The Profession” leads to Professional Development, Curriculum, Conferences, and so on. All NBTA publications, forms, documents and policies are available through the “Resources” button. The **Members-Only** section of the website — Webnews, featuring the latest news articles, *NBTA News*, and Upcoming Events are also featured.

Two new links are Information for Branch Officers and Teacher Discounts.

The first of these is found under “Resources” and contains, in electronic format, what is currently in the School Rep, President’s, and Branch Manuals. Teacher discounts will list the various businesses across the province offering special discounts for teachers. There are only a few of these to begin with, but this list will grow as more companies become aware of the increased publicity and clientele.

Members are strongly encouraged to make visiting the NBTA website part of their regular routine. The more you go, the more you’ll know, and the quicker you will be able to find what you need. The goal of these changes is better and more efficient communication.



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Editor: Blake Robichaud

Editorial Assistant: Loretta Clarke

Graphic Artist: Christy Price

Printed By: NBTF Printing Services

Member: CEPA

Address all correspondence to:

The Editor

P.O. Box 752, Fredericton, N.B.

E3B 5R6

Telephone: (506) 452-8921

FAX: (506) 453-9795

E-mail: nbtanews@nbnet.nb.ca

Web: www.nbta.ca

Good-bye March... Hello Spring? Let's keep our fingers crossed...



"I sincerely hope you all had a wonderful and restful March Break, a chance to recharge your batteries for the home stretch of the school year. I have a few updates on some important matters to share with you."



Brent Shaw

Negotiations

Over the past month, I and the rest of the **negotiating team**, have had the opportunity to have our first face-to-face talks with the employer. I realize from a number of calls and e-mails I have received that many teachers would probably like the negotiations process to move along at a much quicker pace.

However, there are reasons why each two-or three-day

bargaining session normally occurs only every couple of weeks. **Preparation** is one of the major factors. Simply put, each set of meetings gives us new indications of where things are going on various issues and we have to be ready to respond to a number of possible contingencies. Secondly, although bargaining is the top priority, the **availability** of the individuals involved on both sides at times is very limiting. Aside from the obvious commitments of the NBTA members, the Employer's side includes Superintendents, Directors of Education and Human Resources personnel who have full-time positions apart from bargaining. Others are even involved in negotiations with other public sector groups, such as the nurses.

French Second Language

As this issue of the *NBTA News* goes to print, we are still not aware of what, if any, of the recommendations from the French Second Language Report, will be adopted by the government. We were able to provide as much input as possible to the Commissioners in our official submission to them last fall. The goal was to ensure that they received the very diverse opinions and data from **all of our members**. We do understand that there is a high level of apprehension about possible changes. Teachers need to know, whatever the decision,

it is very important to me that individual situations will be dealt with fairly and sensitively within the terms of the Collective Agreement.

NBTA Website

I know many of you have already registered for access to the Members Only section of our website. "Members Only" will progressively become a more and more important communication tool as we get deeper into negotiations. If you have not already registered, I would strongly encourage you to do so. We will continually update the site in order to keep you abreast of negotiations and other important issues as they arise. While you are there, you should spend some time navigating through the new website. It is more user-friendly and you will likely be surprised at just how much information is available.

May Council Days

The Councils are encouraging all members to register online this year, with payment available by credit card or cheque. The traditional courier bag will not be available to return registrations this year. Council volunteers are working hard to make the process as easy as possible for participants, while at the same time streamlining the administrative burden on themselves. These organizers are full-time teachers and I would like to offer some extra thanks to them this year for giving so much extra time to make these PD opportunities available. Remember the specialist strands this year: K-12 Art at the elementary site (Moncton); K-12 Music at the Middle Level site (Moncton); and K-12 Physical Education at the High School site (Saint John).

Hello to my friends and colleagues at CNHS.
Remember, spring has to come sometime.

NBTA Committees: Additional Input from the Membership

by Blake Robichaud, NBTA Director of Communications

Committees take many forms, but generally are established to provide the NBTA Board of Directors with in-depth information and analysis on specific issues. They are officially, “advisory” committees. Their reports provide background for the Board that can initiate discussion or debate, and their recommendations can suggest direction for the NBTA on key issues. The structure of committees provides an additional line of input directly from the membership. Most

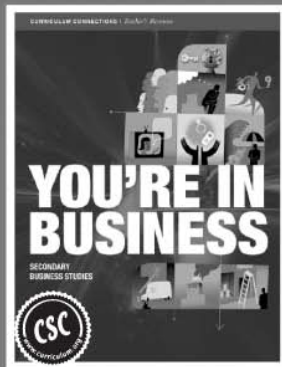


Finance Committee members working on next year's proposed NBTA budget. (l-r) Teachers Heidi Ryder (Miramichi), Mike Cusack (Saint John), Ronna Gauthier (Director attached-Minto) and Laura Cote (Quispamsis).

NBTA committees are made up of five members, only one of whom is a member of the Board of Directors. The other members are appointed by the President, usually from a list of teachers provided by branches. Each member serves for two years, with terms being offset. Therefore, some personnel stay and some leave every year, allowing for a mixture of change and consistency. One NBTA staff member is assigned to each committee to act as secretary — preparing minutes, agendas, and

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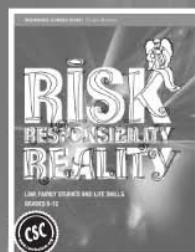
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carrying out additional research between meetings.

Although it can vary, standard practice for NBTA committees is to meet three times annually. When possible, these meetings are scheduled so that a report and the accompanying minutes can be available for each of the Board of Directors' meetings. Committees can also make recommendations to the Board of Directors. These are discussed, and if passed, can serve many functions, from changing internal procedures to establishing an official position on an important issue. Committees can also be directed by the Board to re-examine certain issues or to seek out additional information. In fact, the NBTA Teaching/Learning Conditions - Emergent Issues Committee is specifically tasked with researching new issues identified by the Board of Directors. An example of this occurred in February, 2008 when the TLCEI Committee was directed by the Board to gather more information on cyberbullying.

It would likely surprise teachers to

realize that there are currently 17 NBTA Committees, including Curriculum, Equity in Education, Finance, In-School Administration, Pension, Professional Development, Public Relations and Communications, School Learning Environments, Teacher Education and Certification, Teaching/Learning Conditions - Emergent Issues. There is also one Ad Hoc (established for one specific issue or purpose) Committee on French Second Language Instruction Models.

As with practically all NBTA functions, the success of these groups requires a continuing flow of volunteers. Almost all individuals who have served on NBTA Committees have found the experience to be fulfilling, enjoyable and enriching. If you have a particular expertise, interest or even curiosity, please give your name to your NBTA Director, so it can be put forward for consideration by May 1st. Committees for the 2008-9 school year will be named by the President later that month and then approved by the Board of Directors.

Teacher Discounts!

NBTA would like to take this opportunity to say "Thank You" to the following businesses for offering discounts to our members.

Ramada Fredericton & Covey Basics

Please check the NBTA website (www.nbta.ca) periodically for details and discounts being offered.

[Click 'Teacher Discounts'](#)

Fundy Outdoor Adventure Package

- "It couldn't get any better! The kids had an amazing time!" - Sherry M. - N. Colchester High
- "A well organized, fantastic, interactive outdoor adventure. A memorable experience!"
- Dacia R. - Hampton Middle School



Experience beautiful **Fundy National Park**. Our one and two night packages are designed to give students first hand experience with several Fundy highlights, from the highest tides in the world to the famous **Bay of Fundy** lobster.

Our comprehensive blend of activities and information about the Fundy area is a unique way to end the school year. May 19 - June 19, 2008.

We have limited space, so please book early.

- 1 or 2 night stay at Fundy Highlands Inn & Chalets
- kayaking tour with Fresh Air Adventures (river or bay excursions available)
- 1 hour of horse back riding at Broadleaf Guest Ranch (available only in 2 night package)
- a guided hike in Fundy National Park
- informative tour of a lobster pound
- canoeing at Bennett Lake in Fundy National Park
- breakfast
- pizza party from Saprano's Pizza
- Fundy National Park entry passes

Prices: 2 night package \$125.00, 1 night package \$89.00 (plus tax) per student, and no charge for the chaperones.

Fundy Highlands Inn & Chalets

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Tel: (506) 887-2930 Toll Free: 1-888-88FUNDY (3-8639) www.fundyhighlandchalets.com email: info@fundyhighlandchalets.com

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Beware the Ides of March!

by Ardith Shirley, Director of Professional Development

In the Roman calendar, the term *ides* was used for the 15th day of the months of March, May, July, and October and the 13th day of the other 8 months.

In modern times, the term “*Ides of March*” is best known as the date that Julius Caesar was assassinated, the story of which was famously retold in William Shakespeare’s play *Julius Caesar*.

In Shakespeare’s retelling, Caesar summoned the Senate to meet on the *Ides of March*. A certain seer warned Caesar to be on his guard against a great peril on the day of the month of March which the Romans call the *Ides*; and when the day had come and Caesar was on his way to the senate-house, he greeted the seer with a jest and said: “*The Ides of March has*

come,” and the seer said to him softly: “*Yes, the Ides of March has come, but it has not passed.*”

As the Senate convened, Caesar was attacked and stabbed to death by a group of senators.

Today, the term “*Ides of March*” has come to be used as a metaphor for impending doom.

Perhaps visions of “*impending doom*” may not be the most positive of sentiments to begin my PD Pages with this month, but I am not above using a little shock value to capture your attention and invite us all to pause and reflect on some of the realities that students and educators face this time of year that greatly impact the learning environments in our New Brunswick schools – for both students and adults.

It is the Time of Year When...

It is the time of year when, depending on their grade level, many of our students have either just received their 3rd report of the school year or are just about to. For far too many, this report reinforces some “*dooming*” realities that may have been easier to ignore in September and October. While this will be just the motivation required for some to “*pull up their socks*”, sadly for others it will be further reinforcement to simply “*give up*” on school.

It is the time of year when provincial assessments loom large and all of the pressures of performing well impact all members of our school community.

It is the time of year when parents may become more mercurial and unpredictable as they deal with children who are facing these realities. These same realities may also reawaken fears from their own school experiences.

It is the time of year when teachers and administrators, while living the realities of the end of one school year, must also make plans for the beginning of the 2008-2009 school year based on an abyss of unknowns: Will our school enrollment increase or decrease? Will we have the same number of FTEs? Will I have the same grade level/subjects to teach? Will I be in the same school? Will I finally get that ‘B’ contract? Will I have a job?

It is the time of year when that “*magic*” March 31st budget deadline leads to all kinds of strange occurrences in schools. A system that pinches pennies all year can be met with the strange juxtaposition of a last minute March 15th phone call: “*Can you spend \$1449.32 by midnight?*” Ironically followed by the April 1st questions: Did we go over budget? Will we be able to provide the same services next year? Do I have enough “*copies*” on my account to do ‘til the end of June?

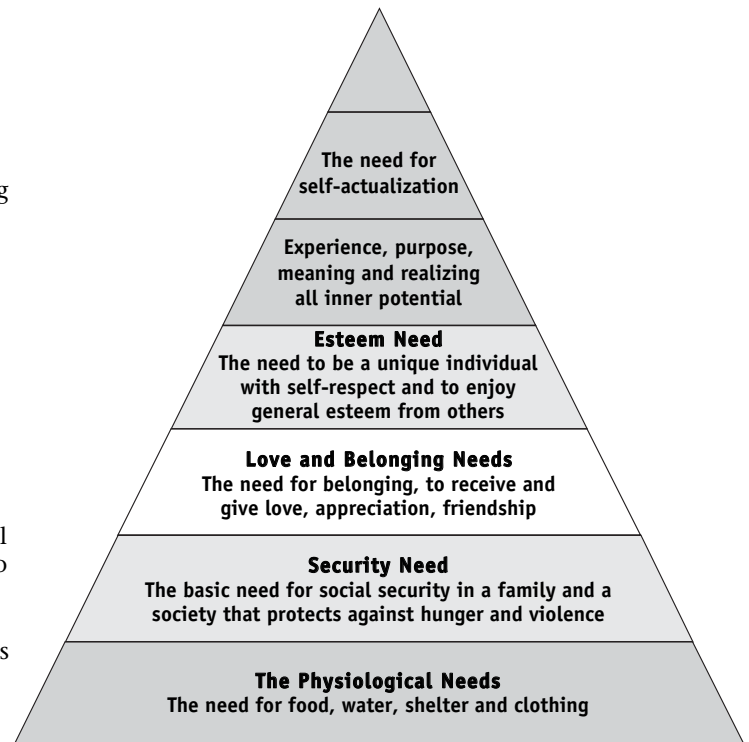
It is the time of year when many tough decisions will have to be made that impact the realities of all. These decisions will require many extra hours of meetings and some difficult and delicate conversations.

It is the time of year when students, parents and educators across NB will begin to feel the crunch of the “*beginning of the end*” of the school year.

“*Yes, the Ides of March has come, but it has not passed.*”

March to May and Maslow’s Hierarchy

I can still vividly remember the day, early in my university training, when my psychology professor introduced “*Maslow’s Hierarchy of Needs*” to me for the first time. A quick flip of the overhead projector and there it was – an explanation of the motivation for the entire human race explained to me on one beautiful little triangle! WOW!



Students, parents and teachers can be facing all kinds of fears throughout the school year, but especially during the days from March 'til May. Many of these fears are directly related to their needs for "belonging" and "security". As Maslow pointed out, it is impossible to be your best self when you are worried about your basic needs being met.

Educators can use the knowledge of this reality to inform their instruction and interactions. Recognizing that extrinsic motivators to learn (ex. grades) may not work for many of our students increases the importance for teachers to pay even greater attention to intrinsic motivators.

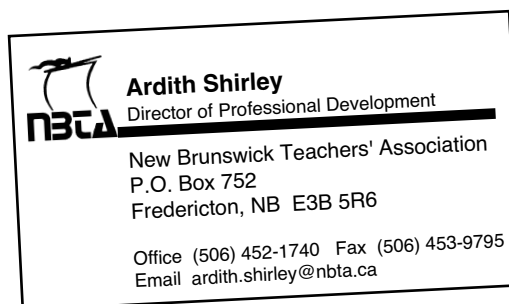
According to Bob Sullo, we are all driven to fulfill five essential needs: to connect, to be competent, to make choices, to have fun and to be safe. (Sound familiar Maslow?) In his book **Activating the Desire to Learn**, Sullo explores how to apply the lessons from research on motivation in the classroom.

In the introduction, Sullo challenges us: *"Consider your performance when you are "made" to do something. You complete the required task, but you probably don't put forth your best effort. Because personal motivation comes from within – you are motivated from the inside out – when someone makes you do something, your goal is to get the other person to leave you alone. External control may lead to compliance, but it never inspires you to do your best."* Sullo further reinforces his point by asking us to think of a time when we were internally motivated to complete a

task and the factors that may have contributed to this far more enriching and memorable learning experience.

The book is divided into four parts. The first fifteen pages explore the theory and research and the next three parts explore very practical classroom applications of the theory at the Elementary (Part 2), Middle (Part 3) and the High School (Part 4) levels. (An accompanying study guide is available online at www.ascd.org). This little book (156 pages) would make a wonderful focus for a team book study or staff professional development day.

Ahhh, yes, the Ides of March may present some challenges, but you are up for it! Each and every day, keep fueling that intrinsic motivation that comes from the LOVE of LEARNING. Embrace it yourself, model it for your students, and inspire them to learn for the sheer joy of it. After all, isn't that what school is supposed to be about?



May I Recommend?

At least four of the nine educational journals I reviewed this month had at least one article relating to the "safety" of students. My favourite of these articles is written by Cushman & Rogers and appears in the *Middle School Journal* (January 2008). "**Middle School Students Talk About Social Forces in the Classroom**", includes excerpts of interviews conducted with 42 middle level students. The students comment very eloquently on what they notice, care about, and what they believe their teachers do and do not do that affects how it feels to learn, work and be in school. The authors condense all of the interviews into six crucial requests

they believe students need from their teachers. Although the interviews were conducted with Middle Level students, I believe the requests would be relevant in teaching students at all levels.

Yet another very worthwhile read comes from the same journal. "**Varieties of Parental Involvement in Schooling**" by Vincent Anfar, Jr. explores six different models of parental involvement in schools and strategies for improving that involvement. *"There are those that would argue that schools will be successful only to the degree that they are successful in involving parents and families."*

Website of the Month

www.wiredsafety.org

The technological reality of today's society means that online bullying and threats can permeate areas of students' lives that were previously sacred from such invasion.

This website is the largest and oldest online safety, education and help group in the world. Originating in 1995, as a group of volunteers rating websites, it now provides extensive information and education to cyberspace users of all ages. The site includes a valuable section for parents as well.



Closing Quote

"In a completely rational society, the best of us would aspire to be teachers and the rest of us would have to settle for something less, because passing civilization along from one generation to the next ought to be the highest honor and the highest responsibility anyone could have.

— Lee Iacocca



— Notice of Constitutional Amendments —

Elementary, Middle Level and High School Councils will each be seeking changes to their respective constitutions at their annual general meetings during Council Day 2008. Specifics regarding these changes and the rationale for the proposed amendments will be available on the NBTA website (www.nbta.ca) on April 1 and will be published in the next edition of the *NBTA News*.



Elementary Council News



Parkwood Heights Elementary School News — February 2008

Parkwood School recently held its annual *School Spirit Week*. The theme of this year's event was 'Salad Dressing Days' in keeping with our healthy nutrition policy. Each day of the week was a different salad dressing and students and staff dressed accordingly. There was Thousand Islands Dressing where everyone dressed in Caribbean or Hawaiian style clothing. Other days included Ranch Dressing Day (cowboy attire), Blue Cheese Dressing Day (blue clothing), House Dressing (school colors of yellow, blue and white) as well as Lesotho Salad Dressing Day (camouflage, striped or bright

colors).

Lesotho Day also included an evening PJ Literacy Party as a fund-raiser for our district project in aid of the country of Lesotho. Staff, students, parents and guest readers came to school in their PJ's and all enjoyed an evening of story reading, snacks



PJ Party Opening

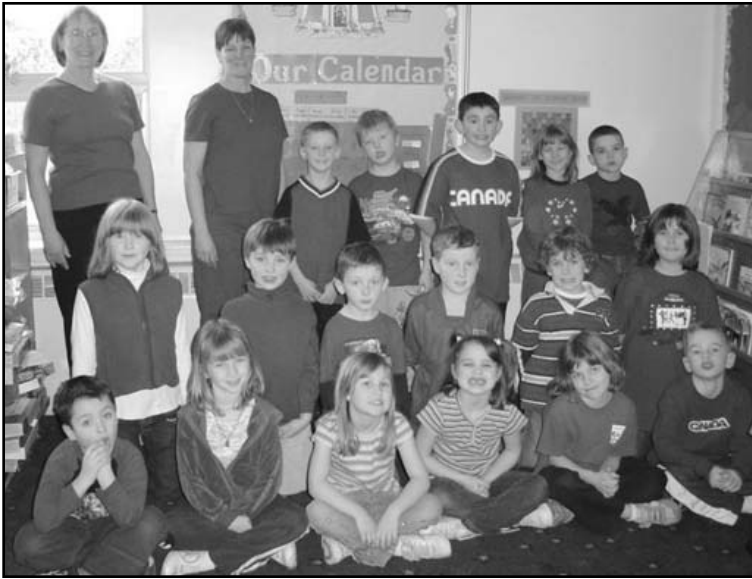


Wendy Wood — School Librarian

and prizes. Many guest readers were invited from the community, including the mayor and project coordinators.

District 15 Superintendent John McLaughlin had this to say about our Project: "Parkwood Heights School

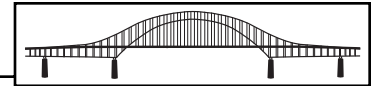
has become a leader in a very special project in our school district. Parkwood has extended the hand of friendship in a very big way, and because of your efforts, many children in Lesotho are brought comfort, encouragement and hope. Isn't it interesting how you are making Parkwood "The Place to Be", even for boys and girls who live on the other side of the world! The things you are learning about compassion and generosity are as important as anything else you will ever learn in school. Thank you all for being leaders in the movement to make the world a better place!"



Mrs. Jocelyn Doucet's Grade 1/2 class at Burton School raised money for the Heart and Stroke Foundation by having a "Dress In Red" day and participating in the "Jump Rope for Heart" campaign.

Pictured in the photo, back row, l-r: Mrs. Hogan (TA), Mrs. Doucet (teacher), Ryan Osmond, Justin Lush, Corson Morrow, Kera Howe, Camden Moore. Middle row, l-r: Emma McTavish, Ty Minkoff, Codie Noon, Eric Murphy, Andrew Kennedy, Jillian Hodgson. Front row, l-r: Joshua Bradley, Brynn Taylor, Holly Arsenault, Alyssa Whynot, Veronica Hostler, Aubrey Hawkins.

Middle Level Council News



Please Make Correction in MLC Booklets!

Oops! I made an error in the MLC booklet for May 2nd registration. **Please ignore the following 3 sessions as they were from last year and are not being offered this year: 1-01, 1-02, 1-03.** I apologize for any confusion this may cause.
— Sue Maxwell

MLC Sessions



Session 1 — 9:15 am – 10:30 am

- | | |
|---------------------------|---------------|
| 1-01 East Indian Drumming | K. Chorley |
| 1-02 Orff and Classical | Ruth Morrison |
| 1-03 Music and Technology | Alan Edwards |

IGNORE

Middle Level Conference May 2, 2008

The following hotels have agreed to block rooms for our Middle Level teachers for Council Day. The prices offered are group rates. Because rooms will be released on April 1, it is in your best interest to book early.

- Chateau Moncton – 100 Main St.
870-4444 \$109
- Crown Plaza – 1005 Main St.
854-6340 \$139
- Delta Beausejour – 750 Main St.
854-4344 \$139 - \$159
- Future Inns – Mapleton Rd.
852-9600 \$114 - \$134



- Holiday Inn Express – 2515 Mountain Road
384-1050 \$90 - \$100
- Ramada Plaza Hotel – 499 Paul St. (Crystal Palace)
858-8584 \$149.95
- Rodd Park House Inn – 434 Main St.
382-1664 \$105 - \$115
- Super 8 – 370 Dieppe Blvd
858-8880 \$128 - \$138

Middle Level Council is very pleased to have Keynote Presenter

Jack C. Berckemeyer

Assistant Executive Director, National Middle School Association



Jack Berckemeyer is the Assistant Executive Director for National Middle School Association. Before moving to Columbus, Ohio, from

Denver, Colorado, Jack taught 6th grade at Scott Carpenter Middle School and at Thunder Ridge Middle School.

During his years as a teacher, Jack taught various subjects including; language arts, social studies, health, expression skills, and physical education. He was named outstanding educator after two years of teaching at Scott Carpenter Middle School, and shortly thereafter he was identified as one of the outstanding educators in the Adams County School District. In 2003, Jack also received the Outstanding Alumni Award from the Falcon School District.

Jack has presented to school districts around the country on middle level topics. He has also

presented at many international conferences. Jack is known for his practical teaching ideas that involve and motivate young adolescents.

Jack's responsibilities for the National Middle School Association include working with their 58 affiliate organizations throughout the world. He also is the author and editor of one of NMSA's most popular member benefits, Classroom Connections. He is the co-author of H.E.L.P. for Teachers and the professional development kit, The Why, What and How of Student-Led

Conferences. Jack also coordinates all site based services for schools and school districts. Jack has been a judge for the Disney American Teacher Awards and serves on the selection committee for the USA Today All Teacher Team.

Mr. Berckemeyer is a graduate of the University of Northern Colorado. He has a Bachelor's degree in Elementary and Middle Level Education, a Master's degree in Middle Level Education, and a K-12 certification in School Administration.

Keynote- Middle Level Education- Living it, Loving it, and Laughing about it.

Middle Level Education, Living it, Loving it, and Laughing about it is based on the foundations of National Middle School Association's This We Believe. Being able to connect with young adolescents is critical to the success of any educator or administrator. During the keynote presentation, topics such as being committed to this age group, the importance of being an adult advocate and new

methods of classroom management will be discussed. Real stories will be shared along with practical advice for teachers and administrators. Humorous experiences, classroom examples, and the importance of teaching young adolescents are the focus of this inspirational keynote that make everyone realize how important being in a middle school can be for teachers, principals, and students.

High School Council News



• High School Council •

President's Message



Derek Taggart
As I write this article, I am pondering two things: (1) Can we finally put away our shovels and start enjoying spring at long last? (2) Is High School Council Conference really less than two months away? Though I cannot yet answer the first question with

any great degree of certainty, I can definitely reply in the affirmative to question number two!

The program for Friday, May 2 at Saint Malachy's Memorial High School and the Imperial Theatre in Saint John should be in your schools now (remember, it is never too early to book your hotel room)! Also look for the program on the High School Council website (<http://highschool.nbta.ca>). **The early**

registration deadline for this year's Council will be April 2 (\$30 prior to this date, \$40 after). **Please remember that this year all registration will be taking place online; there is no mail-in registration.** This change will simplify the registration process (you will be able to print off your receipt as soon as you fill in the necessary information) and make it much faster and easier to gain entrance to

the sessions on Council Day. Look for more information regarding electronic registration (including how to retrieve a new copy of your receipt if you lose it) in the program, on the NBTA and High School Council websites, and in future issues of the *NBTA News*.

As many of you are aware, parking is a major issue in Saint John. There is very little or no parking in the downtown area. **Presenters and displayers are the only people who will be able to park on-site at Saint Malachy's High School.**

To compensate for the lack of parking spaces, we are strongly encouraging teachers to car pool and we are offering a school bus shuttle service. The shuttle will start picking teachers up at Harbour View High School and Bayside Middle School starting at 7:00 a.m. (there will also be a later shuttle run). The shuttle service will also make stops at numerous hotels on the way to the downtown area. The shuttle service will then be arriving back at Saint Malachy's High School and the Imperial Theatre at the conclusion of the day to pick up teachers and return them to their vehicles. Please factor the shuttle service times into your schedule for the day. Please refer to future issues

of the *NBTA News* and check our website for the exact shuttle schedules and more detailed information on parking.

The High School Council Professional Development Committee is currently planning two institutes that will be offered later in the spring. Look for further details about how to register for these upcoming professional

“The early registration deadline for this year’s Council will be April 2 (\$30 prior to this date, \$40 after). Please remember that this year all registration will be taking place online; there is no mail-in registration.”



development opportunities in this section of the next *NBTA News*. We are always looking for new ideas for institutes and teacher professional development. If you would like to offer an institute in your specialty area or you know someone who would be interested, please contact any member of your High School Council Executive and he/she will explain how you can make it

happen! We are more than happy to assist you with the financial and organizational elements of your institute.

I would like to conclude this article by again encouraging you all to check out our High School Council website. It is here that you will find application forms for Educational Improvement Grants and Teacher Recognition Awards

(please take note that the deadline for these awards is March 31, 2008). It is also here where updates and details regarding the High School Council Conference program, electronic registration, parking in Saint John, the shuttle service and other important information will be posted. Please check back frequently!

Your High School Council Executive will be having its fourth meeting Friday, April 4 and Saturday, April 5 to

discuss new business and plan for May 2 and the upcoming institutes. If you ever have any items you would like to see included on an agenda for these meetings, please do not hesitate to contact me (derek.taggart@nbed.nb.ca) or any of your other High School Executive members. I look forward to seeing you all at Council Day!

– Derek

IT'S NOT OKAY...



... to gossip about a person's sexual orientation.

If this is happening in your school, you have a professional obligation to address it. Contact the NBTA, your employer, or email NBTA Equity Committee members, Danielle Cormier (cormidan@nbed.nb.ca) or Richard Blaquiere (richard.blaquiere@nbed.nb.ca) if you have concerns or need help.

– Inserted by NBTA Equity in Education Committee

COUNCIL DAY

May 2, 2008

—Council Mission—

"The aim of the COUNCILS of the New Brunswick Teachers' Association is to promote and foster opportunities for professional development, communications and curriculum assistance to the teachers of New Brunswick."

Elementary Council



Moncton, NB

Middle Level Council



Moncton, NB

High School Council



Saint John, NB

Save Time! 
REGISTER online at www.nbta.ca!

Please remember that any teacher may register for any of the Council Day programs.

► Payment can be made by:

Cheque VISA MASTERCARD
(Before April 2 — \$30.00 / After April 2 — \$40.00)

Individual council registrars will accept mail-in registrations. Please see individual Council programs for address. All sessions with limited seating will be on a first-come, first-served basis.

► YOUR SEAT IS RESERVED WHEN PAYMENT IS RECEIVED.

A confirmation email will be sent to your account that will include your official receipt and reminders for your day.
**PLEASE BRING THIS CONFIRMATION WITH YOU ON COUNCIL DAY
AS IT WILL CONTAIN YOUR BAR CODE FOR ADMISSION TO THE EVENTS.**

► COUNCIL REFUND POLICY

There will be no refunds of registration fees, other than for compassionate reasons. Such requests must be submitted in writing with the original receipt and documentation from District Office acknowledging an absence from work on Council Day. Application must be made to the Council registrar no later than 30 days after the conference.

► SPECIALIST PILOT PROJECT CONTINUES FOR YEAR 2!

Each Council will host a 'strand' of programs for K-12 teachers of a specific specialty subject.

Elementary Council (Moncton)	K-12 Art Strand
Middle Level Council (Moncton)	K-12 Music Strand
High School Council (Saint John)	K-12 Physical Education Strand

► SPECIALISTS ONLY PLEASE!

These sessions are designed for teachers already possessing a strong background in these specialist areas.

We look forward to seeing you at Council Day 2008!

Are You Eligible to Retire?

By Larry Jamieson, NBTA Director, Teacher Welfare Services

The New Brunswick Teachers' Pension Act (TPA) provides that a teacher becomes eligible to retire on an immediate pension:

- (a) at age 65 with 5 or more years of pensionable service (no reduction)
- (b) at age 60 with 5 or more years of pensionable service (Pension reduced 5 per cent per year for each year under age 65)
- (c) at age 60 with 20 or more years of pensionable service (no reduction)
- (d) when the combination of a teacher's age and service reaches 80 (reduced pension). (Reduction will be 2.5% for each index year that retirement precedes age/service index of 87)
- (e) when a combination of a teacher's age and service equals 87 (no reduction)
- (f) after completing 35 years of pensionable service (full pension)

Below is a checklist of things you should do when you have decided to stop teaching and receive your pension:

- If you are unsure of your pension service, check with the Compensation & Employee Benefits Division, Office of Human Resources (Pensions Branch) to make sure that you are indeed eligible for retirement. Include your Social Insurance Number (SIN) and birth certificate in any communication with the Pensions Branch.
- Notify your Superintendent, in writing, of your intention to retire (the Regulations of the *Education Act* now stipulate this notification be communicated as of February 1st):
 - (a) specify the date of retirement (always at end of the month - e.g., June 30, 2008)

Note: In the case of a disability pension, these steps will only occur once the teacher has received approval for his/her disability pension from the Compensation & Employee Benefits Division, Office of Human Resources.

- Make arrangements with a financial institution to have your retirement allowance placed in a RRSP account or any other registered investment mechanism. The banking institution, trust company or credit union, etc. will then undertake the necessary steps (complete TD2 form) so that the amount is

deposited directly into a RRSP account without going through your hands. Otherwise you might end up paying tax at a high rate on that amount.

- If you are age 60 or over, do not forget to apply for the Canada Pension (CPP).

Forms to fill out at District Office:

1. Termination Notice / Benefit Request — Claim for pension benefits (copy of birth certificate(s) required)
2. TD1 — Personal exemptions for income tax purposes after retirement
3. Direct Deposit form (*blank, void cheque required*)
4. NBTF Group Insurance form indicating what you plan to do regarding your group insurance coverage. This will allow the Compensation & Employee Benefits Division to make the necessary deductions from your pension cheque.

Note: It is important that the Compensation & Employee Benefits Division receive the necessary forms properly filled out (notice of termination and TD1) at least 90 days prior to the month you expect to receive your pension. The School District will look after sending these forms where appropriate.



Larry Jamieson

Pension cheques are received on the 23rd/24th of each month, except December.
For any additional information on the above process, please contact:

→ Larry Jamieson, New Brunswick Teachers' Association
P.O. Box 752, Fredericton, NB E3B 5R6 Tel. 452-1722

or

→ Compensation & Employee Benefits Division, Office of Human Resources
P.O. Box 6000, Fredericton, N.B. E3B 5H1 Tel. 453-2296 or 1-800-561-4012

If you have decided to retire, please notify NBTA Central Office as soon as possible.
This will help us prepare for the provincial Retiring Teachers' Luncheon which will be held on Saturday, May 31st.

CONTACT 2008



environmental connections
diversity & cultural connections
professional connections
technological connections

Classroom Connections
Tuesday August 5th – Friday August 8th, 2008
St. Francis Xavier University, Antigonish, NS

Our Partners



For more information, contact your Provincial Teachers' Association

Classroom Connections

A Unique Professional Development Opportunity for Teachers of Atlantic Canada

August 5-8
St. Francis Xavier University,
Antigonish, NS

Only 30 spaces available to NBTA members. Apply early!

Consideration given to Branch representation and first-time applicants.

Complete the application form below and send to **Ardith Shirley**, NBTA Director of Professional Development, P.O. Box 752, Fredericton, NB E3B 5R6 (Fax) 506-453-9795

CONTACT 2008

Application Form

Name: _____

School: _____

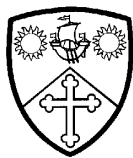
Branch: _____ Contacts: Tel: _____ Email: _____

Have you attended CONTACT before? Yes () No () If yes, when/where? _____

- Registration fee: \$200.00
- Details for accommodations (in residence) and meals will be forwarded to successful applicants.
- \$200.00 grant available from NBTA. Applicants should also apply to Councils or Local Branches for other available funding.

DO NOT send any fees. Successful applicants will be contacted.
Registration deadline: May 2, 2008.

STU Education Summer Institute 2008



St. Thomas University is pleased to announce the Education Summer Institute 2008. For this coming summer, we have expanded our course offerings to seven courses. While each of these 3 credit hour courses is designed to meet teacher certification standards, teachers pursuing specific programs are advised to check with certification branch before enrolling. As in previous years, permission to use graduate courses toward a Masters degree should be obtained from the university at which you are taking that degree.

EDUC 3403- Contemporary Mathematics Concepts

Instructor – Janice Moore (jmoore@stu.ca or Janice.moore@nbed.nb.ca)
Location: Brian Mulroney Hall
Monday, July 7 to Friday, July 11, 8:30 am to 4:00 pm
Maximum Enrolment: 30 participants

EDUC 3503 - Contemporary Physical Science Concepts I

Faculty Coordinator - Dr. Pierette Pheeney (pheeney@stu.ca)
Instructor - Karen Matheson (karen.matheson@scienceeast.nb.ca)
Location: Brian Mulroney Hall
Monday, July 14 to Friday, July 18, 8:30 am to 4:30 pm
Maximum Enrolment: 18 participants

EDUC 5233 - Educational Psychology II. Special Topics in Gifted Education: Introduction to Gifted Education and Talent Development

Instructor - Dr. Shaunda Wood (swood@stu.ca)
Location: Brian Mulroney Hall
Wednesday, June 25 & Thursday, June 26, 9:00 am to 5:00 pm
Wednesday, July 2 to Friday, July 4, 9:00 am to 5:00 pm
Maximum Enrolment: 38 participants

Prerequisites:

1) Exceptional Learners in the General Classroom (STU EDUC 5243/5253) or Equivalent (at professor's discretion)

EDUC 5503/6503 - Human Rights Education: classroom and community

Faculty Coordinator – Dr. Heather Richmond (richmond@stu.ca)
Instructor - Richard Blaquiere (richardb@nbnet.nb.ca)
Location: Brian Mulroney Hall
Sunday, July 20 , 1:00 pm to 5:00 pm
Monday, July 21 to Friday, July 25, 9:00 am to 5:00 pm
Additional Fees: \$100 for nutrition breaks, daily lunch, reception, & course reader
Maximum Enrolment: 60 participants
Note : If taken during the Education Summer Institute, the course cannot be counted towards the 60 credit hour St. Thomas University B.Ed

EDUC 6143 The Professional Learning Community

Instructor — Dr. Ray Williams (RayWilliams@stu.ca)
Location: Brian Mulroney Hall
Wednesday, July 16 to Friday, July 18 , 9:00 am to 3:30 pm
Monday, July 21 to Wednesday, July 23, 9:00 am to 3:30 pm
Additional Fees - \$25 for copywritten materials
Maximum Enrolment: 20 participants

EDUC 6233 Curriculum and Instruction for Gifted Learners

Instructor- Dr. Shaunda Wood (swood@stu.ca)
Location: Brian Mulroney Hall
Monday, July 7 to Friday, July 11, 9:00 am to 5:00 pm
Maximum Enrolment: 38 participants

Prerequisites:

- 1) Exceptional Learners in the General Classroom (STU EDUC 5243/5253) or Equivalent (at professor's discretion)
- 2) Educational Psychology II. Special Topics in Gifted Education: Introduction to Gifted Education and Talent Development (STU EDUC 5233)

Registration, Admissions & Accommodations

Tuition for each course is \$510.00 and must be paid by the end of the day of the opening class. It should also be noted that a \$35 application fee should be submitted with your application forms.

For information regarding . . .

- course application, contact admissions@stu.ca or 452-0532
- course payment, contact registrar@stu.ca or 452-0530
- accommodations, contact Nancy Collett at collett@stu.ca or 460-0329
- specific course content, contact the appropriate instructor (see course descriptions)
- all of the above information is also available at <http://www.stu.ca> (*Campus News*)

Moving? Name Change? Not Getting Your NBTA News? LET US KNOW!

In order to keep our NBTA members' database as accurate as possible, it is important that you advise the NBTA Communications Department (Carlene Merrick, 452-1833) of any changes such as marital status, home address, school location, phone number, etc., as soon as possible. This is necessary to ensure that all mailings reach our members and that our nominal roll is up to date for voting purposes. Initial information is collected on the green registration forms, but changes occur. Many of these changes occur during the summer months.



We do not receive this updated information through any other source, so please keep us informed of any changes.

Thank you for your assistance in helping us serve you better.

Interest-Free Loans

Up to \$1,500.00 in any one school year shall be made available to statutory NBTA members **on leave** who are improving their professional qualifications through educational programs.

Application forms are available from:

Melinda Cook

New Brunswick Teachers' Association
PO Box 752, Fredericton, N.B. E3B 5R6
Tel: (506) 452-8921
Email: melinda.cook@nbta.ca

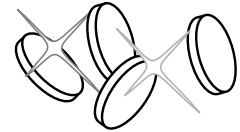
**The application
deadline for
2008-2009 is:**



Educational Improvement Grants

Educational Improvement Grants Funds are depleted for conferences taking place January to June 30, 2008.

Applications are being accepted for conferences taking place after July 1, 2008.



Skills for Administrators Series: *A Workshop for School-Based Administrators*

Sponsored by the NBTA, School Districts and the Department of Education

Preparing and Supporting Leaders of Tomorrow

Date: April 28, 2008 (9AM - 4PM)

Location: NBTF Building, Fredericton

Facilitators: Beverley Park (NLTA), Melinda Cook (NBTA), Ardith Shirley (NBTA)

Participants: Open registration; Limit 40

Registration Deadline: April 14, 2008

Tired of feeling like you have to do it all? Research clearly shows that our most effective schools are ones where distributed leadership flourishes. In this workshop, administrators will explore tools and strategies that initiate and promote distributed, sustainable teacher leadership in their school community.



Please fax the registration form to:

Ardith Shirley, Director of Professional Development, at 506-453-9795.

Skills for Administrators Series 2008

Name: _____

School: _____

Email: _____

I wish to register for:

___ **Preparing and Supporting Leaders of Tomorrow** (April 28, 2008)

You will be emailed with a confirmation of your seat.

Developing Successful Schools (DSS)

July 8-11, 2008

Mount Allison University, Sackville, NB

Data-Driven Dialogue: Practical Strategies for Collaborative Inquiry

An Instructional Leadership Institute for Administrators of Atlantic Canada

Program Overview

Developing high standards and accountability for student success requires capacities for collaborative problem solving and planning with data. Improper data use can mislead groups, trigger denial or stimulate resistance to change. Through sustained inquiry in a supportive environment, adult groups build webs of commitment to action for school improvement. (See full overview in DSS brochure)

Our participants will:

- develop practical structures for using data to focus a group's attention and energy
- understand and apply a three-phase model for guiding data-driven dialogue and collaborative inquiry
- extend a repertoire of tools for mediating productive group learning, planning and problem solving

Institute Resource Person - Bruce Wellman

Bruce Wellman is co-director of MiraVia LLC. He consults and presents for school systems, professional groups and publishers throughout the United States and Canada, presenting workshops and courses for teachers and administrators on interactive/collaborative instruction, thinking skills development, learning-focused conversations for supervisors and mentors, presentation skills and facilitating collaborative groups. (See full biography in DSS brochure)

Registration/Fees

Educators who are members of the sponsoring organizations (NBTA, NLTA, NSTU & PEITF) - registration fee \$300.00. All others \$400.00. (Preference will be given to members of the sponsoring organizations.) All participants must pre-register.

On-site check-in: Tuesday, July 8 (3:00 pm – 5:00 pm) in the Campbell Hall Foyer.

The following guidelines will influence the selection for DSS in the event that there are more NB applicants than seats (Limit 24 seats for NBTA):

- Representation by District with consideration to District size.
- Years in administration (a balance of early, mid and late).
- First-time attendees.
- Max. of six (6) seats may be allocated for principal/vice-principal teams (no more than one team/District)

DSS 2008 Application Form

Name: _____ School District: _____

Address: _____ Postal Code: _____

Tel: (Office) _____ (Home) _____ (Fax) _____

(E-mail) _____ T-shirt size _____

Position: District Office () School Administrator () Other () Specify: _____

Registration Fee: () Educators from sponsoring organizations \$300.00 \$ _____

() Others \$400.00 \$ _____

Accommodations: _____ nights @ \$50.00 \$ _____

(All accommodations are singles) Dates Accommodations Required: _____

Meals: Meal Plan () Yes () No \$80.00 \$ _____

Lobster & Steak Banquet: Lobster? Yes ___ No ___ TOTAL \$ _____

NBTA members may register on-line at www.nbta.ca (Credit Card only)

Registration Deadline – June 2, 2008

Make cheque payable to the New Brunswick Teachers' Association

Mail to: Ardith Shirley, Director of Professional Development, P.O. Box 752, Fredericton, NB E3B 5R6

Tel. (506) 452-1740 Fax (506) 453-9795

New Brunswick Schools Recognized for Inclusive Education

The Canadian Association for Community Living (CACL), a Canada-wide association of family members and others, which works on behalf of children and adults who have an intellectual disability, recently announced the New Brunswick recipients of the National Inclusive Education Achievement Awards.

The 2007 Inclusive Education Achievement Awards are presented to an individual or teams who have made a positive contribution to inclusive education in their province or territory. Winners for each province were selected by provincial and territorial Associations for Community Living.

The award recipients under the *Efforts Toward Inclusive Education* category are: Sussex Corner Elementary and Harry Miller Middle School in Rothesay (District 6);

Patrick Scully, Methods and Resource teacher, Bonar Law Memorial School, Rexton (District 16); Ridgeview Middle School (School Improvement Planning team) in Oromocto (District 17).

As part of the NBACL awards ceremony held February 20 at Old Governor House, the Canadian Education Association honoured Gordon Porter with the CEA Whitworth Award for Research in Education.

Dr. Porter is the Director of Inclusive Education Initiatives, Canadian Association for Community Living; Chair of the New Brunswick Human Rights Commission; and a retired professor at the University of Maine. The Whitworth Award recognizes Dr. Porter's substantial contribution to the inclusive education movement nationally and internationally.

Using in-class participatory research, he developed training programs for principals, teachers and parents, resulting in an extensive set of research and professional development materials on building inclusive classrooms.

Founded in 1891, the Canadian Education Association is a bilingual, non-profit organization that serves as a catalyst, facilitator and leader in shaping public and professional discourse about education in Canada. CEA applies this core objective to its current focus of influencing a rethinking of adolescent learning.



2008 Escorted Tours



Phone:
1-866-933-0101
(All prices are in Canadian dollars)


kellyb@tpi.ca
www.kellystravelandtours.ca




- ▶ **North Conway/Portland**
May 16 (long weekend) - 3 nights
Starting @ \$395/person
**Book by March 21 and SAVE \$25.
- ▶ **New York**
June 26 (long weekend) - 6 day tour
with 3 nights right in Manhattan
\$1175/person
**Book by March 21 and SAVE \$100/person
- ▶ **Nova Scotia
International Tattoo**
July 5 - Day tour - \$100/person
- ▶ **Annual Ultimate
Shopping Tour
(Portland and Kittery)**
October 17 - 19 - \$250/person

Work as a teacher in the U.S.A.

Teacher: David
Home Country: Canada
U.S.A. Placement: Georgia
Professional Goal: Broaden my overall teaching experience
Personal Goal: Go whitewater rafting on the Chattooga River
How He Got Started: www.vifprogram.com



Hundreds of teachers like David are teaching in the U.S.A. and gaining experience that will advance their careers. You can, too. Visit www.vifprogram.com.



Paid Advertisement

Paid Advertisement

**Learning Disabilities
Association of New Brunswick
presents:
4th Annual Spring Conference
Focus on Solutions:
Math & More**

April 25-26, 2008
Friday: 8:30 am – 3:30 pm
Saturday: 9:00 am – 12:00 noon

Maritime Forestry Centre Complex
1350 Regent Street, Fredericton NB

Speakers Include:

- **Dr. Mahesh Sharma:** *Diagnostic & Remedial Perspectives for Learning Problems in Mathematics*
- **Kelly VanBuskirk:** *The Right to an Education: What Parents Can Do*
- **Dr. Lex Wilson:** *What LD Research is Telling Us*

Registration form is available by
calling 459-7852 or
1-877-544-7852, e-mail at
ldanb_taanb@nb.aibn.com.



Moncton, NB Public Workshops

May 5, 2008
Responding to Trauma

May 6-7, 2008
Suicide Prevention, Intervention
and Postvention Strategies

CTRI provides professional training and consulting services for individuals, schools and communities affected by or involved in working with issues of crisis and trauma.

1-877-353-3205

www.ctrinstitute.com · info@ctrinstitute.com

**27th Annual New Brunswick
Mathematics Competition
(for Grades 7, 8, 9)**

Friday, May 9, 2008

Forms will be sent to the principals by the beginning of February. Preliminary application forms should be returned by **March 7, 2008** and final application forms should be returned by **April 11, 2008**. Forms can also be submitted electronically by accessing:
<http://www.math.unb.ca/mathcomp/forms>

For further information contact:

Fredericton (UNB) — Dr. Bob McKellar
(506-453-4768), mckellar@unb.ca

Moncton (U de M) — Prof. Paul Deguire
(506-858-4155), deguirp@umoncton.ca



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(Please provide your Group ID Code: 63)

Home and auto insurance policies are primarily underwritten by Unifund Assurance Company. Unifund and Johnson Inc. share common ownership. AIR MILES® reward miles awarded on regular home and auto insurance policies underwritten by Unifund Assurance Company. One AIR MILES reward mile is awarded for each \$20 in premium paid. Certain conditions may apply. *TM Trademarks of AIR MILES International Trading B.V. Used under license by Loyalty Management Group Canada Inc. and Johnson Inc. (for Unifund Assurance Company). Contest runs from March 1 to December 1, 2008. No purchase necessary. Skill-testing question required. (See www.johnson.ca/nbtf for details.) MVM/MAC.Feb08

NBTA Men's Bonspiel

Carleton Curling Club, January 25-27, 2008



NBTA & Moosehead Breweries Trophies — Section A Winners: (l-r) Mate - Adam Trider, Lead - Paul Reid, 2nd - Craig Hutchings, Skip - Pat Robichaud, Committee Presenter - George Burchill



Section A Runners-up: (l-r) Lead - Ray Quan, Skip - Merrill Loughery, 2nd - Mike Butler, Mate - Mike McCaustlin, Committee Presenter - George Burchill



Rob Scott Insurance Trophy — Section A Consolation Winners: (l-r) Mate - Peter Woytuik, Skip - Gary Sullivan, Lead - Bob Peters, Committee Presenter - George Burchill



Section A Consolation Runners-up: (l-r) 2nd - Darryl Caines, Mate - Kevin Robertson, Lead - Ron Caines, Committee Presenter - George Burchill
Missing: Skip - Frank Belyea



Johnson Inc. Trophy — Section B Winners: (l-r) Lead - Roger Brown, 2nd - Bev Tozer, Skip - Tom Gillett, Mate - Bob Brannen, Committee Presenter - George Burchill



Section B Runners-up: (l-r) 2nd - Bill Reynolds, Mate - Terry Dickson, Lead - Don Fowler, Skip - Murray MacGowan, Committee Presenter - George Burchill



NBTA Credit Union Trophy — Section C Winners: (l-r) Skip - Dave Ross, Mate - Owen Dunn, 2nd - Dave Morgan, Lead - Neil White, Committee Presenter - George Burchill



Section C Runners-up: (l-r) Mate - Mark McAuliffe, Skip - George Burchill, 2nd - Bob Lee, Lead - Terry Langille



Dundee Securities Trophy — Section D Winners: (l-r) Skip - Mike O'Neill, 2nd - Maurice Chevarie, Lead - Mark Crowley, Mate - Frank McNeill, Committee Presenter - George Burchill



Section D Runners-up: (l-r) Skip - Mike Graham, Committee Presenter - George Burchill
Missing: Mate - Gary Marsh, 2nd - Greg Barker, Lead - Tim Graham

Take the **challenge**
Live the **achievement**

JOIN OUR TEAM of volunteers in NB to help youth reach for their best! Many opportunities available. Call or email the NB Division office for information.

newbrunswick@dukeofed.org



NEW BRUNSWICK
NOUVEAU-BRUNSWICK

1-800-520-3853

Relève le défi
À toi de jouer

JOIGNEZ L'ÉQUIPE de bénévoles du N.-B afin d'aider les jeunes à atteindre l'excellence! Plusieurs opportunités offertes. Contactez-nous pour plus de renseignements.

nouveaubrunswick@dukeofed.org

Wellness Highlights

PROFESSIONAL COUNSELLING SERVICE
FOR TEACHERS



TEACHER COUNSELLING SERVICES

Betsy Colwell-Burley, Districts 6, 8, 10

1-800-563-3938

Michael Ketchum, Districts 14, 17, 18

1-800-561-1727

Niel Cameron, Districts 2, 15, 16

1-888-763-5050

March – Heart Health

“March for your Heart”

Did You Know?

Heart disease & strokes are the #1 killer of Canadian women under 65?

Traditionally, heart disease has been viewed as a man’s disease. But it also affects women significantly, although the disease tends to appear 6-10 years later than in men.

Consider these statistics:

- Heart and blood vessel disease accounts for more than 40% of all female deaths in Canada.
- More than 11% of women, aged 45-65, have some type of heart and blood vessel disease.
- 1 in 3 women, aged 65 plus, has some type of heart and blood vessel disease.

Special risk factors for women:

- Diabetes is a major cause of heart disease in women under the age of 50.
- Menopause results in lower levels of hormone estrogen, which has been associated with helping protect women against heart disease.
- If you’re over the age of 35, smoke, and take oral contraceptives, your risk increases significantly.

Don’t ignore the signals:

- Unusual pain that spreads down one or both arms.
- Heaviness, pressure, squeezing, burning or tightness in your chest, shoulder, arm, neck or jaw that lasts at least 10 minutes.
- Vague discomfort in the chest that comes on with activity and goes away with rest.
- Sudden, or severe, crunching chest pain.
- Nausea and vomiting and/or indigestion.
- Shortness of breath, paleness, sweating or weakness
- Unusual tiredness with activity.

To learn more about the symptoms of heart disease, visit the Heart & Stroke Foundation of Canada at www.heartandstroke.ca.

Take control of YOUR heart health:

- Enjoy a heart healthier way of eating. (visit www.becel.ca)
- Be physically active.
- Become smoke free
- Take a break when life becomes stressful.
- Ask your doctor to check your blood pressure/cholesterol levels & learn what the results mean.
- If you have reached menopause, discuss with your doctor whether or not hormone replacement is appropriate for you.

Suggested Activity from the Binder

Blood Pressure/Cholesterol Check

Suggested Website from the Binder

Dairy Goodness – www.dairygoodness.ca

A Touch of Humour

- Outside a muffler shop: *“No appointment necessary. We hear you coming!”*
- In a veterinarian’s office: *“Be back in 5 minutes. Sit! Stay!”*
- At the electric company: *“We would be de-lighted if you send in your bill. However, if you don’t, you will be.”*
- In a restaurant window: *“Don’t stand there and be hungry. Come on in and get fed up.”*
- In the front yard of the funeral home: *“Drive carefully. We’ll wait!”*

— www.carolinahaha.org



Announcements

Upcoming Events — April 2008

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Branch Resolutions for AGM Centennial/Alant/Outstanding Educational Leadership Award Nominations	2	3	4	5
6	7	8	9	10	11	12
			NBTA Board	NBTF Board	NBTA Board	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
		NFTA Voting — VP/President Elect				
27	28	29	30			

Quagmire: Role-Playing Game for Grades 5-12

Quagmire is an interactive, role-playing game in which students (grades 5 to 12) "debate the fate" of a salt marsh. The question is: should a local salt marsh be destroyed to build a highway, or should it be protected? Students take on different roles as they debate the issue in front of council before a final vote. Register for your free copy of Quagmire at www.green-street.ca

Video Game About Global Hunger

Food Force is the first humanitarian video game about global hunger presented by the United Nations World Food Programme (WFP). This project has

been developed specifically to help children learn about the fight against world hunger. The game is designed for children between 8 and 15 years of age. Food Force is available as a free Internet download from its dedicated website www.food-force.com. Additionally, the website houses further information, teacher packs and other ways for children to get involved with the work of WFP.

Historica Bilingual Social Networking Site

FYI Canada, a bilingual social networking site designed for teens to express their ideas and opinions on Canadian issues through pictures, video and commentary, is the newest initiative brought to

you by Historica! The website, aimed at students 14-17, is a great opportunity for Canadian youth to connect and discuss issues in a moderated web 2.0 environment that makes use of Historica's trusted educational content. FYI Canada is a fantastic resource for students both inside and outside of the classroom. FYI Canada can be found online at <http://www.fyicanada.ca>.

Spring Courses at UNB

UNB offers non-credit courses, everything from:

wine tasting, pottery, water colour painting, print-making, and French and Spanish, to how to make slip covers, and beginner's quilting, gardening and knitting.

For more information, please call 452-6360 or visit our website at www.cel.unb.ca/pce to read about all our courses.

TEACH AND LIVE IN ALBERTA

One Year Exchange for Teachers

Exchange classroom and home with an Alberta teacher

Continue to be employed by your school jurisdiction

Return to your teaching position when the year is over

Contact Carol at Canadian Educator Exchange Foundation at cwilk@ceef.ca or by telephone: 1-705-739-7596.

Alberta

Counselling Services

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- Family & Relationship Counselling
- Mediation

Yvonne Vaughan

MA M.ED CCC

Phone:
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or
1-506-461-8440
(cell)

* Insurance Coverage *

Paid Advertisement

New Brunswick Teachers' Association
650 Montgomery Street,
P.O. Box 752, Fredericton, NB
E3B 5R6

Get to Know NBTA Credit Union!

NBTA Credit Union Facts

NBTA Credit Union is New Brunswick's only Credit Union that serves owners throughout the entire province.

Though the branch is located in Fredericton, about half of NBTA Credit Union's Ownership lives outside the Greater Fredericton area.

After the 2006-2007 fiscal year, NBTA Credit Union's Ownership approved a Patronage Rebate of 18% for the second consecutive year.

NBTA Credit Union is a Full-Service Financial Institution offering Chequing, Savings, Financial Planning, Loans, Mortgages, RRSP's, Term Deposits, Safety Deposit Boxes, Online and Telephone Banking, MasterCard... And so much more!

Canada has the world's highest per capita membership in the Credit Union movement with over 10 million members, or about a third of the population.

NBTA Credit Union is a "closed bond" Credit Union focusing on New Brunswick's education workers and their families. (Teachers, Professors, Custodians, Bus Drivers, College Workers, etc.)

NBTA Credit Union employs 11 individuals and serves well over 4000 Owners throughout the province.

In early 1997, NBTA Credit Union was one of the first to implement a website to offer services from a distance – A standard in today's financial market.

Each year, NBTA Credit Union gives \$7000 dollars in scholarships to New Brunswick students attending post-secondary education.

In the last year, New Brunswick Credit Unions returned more than \$2.3 million to their Member-Owners. This was in the form of patronage rebates and share dividends. NBTA Credit Union returned over \$300,000 with its patronage rebate last year.

Place Label Here



**CREDIT
UNION**

NBTA

650 Montgomery St., P.O. Box 752, Fredericton, N.B. E3B 5R6
506-452-1724 • 1-800-565-5626 • 506-452-1732 (fax)
E-mail: nbtacu@nbnet.nb.ca • Web: <http://www.nbtacu.nb.ca>
Hours: Monday to Friday, Telephone Service 8:30 am - 4:30 pm
In-Branch Service: 9:00 am - 4:30 pm

