December 6, 2006 Vol. XLIX, No. 4

**New Brunswick Teachers' Association** 

### **INSIDE:**

**NBTA Professional** Courses

Pre-Retirement Seminars 2006-2007

**Skills for Administrator** 21 Series

**Salary Deferred Leave** Plan 2006-2007

**Next Final Copy Deadline** For NBTA News: Friday, December 8







27

# **Farewell**

Ann Kennedy has served as the Coordinator of the Department of Education/ **NBTA Professional** Counselling Program since 1996. She will retire from that position at the end of December.



Under her leadership, and with the strong support of her counsellor colleagues, the Counselling Program has become a standard to which similar programs in other jurisdictions aspire.

Ann has established herself as a caring, compassionate, and competent confidante and advisor, receiving the highest respect from colleagues in every aspect of the education system.

In addition to facing a very demanding workload in dealing with

(Ann continued on page 2...)

Nancy Roach, NBTA Director of Professional Development, retires from her position at the end of December. Nancy joined the staff of NBTA in August of 2000, and from her first day on the job, established a level



**Nancy Roach** 

of service and professional leadership that has produced a wide range of professional opportunities for countless teachers in the province.

Nancy has been a driving force in the development of a climate of continuous learning for teachers and administrators. She has tackled any and all barriers which may have limited teachers in their quest for professional growth.

Among her accomplishments in her short tenure were such initiatives (Nancy continued on page 2...)



The President, Board of Directors, and staff of the NBTA wish all of our members a warm and happy holiday season!

### **Holiday Hours**

The office will close at 4:00 pm on Friday, December 22, 2006 and will re-open at 8:30 am on Tuesday, January 2, 2007. 

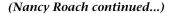
#### (Ann Kennedy continued...)

individual cases, Ann has also found time to work on wellness programs, present workshops, oversee the administration of the program, and work with others on a variety of projects related to stress in the lives of teachers and families.

The level of personal and family commitment required of these counsellors who serve in the DOE/NBTA program is formidable. The very nature of the work, essentially dealing with one complex stressful situation after another, takes a very special person, one who is compassionate, but sometimes assertive, and who, above all else, must have the highest ethical and professional standards. Ann has exhibited these skills, along with a lot of common sense, mixed with humour and humility. Indeed, it is through the use of humour that Ann, along with numerous wellness facilitators, has continued to reassure teachers that it is alright to have some fun, to recognize there is a life that co-exists with the profession, and that a good laugh once in a while can re-establish some balance in an individual's outlook.

Ann has had a profound effect on the professional, physical, and emotional well-being of thousands of teachers and their family members. She has also served with distinction as the coordinator and team member of a most dedicated group of individuals who provide the professional counselling services.





as her guidance and encouragement of Councils in presenting high calibre conferences to their members, including the combined program *Learning Today* - *Teaching Tomorrow* in November 2004; the development of NBTA Professional Courses and the subseqent recognition for credit; the creation of the NBTA Skills for Administrators Workshops; the continued development and expansion of the Beginning Teachers Induction Program in collaboration with Department and District officials; and her tireless work in the whole area of licensing and certification, both at a policy level and at the level of assisting individual teachers with his/her specific situation.

Nancy's influence goes far beyond the province's borders, having worked closely with Atlantic colleagues in developing expertise in a wide range of topics, including assessment, learning styles and brain-based instruction. Her reputation as a skilled and dynamic presenter established her as a much-in-demand workshop facilitator for school staffs, districts and departmental sessions, as well as at other provincial and national conference sessions.

In her insatiable desire to improve professional opportunities for teachers as they practise a career which demands balance, lifelong learning, and the opportunity for flexible options, Nancy used every means of communication available to her. Whether in the columns of *NBTA News*, in the electronic world of the web, the Blackberry, the cell phone, or the LCD projector, Nancy continually encouraged teachers to enjoy their professional calling.

With her infectious smile, her quiet wit, and her boundless energy, Nancy Roach has left an indelible impression in the minds and hearts of her colleagues, the teaching profession, and the education system in New Brunswick and beyond.

# Moving? Name Change? Not Getting Your NBTA News? LET US KNOW!

In order to keep our NBTA members' database as accurate as possible, it is important that you advise the NBTA Communications Department (Carlene Merrick, 452-1833) of any changes such as marital status, home address, school location, phone number, etc., as soon as possible. This is necessary to ensure that all mailings reach our members and that our



nominal roll is up to date for voting purposes. Initial information is collected on the green registration forms, but changes occur. Many of these changes occur during the summer months.

We do not receive this updated information through any other source, so please keep us informed of any changes.

Thank you for your assistance in helping us serve you better.



ISSN 0317-5227

NBTA News is published ten times a year. Opinions expressed are those of the authors, not necessarily the NBTA.

**Editor:** Jim Dysart

Editorial Assistant: Loretta Clarke Graphic Artist: Christy Price Printed By: NBTF Printing Services

Member: CEPA

Address all correspondence to:

The Editor

P.O. Box 752, Fredericton, N.B.

E3B 5R6

**Telephone:** (506) 452-8921 **FAX:** (506) 453-9795 **E-mail:** nbtanews@nbnet.nb.ca

Web: www.nbta.ca

### President's Message



Indu Varma

ver the next four years, we will attempt to be the best in education across Canada, according to our newly-elected Liberal government. This is a lofty goal indeed, but one that is worth striving for and accomplishing.

How will we do this? Pondering on this question, our new Minister, Hon. Kelly Lamrock, stated at our October Board meeting, in a nutshell, that by facilitating and rewarding teachers for their innovative and creative endeavors, by having effective and appropriate interventions for exceptional learners, including gifted students, and by allowing every child to pursue his/her passion, we would begin to move towards being the best. We are fortunate that our Minister is a visionary, a thinker, and one who recognizes the value of giving every individual the opportunity and support to realize his/her full potential.

Some key components in being the best would then be: a) generating and promoting creative and innovative educational endeavors, b) providing appropriate funding and resources to accomplish the same, c) giving teachers the time to do so, d) teacher involvement in decision making, and e) creating a respectful and positive learning climate.

Why innovation, you might ask? Innovation allows us to move with the times and use newer or better approaches to be more effective, as stated in the quote above. Innovation is seen to be the key to being the best, not only by our neighbor to the south, but by many other nations.

Innovation must begin at the K-12 level. Nancy Pelosi, US House Democratic leader, while unveiling

# Innovation in Education – A Step Towards Being the Best

"Innovation is in part about seeing what can be done differently, better, more efficiently and effectively; it is about adding value to what we already do. It is a cultural issue in the sense that we either value improving our economic, social and educational welfare, or we do not." — Maxim Jean Louis, President & Chief Executive Officer, Contact North/Contact Nord 'Innovation in Canada - An Open Letter' http://www.innovationstrategy.gc.ca/gol/innovation/site.nsf/en/in02303.html

the House Democrats' new "Innovation Agenda: A Commitment to Competitiveness to Keep America #1", aptly stated in her speech on Nov. 15, 2005, that "...in a globalized, knowledge-based economy, America's greatest resource for innovation and economic growth resides within America's classrooms."

Imagine how dynamic our province's education system would be if, in each of our approximately two hundred and fifty schools, teachers and students could pursue their passions and be their best! Picture how empowered you would feel if you could have the money, resources and support to implement your superb idea/strategy/project that you know would allow you to meaningfully engage your students in learning! It would not only make a difference to that class and positively impact the lives of those students in that year, but chances are it will have a lasting impact on them. It would be like planting seeds that will grow and bear fruit for years to come and impact many future generations. When I heard the Minister speak at our Board meeting, I could hardly hold my excitement, thinking how wonderful it would be to have a designated source of money to support our innovative and creative endeavors.

Take this a step further. We would truly begin to nurture a vibrant and enviable culture of learning in our province by having an annual innovation showcase to share the innovative projects, and thereby celebrating the achievements of our children.

In order to accomplish the above, we as teachers must be given the time and freedom to innovate. In a 2005 survey done by Canadian Teachers' Federation, 83 per cent of Canadian teachers reported that they had a higher workload than four years ago. Dr. Lynda Younghusband, in her

2005 study on teacher stress and workload in Newfoundland, stated: "Overloaded and bombarded with massive changes and unrealistic time demands, these teachers were feeling overwhelmed, helpless and powerless, exhausted and disillusioned. There was never enough time in their workday to accomplish everything that was expected of them." New Brunswick teachers find themselves in a similar boat.

Let's hope that our new government, with its proposed "Charter for Change", will make significant changes in the overwhelming expectations related to paper work, managerial tasks, afterschool professional development activities and meetings, etc.

Being the best also means empowering teachers. Research indicates that teacher autonomy, involvement in policy formulation and decision making have a positive impact on school climate and students' learning. When teachers have a say in students' learning, assessment and discipline procedures, they feel ownership in decisions taken and have a greater sense of responsibility.

We know that through empowerment, necessary financial support, resources, and time to innovate, we could certainly be well on our way towards creating the best education system in the country. We are on board with our Minister's vision for innovation and change.

With the above as a year-end reflection on the new developments to look forward to, let me wish you a restful holiday season. May the New Year bring excitement, joy, and fulfillment in every conceivable way for you, your families, and the children under your care. Best wishes for a happy holiday season and the New Year!

Our children are worth it!

### **NBTA Professional Courses**

Below is a partial list of NBTA Professional Courses which will be available in the coming months.

- All courses are applicable to a Certificate 5 (or if you already hold a Masters degree, the courses may be used towards a Certificate 6). Courses may be taken also for professional or personal interest.
- Fee for all courses is \$375 payable by cheque dated the first day of the course. Make all cheques payable to NBTA.
- All courses require 36 hours of instruction.
- Full description of each course is available at www.plsweb.com. Click Graduate Courses.
- Maximum seats per course: 24 (minimum numbers are required for a course to run).

# STAR07WASB — Successful Teaching for Accepting Responsibility

**Dates:** Wednesday evenings, January 10,17, 24, 31; February 7, 14, 21, 28; March 14, 21, 28; April 4 (4:00 - 7:00)

**Location:** Carleton North High School, Bristol

**Instructor:** Anne Senechal

**Description:** Gain new techniques to eliminate irresponsible student behaviour. Learn how to empower students (and family) to achieve personal responsibility in a classroom that models responsible behaviour and excellent classroom management.

→ Deadline Date: December 21, 2006

# DM07WPSM — Designing Motivation for All Learners

**Dates:** Thursday evenings, February 1 - April 5 (5:00-8:30); Saturday morning classes, TBA **Location:** Bernice MacNaughton High School, Moncton

**Instructor:** Pam Sheridan

**Description:** Design learning experiences and develop effective leadership strategies that promote motivation for all learners. Learn verbal encouragement techniques that reduce student risk and reinforce student effort. Discover how doing meaningful work and achieving goals supports all types of learners.

→ Deadline Date: January 18, 2007

Name:	Jame:		Current Certificate Level:		
Home Address:					
Phone Number(s): Home:		_ School:	Fax:		
E-mail:			Do you check email daily?		
Course Details:					
Course Title:					
			_ Course Instructor:		
Will you be taking this course for: Certification Credit	or	Profe	ssional Development		
Do you require any special conside	erations (access.	visual/audito	rv support etc.)?		

# 2006-2007 NBTA PRE-RETIREMENT SEMINARS REGISTRATION FORM

Please accept my application to attend the NBTA Pre-Retirement Seminar to be held on (check one):

DATE OF SEMINAR ————	DEADLINE FOR REGISTRATION ————
January 13 - Fredericton, NBTF Building January 27 - Miramichi, Dr. Losier Middle School February 10 - Sussex, Sussex High School	December 22 January 19 February 2
Name of Teacher:	S.I. No
Mailing Address:	
	Name of Spouse (if attending) (If spouse is a teacher, please fill out a separate form)
No. of pension years you will have accumulated to June 200	
Are you planning to buy back time? If "yes"	
Do you have Responsibility Allowance? Yes No	(If "yes", contact your payroll officer at your District
Office and have your last 5 years' salary history faxed to	to Karen Vautour, 453-9795)
I am enclosing a cheque in the amount of $5.00 / 10.00$ (ple	ease circle one) to cover the cost of registration; nutrition break,
and materials to be supplied. Please make cheque payable to	o New Brunswick Teachers' Association.
	m the Public Service Employee Benefits Division pertaining formation will be utilized to prepare my individual pension
YES NO Sig	gnature:

# SEMINAR GUIDELINES

The following guidelines should be noted for participation in these seminars:

- 1. All participants must pre-register.
- 2. A registration fee of \$5.00 for each participant must accompany the application; however, cheques will not be cashed until after the workshop.
- 3. Travel and accommodation costs are the responsibility of the participant.
- 4. A nutrition break will be provided.
- 5. Questions relating to these seminars should be directed
  - to: Larry Jamieson

Director of Teacher Welfare Services New Brunswick Teachers' Association P.O. Box 752

Fredericton, N.B. E3B 5R6 (Tel. 452-1722)

- 6. Any interested teachers are eligible to attend.
- 7. All workshops begin with registration at 8:30 am and sessions at 9:00 am until 1:00 pm. (Except Bristol, where registration will begin at 5:00pm -- Seminar at 5:30pm)
- 8. Detach and return the registration form as soon as possible.

### PROGRAM=

- Teachers' Pension Act
- The Canada Pension Plan
- Pension Records (will be available at meeting if possible)
- Pension Calculations
- Old Age Security
- Retirement Allowance
- Pre-retirement Vacations
- Deferred Salary Leave Plans
- Financial Planning for Retirement:
  - RRSPs
  - Annuities
  - Registered Retirement Income Funds

Individual Consultations

PLEASE NOTE: YOU WILL RECEIVE CONFIRMATION WITHIN ONE WEEK OF CONFERENCE.

### **Lessons Learned**

By Nancy Roach Director of Professional Development roachn@nbnet.nb.ca

Almost seven years ago, when I first learned that I had been hired as the new Director of Professional Development for the NBTA, I mentioned to my new colleague, Jim Dysart, that I thought I might like to write a little column in the *NBTA News*. "You know," I said, "to kind of profile PD issues and heighten awareness of issues and events. Maybe I will try to encourage people to read professional articles if I reference them. Do you think people will read it?"

"Might be a good idea," I recall our Jimmy responding. "The real challenge could be in meeting the newsletter deadlines when there is so much other stuff to do."

I remember the conversation as if it were yesterday and I cannot believe I am sitting here, putting together my final column. Jimmy was right (he always is) about the deadline thing, but despite burning the midnight oil many times, I did manage to produce a column every month since August 2000. It has been a labor of love, so to speak, and I have been so appreciative of the fact that some of you read the column and respond to it with reaction and/or requests for the 'real' articles that I reference from professional journals.

I have been privileged to have an opportunity to share my beliefs, ideas, thoughts with you. Sometimes the idea for the column was triggered by a conversation or experience with one of you, the people in the frontlines doing the challenging and rewarding work of teaching kids. Sometimes, I was able to write about an idea or bit of new learning that I had acquired from a conference or workshop, or from a piece of reading that particularly resonated with me. I have written about my kids, my grandkids and some of my own experiences as a

teacher and learner. I liked some columns better than others, but always when I submitted the final copy to Loretta in the Communications Department, I felt a sense of satisfaction. The challenge of starting with a blank page and 'creating' something has always been something that I have found rewarding.

Along the way I have learned a great many things, and the excitement of new learning has always fueled me. Since this is my last opportunity to share my thoughts with you, I have decided to try to summarize some of the lessons learned along the way. Some of



them will not be new to you, as I have written about them before, but it is a way for me to bring some closure to this process of 'leaving'.

# Lesson #1: Teaching is Rocket Science

I have stated this in many addresses to teachers, but it remains an important lesson. The work of educating young minds is complex, challenging and not easy, despite how some of you make it look. The skill required to teach children to read, to help them break through difficult concepts in Math and Science, to develop technology skills, to appreciate and enjoy the arts, to understand and master skills of movement, to develop an understanding of our world and

their place in it...the craft teachers use to do these things with kids is a combination of skill, art, passion and instinct. It is not for amateurs. Teachers are highly-educated professionals who must constantly hone their craft by continuous learning. I have learned that we need to say this more often, to parents, students and the public.

### Lesson #2: Teaching is a Profession

While this may seem the same as Lesson #1, it is indeed different. Teachers can know a great deal, but professionalism is about more than knowledge. This involves the way we act, the way we interact, the way we dress (yes, I still believe professional dress is important) and how we present ourselves to our public.

Professionalism must start within the profession and be combined with a pride in what we do and how we do it. It must be rooted in respect for ourselves and for each other, despite the many obvious differences in how we perform our roles within the system.

#### Lesson #3: Teaching is Tiring

I knew this long ago, but I am in awe of how hard teachers in the system are working now. The demands on you are increasing and the need to care for yourself has never been greater. Educational researcher, Ken Leithwood, recently shared his work that indicated teachers, on average, work 52 hours per week! By all means, give to your job in ways that are rewarding, but if you are too tired to enjoy your life, then you will soon become ineffective. The Wellness Program developed by the amazing DOE/NBTA Teacher Counselors and delivered by the dedicated Wellness Facilitators, has never been more important.

Learn to say no, accept that you can never get it all done, and make some time for yourself.

# Lesson #4: We Need to Fight Against the Demons

I believe there are two demons that need to be acknowledged and consciously fought.

The first is routine. Many of you have heard me say that the only difference between a grave and a rut is the depth (can't recall who I stole the quote from!). While early career teachers are craving a bit of routine as a respite from the constantly changing workloads they get assigned, many mid and later career teachers will recognize how easy it is to fall into a safe pattern of repetitive teaching. It can become mind-numbing, and no one who feels like that is doing the best possible job, or is enjoying the satisfaction that comes with trying new things.

The second demon is negativity. It is insidious and can spread from a staff room throughout the school until it permeates everything in the building. The job is hard, as I mentioned, and there are many aspects of it that are frustrating and often beyond your control. I encourage teachers to recognize the futility of getting bogged down in what Rick DuFour calls 'Windows of Blame'. Staffs need to acknowledge when negativity is rearing its ugly head and push it back. One can only stay positive throughout this career by making a very conscious effort to do so.

# Lesson #5: The NBTA is an Amazing Organization.

This may, to some, sound like a self-serving comment, but what I mean to convey is much more than that. I didn't know, I truly had no idea, when I came to this organization 6 1/2 years ago, the depth of work in which the NBTA is involved on behalf of teachers. I had taught 29 years at that time, just down the road from this office, and even though I had always attended those branch meetings, I truly had no idea of how complex, efficient and effective the organization is. I have watched (and marveled) at how the NBTA Board of Directors wrestles with decisions, respectfully but

thoroughly questions and challenges, and moves the organization forward. The Committee structure is a powerful voice for teachers. The carefully cultivated relationship with Department of Ed personnel makes a positive difference and effects greater change than any other effort can.

I have just returned from Canadian Teachers' Federation meetings in Ottawa, and, as always, I felt a sense of pride when comparing our situation here in NB to those of other provinces. Despite being one of the smallest staffs in the country, the NBTA, over the years, has been able to create programs and conditions for teachers that compare would be to suggest to all teachers to get more involved in this organization. Take an active part in YOUR professional association. You will not regret it.

# Lesson #6: Beginnings and Endings are Hard

One of the joys of my work these past years has been working with so many early career teachers. It is a tough profession to work into, and the challenge to survive and thrive is huge. These young (and sometimes not so young) teachers are the future of our profession. They need to be supported, encouraged and nurtured by everyone in the system, not just the mentors. It saddens me when I

hear of beginning teachers who have almost unworkable subject assignments, the toughest classes, a classroom that has been 'raided' of supplies and then encounter a staff room attitude that suggests they 'need to pay their dues.' It isn't frequent, but it is out there. It gladdens

me when I hear new teachers say, "My staff is wonderful... they all seem like my mentors. "

Having worked with many of these teachers, I have been impressed with their knowledge, their desire to learn and their hope to reach kids and bring innovation to the system. I can safely say the future is in great hands.

I knew that beginnings were tough, but I have to honestly say that I had no idea how tough 'the ending' can be. I have watched teachers struggle over the years about when it is 'time' to retire. I apologize to those to whom I was glib in my suggestion to 'go for it...'. I really had no idea how hard it would be to face this chapter, especially when you truly love your work and see yourself in terms of it.

Even for someone who likes to start with that blank page I mentioned earlier, it is daunting to know that this is the end of this particular book, and having loved every chapter (my teaching, my administration and my staff officer work), I know the book is going to end. I know all the clichés about



favourably (or exceed) those of other jurisdictions. Is everything perfect? Well no, but I wanted to take this last opportunity to tell teachers that the work this Organization does on your behalf has made a huge difference in the teaching and learning conditions in the province.

I overheard a mid career teacher from District 14 say not long ago, "I attended the AGM last year and that was the first time I was in our building. It was amazing. I realized that there is a whole group of people working there who are dedicated to helping us! Who knew?" That is what your staff do, and it has been a privilege for me to be part of that.

My friends and colleagues, Jim, Bob, Larry and Melinda are dedicated, hard-working people who, like everyone in our organization, strive daily to serve teachers in any possible way. My right hand, Judy, has made it possible to keep the work organized. Her dedication and efficiency has been a gift to me.

If I may be so bold as to offer advice (and it wouldn't be the first time, although it may be the last!) it

new beginnings, happy retirees and 'busier than ever', and I am sure they are all true. It doesn't make walking away from something you love, an organization where you 'belong' and have tried to make a difference, any easier.

# Lesson # 7: We Must Love, Laugh and Learn

I titled my very first column with these words. I find it appropriate to end my career with them. If you are going to stay well in teaching for the long haul, I believe you need to do three things:

- 1) Love Kids (or at least like them a lot). If you don't truly like the young people with whom you work, then you should do something else. This is the prerequisite for the job.
- 2) **Laugh** (a lot). You need to be able to laugh with your students, with your colleagues and, occasionally, at yourself. It is the ultimate survival skill.
- 3) Learn (continuously). This is like the vitamin supplement, the power gel that can keep you energized and renewed. It is the third essential component to a successful teaching career. When you have stopped learning, it is, in my humble opinion, time to pack it in.

My final wish for the teachers of

New Brunswick is that you will Love, Laugh and Learn throughout your careers.

### Some Post-Turkey Holiday Reading

After the festivities of the season, you may want to browse some of the following:

### **Helping Teams**

One of the challenges that many teams face is creating good communication. At the beginning of any team's life, and again when new members enter, an effective team needs to establish working norms. *The Learning Principal, October 2006* offers a step-by-step process that team leaders and administrators can put to use to help teams go through this important process. Creating Norms is ready to use.

### **Lesson Study**

I have written a number of times about Japanese Lesson study, a professional development approach that originated in Japan but has been embraced by teachers and schools throughout North America. Use Lesson Study to Hone Your Teaching Skills (NJEA Review October 2006) gives a step-by-step explanation of the process and why it is being used by many teachers as a rich PD experience.

### Writing Ideas

Think Before You Write (Educational Leadership October 2006) outlines a writing for understanding process. For the Sake of Argument (same issue) is geared toward high school classrooms and promotes thinking skills as a precursor to writing. Two other articles, Task, Text and Talk: Literacy for All Students as well as Where's the Content? both focus on literacy skills across the curriculum. This entire issue is an excellent source of good ideas .

#### Middle Schoolers

Two interesting articles would have been useful to me in my middle school days: Metaphors are Key (Middle Ground, October 2006) is great for Language Arts teachers, and Humour in the Classroom (same issue) is food for thought for all teachers.

#### Welcome to Ardith

I want my final words to be a welcome to Ardith Shirley, your new Director of Professional Development. I know you will enjoy working with her and that she will add new dimensions to the work of the Association. I am sure she will love the work as much as I have.

# "Thank you" to Nancy Roach!

ife can change in a handshake, taking a turn down a path otherwise unknown. A smile, a greeting, a simple acknowledgement of another person may lead to new adventures in learning. Our words hold power, our conversations have the potential to encourage or dissuade.

Such preamble introduces a tribute to a woman who understands this art of genuine and thoughtful communication — communication which has the ability to empower an army of effective and growing educators within our province.

Nancy Roach is a mentor, friend, and inspiration for myself and such

a number of New Brunswick teachers—too many to count. Nancy has contributed as a lead gardener, planting the seeds of growth throughout the province.

A dedicated researcher of best practices, Nancy has been key in spreading this knowledge with others—and she always shares it with style, grace, and an enthusiasm that is infectious.

Nancy has mastered the art of positive and encouraging communication. The seeds of her message are embedded in this approach, enabling these ideas and practices to be cultivated and left to grow within keen teachers who are

the new landscape of education.

PROFOUND: This is the effect of her interactions and conversations. PASSIONATE: This is how she feels about cultivating strong students and teachers alike. POWER: This is the result of her intelligent combination of research and the delivery of this research.

Nancy has a way—as she is no respecter of persons—to make each person she encounters feel like he or she is important. This is genuine. Teachers across the province speak of her as friend. One of her greatest services to teachers is modeling this ability to genuinely interact and care for people.

Her model will continue to change us, prompt us, encourage us to take risks, remind us to reflect on practices, and support each other in a positive and collegial fashion.

This is what Nancy Roach has provided for us, intentionally planting the seeds of knowledge and collaboration. She is a naturally generous person, accompanied by the wisdom to have cultivated these qualities in others, all for the purpose of spreading support throughout our field of education.

Many thanks to you, Nancy, from all of us, and Middle Level Council in particular, for guiding us, correcting us, supporting us, laughing with us, dancing with us, challenging us, and above all, for modeling the craft of planting the seeds of learning in those who surround us. Although we carry thoughts of you with us, we will miss your presence dearly.

Tanya Whitney MLC Past President

# Children's Wish Foundation Volunteer Acknowledged

The New Brunswick Chapter of the Children's Wish Foundation recently visited the NBTF building to honour the efforts of NBTA employee, Judy Deveau. Judy has been a tireless volunteer for Children's Wish for many years, and Chapter Director, Gerry Beresford, presented her with a unique handmade plaque to acknowledge her efforts.

In announcing that Judy was the third highest fundraiser for the Atlantic Canadian region and third highest in Canada, he remarked how she does this "because she has a big heart. She expects nothing in return." Her effort garnered over \$11,000 in funds this year alone. She is responsible for one complete wish for a family of four from New Brunswick who will visit Disney World this year. This will be number 500 for New Brunswick.

In accepting the honour, Judy expressed her thanks to the staff of

the NBTF building who responded to her many and varied fund-raising efforts. Fifty-fifty draws, raffles, sales of ice cream bars and other initiatives throughout the year were greeted with support from the many employees of the building and the elected representatives of NBTA Executive, Board, and teacher committees.

"I also want to acknowledge the schools' efforts," Judy stated. "It is the tremendous effort of schools who held penny drives, dress down days, and so many other wonderful things that made this possible. It is they who should be thanked, not me!"



Judy has already begun her work towards next year's drive for funds to support the Children's Wish Foundation. If your school would like to participate in any way, please feel free to contact Judy at deveauj@nb.aibn.com.

# IT'S NOT OKAY...





# ... to tell a "gay" joke in the classrooms, staffrooms or hallways of schools in New Brunswick!

If this is happening in your school, you have a professional obligation to address it.

If you have concerns or need help, contact your employer and/or the NBTA.

- Inserted by NBTA Equity in Education Committee

DECEMBER 2006

### **Elementary Council News**



### "... for the children of New Brunswick"

he Beaverbrook Art Gallery was a fitting site for Roberte Melanson's Elementary Council Institute "Printmaking for Elementary Teachers". Before reaching the still new art education centre in the lower gallery, teachers were greeted with a display of school art from Nackawic Elementary School and then proceeded to learn the same printing techniques that the students had used in many of the pictures on display.

In the lower gallery there were also works by professional artists that had been stencil printed or printed from an engraved and inked plate that Roberte then taught us about and allowed us to practice. This





adult art making was enriched by hints and suggestions for how to manage these processes in the classroom, and practical problems were addressed and resolved.

Participants were treated to a guided tour of the gallery, and this tour fed further art making in the afternoon. One of the most satisfying parts of the day was making a small edition of prints, then giving and receiving examples of each other's work. The small collection of works I carried back were soon displayed on the Pride Board in my school. Proof positive that I had been part of some worthwhile PD.

Peter Gorham Nackawic Elementary School

# **Printing in the Elementary Classroom**

(An Institute for Elementary Classroom Teachers – Sponsored by Elementary Council)

When: Friday, January 12, 2007

**Where:** Bathurst Heritage Museum, 360 Douglas Ave., Bathurst, NB.

**Presenter:** Roberte Melanson, Artist & Art Teacher

Albert Street School, Fredericton

This full-day institute will explore print-making methods and practices to help teachers use printmaking as an art medium in the regular classroom. We will also have a short tour of the Heritage Museum. We will be making prints to take back to your classes, so please wear or bring appropriate clothes. We will enjoy coffee and nutrition breaks on site. Lunch will not be provided. It is the responsibility of each participant to arrange for leave, travel and accommodations.

### Registration

Please email the following information to Donna Losier, donna.losier@nbned.nb.ca

- Name Email address Teaching assignment School
- School fax number Home and school phone numbers
- Also, please let us know if you are a member of the Elementary Council.

Please register early as there will be only 20 participants and it will be on a first-come, first-serve basis.







# May 4, 2007 - Leo Hayes High School

# December's featured presenters teach at: George Street Middle School

Lucie Davis
Chantal Francoeur
Ron Jessome
Josee Lebouthillier
Ann Manderson
Lise Martin-Keilty

Their sessions will provide you with practical strategies to make science, social studies and français fun and interesting for you and your students. You will also have the opportunity to gain some insight on a variety of behavioural issues and how to deal effectively with them in the classroom.



# Bring out your inner C.S.I.!

(see below...)

### Wellness - Sudoku Puzzle

8				3		5		
4	6	5						
	7			5	4		8	6
				4	8			5
		6				4		
7			2	1				
2	3		4	8			5	
						8	2	1
		8		7				3

Brought to you by Middle Level Council



"The Place to Be!"

# The "Middle School Code"

Follow the clues in this and upcoming issues of the NBTA News to solve the Code.

Once you have all of the clues, bring them with you to Leo Hayes on May 4th.

If you are the first to open the lock, you will find a prize inside.

#### Clue #1

The first number in the combination can only be obtained if you know the last two digits of the year St. Louis hosted the Olympics.

### **Attention Physical Education Teachers!**

Middle Level Council is pleased to announce the following presenters:



Monique Allain Garth Wade Lynn Randall & Tayne Moore



## — Our Time of Remembrance —

n November 10th the Campbellton Middle School community joined Canadians everywhere in paying homage to the women and men who have served in the past and those who continue to serve in the Armed Forces to protect our rights and freedom. Paying tribute to our Veterans and their sacrifices has always been important to our school community. This year's "time of remembrance" however, was particularly moving to all who were present.

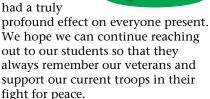
Our sizable contingent of cadets (Air, Army and Sea) opened and closed our ceremony with impressive

March Passes. On previous Remembrance Days we have honoured the veteran alumnae of CMS by reciting an Honour Roll. This year we drew upon the technical skills of former and current CMS students to share a power point presentation, which included photographs of the veterans and short biographies. As each person's photo was displayed, a child placed a cross at the cenotaph set up in our gymnasium. We were also fortunate to have a former CMS student offer to play "The Last Post" on the trumpet before and after our two

minutes of silence. In an effort to communicate the reason for, and importance of the moment of silence, we presented a thought-provoking Terry Kelly music video entitled "A Pittance of Time." We were thus able to effectively relate our message using an influential "youth culture" medium.

Those gathered also had the opportunity to hear a current CMS teacher from France speak about the profoundly positive effect the efforts of our Armed Forces had on him, his family and his country during World War II.

Based on the reaction of the student population, the staff and others present, this year's ceremony had a truly



John Mihaljevich Grade 6 teacher, CMS

### **Back to School**

by Pierre Plourde, George Street Middle School, Fredericton

I was asked to write a short article on the experience I have had on returning to a school as principal after several years of working for the Department of Education and at School Districts.

Let me begin by stating there is plenty of work to be found and done at any level of our educational system. My experience has been, regardless of position, the life of an educator is busy with constant demands and pressures. If one truly believes in helping New Brunswick's educational system, there are many things that can be done and there are plenty of people who are working to full max for the betterment of education in our great province.

It is neither the amount of work nor the importance of the work that distinguishes the positions I have held. But there are clear variations. The first that comes to mind is who and what dictates your work time demands. Within a school the demands are immediate, and on many occasions, catch you by surprise and can dominate quite a bit of time you planned on devoting to something else. Though that situation could and did happen during my tenure at central office (whether it be district or provincial), it was never as frequent or with the same level of immediacy. Middle level children and the situations they get themselves into often demand quick and thorough

responses. It is tougher now for me to stick to a pre-arranged schedule as I was accustomed to at the provincial and district level. Plus, as principal, I find myself obligated to work more closely with my colleagues (all 65 + adults that work within our building).

Another difference between positions at district/province and within the school is the fact that you



can actually see the impact you are having on children. Though I believe (I wish) that some of the work I accomplished at the Department of Education and at the District affected many children, it was difficult to gauge and you rarely did see the difference in the life of a child. At George Street Middle School, each and every day I see not only the impact I am having on our kids, but the influence the staff is having on shaping their lives and education.

It is truly a marvel to experience the transformations children undergo when they are in the guidance of great teachers. In eleven short weeks I have witnessed: eight young girls organizing a fundraiser for Cancer Research, a child read a complete book for the first time, a student experience a personal best during a cross-country race even though he ran the race like he was driving a car (zig-zagging) and covering more ground than any other athlete, a student learning to say no to bullying, a student win a national award for Canada Flag Day, five grade eight boys organizing sock-hops as a response from their peers for more activities at lunch time,... and the stories go on and

For me, the difference between working at the school level compared to the other levels has to do with kids. At the school, you are working with and for "kids". At the Department and district level you are working in the best interest of kids but rarely with kids. That was the part I missed the most while working at the other positions. All levels have been a growth and rewarding experience. I would recommend the opportunities to anybody for it has been an enriching professional experience, but I did miss working with kids. It was working with children that got me into the business and it is where I am happy right now.

# Celebrate What's Right at Sussex Middle School

by Deborah Freeze

ake a peek inside a window at Sussex Middle this year and you might be surprised to find some interesting changes that appear to be pleasing for both students and staff!

You might spot all students and staff wearing brightly colored Tshirts with Sussex Middle School prominently visible on the chest. These T-shirts are indicators of the new "house" teams that are composed of groups of students from all three grade levels - 6, 7, and 8. These "house" teams - with many interesting names like the Rednecks, Irish Green Grass Stains, Navy Seals, etc. have been competing for House points since the school year began. Activities such as a Tug-of -War, Terry Fox run, magazine campaign competitions, open house for parents, soccer intramurals, and Home and School membership drive have been gaining points for team participation. Students also gain points for their teams by participating in other school activities. House activities are a great opportunity to use our Healthy Living grant to treat the students to fresh fruits and vegetables. Many more events are planned for the school year!

As you enter the school in the morning, a pleasant smell wafts down the stairs from Room 344 – someone is cooking pancakes for breakfast today! The Breakfast Club provides a nutritious breakfast every morning for students who, for any reason, have not had breakfast at

home. Drop in and you will see a cozy relaxed atmosphere where students have a great start for their day of learning! Breakfast Club is run by staff, student, and parent volunteers.

Several teachers also open their classrooms in the morning before classes begin for games, chess, quiet

reading and study. Why not challenge a friend to a game of Scrabble? Who just proudly called "Checkmate"? Come on into the "Oasis' – a quiet, safe haven for all.

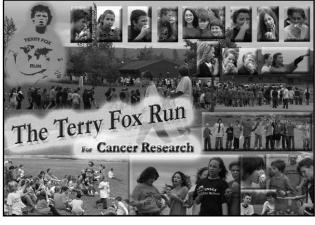
A stop at Sussex Middle during the noon hour would find you in a dilemma as to which activity to attend!

The sound of drum beat might tempt you to join in the Ayiko percussion group that meets weekly – a great way to have fun with rhythm! The school is also alive with the sound of music as choir voices float through the building.

Does the thought of eating "Brains and Dip", "Frankenstein Fingers", and "Worms in the Dirt" make you feel nauseous? Not so for the SMS Culinary Club, who made these and many other yummy foods in preparation for Halloween.

If trick photography or face painting interests you, you might learn some new ideas at the Art and

Craft Club. "Solid Rock", a club to recognize the spiritual needs of our students is popular with many students. The school newspaper "The Stinger" is published monthly a showcase for student writing and art. Some caring students belong to "Peer Helpers" and learn how to aid



other students in the school who may need a friend.

There is always something to do during the noon hour at Sussex Middle School.

In the SMS classroom you could find teachers and students practising "Mental Math" during the new math enrichment period for the whole school.

In the literacy enrichment period, students may be found having fun with reading activities and receiving rewards for reading books or for outstanding writing, as part of the LEAP (Literacy Enrichment Activity Period).

You might see teachers or students completing "Caught you Being Good" forms. "Student of the Week" recognizes those students who are learning to be good citizens.

What might you see in the gym? A dog, a firefighter, and an RCMP officer? No, there is no emergency – it is Career Week at Sussex Middle and many community members are in our school to talk to students about their careers.

After the 3:10 bell rings, you will find many students taking part in after-school band and athletic events. Thanks to all the staff and parents who volunteer their time to make a difference in the lives of the students of this school.

Sussex Middle School, home of the "Stingers", is a beehive of learning and activity. We will continue to celebrate what is right with our school as the year continues!



### **Pictures of Shenzhen**

This July, I was privileged to have been able to attend the 2nd annual Nanshan International Children's Art Festival in Shenzhen, China accompanied by four art students from Miramichi Valley High School.

What a trip it was! We had so many wonderful, strange, uncomfortable, stunning, hilarious, frustrating, and amazing experiences. I, for one, had never even flown before, let alone traveled to a different continent, so you can imagine what a great adventure it was for me.

We had only six weeks to prepare our passports and Visas and learn to use chopsticks. Nothing could prepare us, however, for "Real China". Our first experience with "Real China" was to realize that it was "real hot" in July. My advicecotton is good, polyester is bad.

We had to learn many things very quickly, including how to cross the street (an adventure on its own),

how to bargain in shops, how to eat with unfamiliar utensils, and most importantly, how to use a Chinese toilet. I will not go into detail... but ladies, skirts are your friends.

In the weeks before our trip, the girls and I scanned Shenzhen using Google Earth, which gave us an idea of how huge the city was. I wanted to prepare the students for a big city with

many buildings, something New Brunswick students might not be accustomed to. My vision of this voung, booming city was a crowded concrete jungle. I was pleasantly surprised when my first glimpses of Shenzhen revealed more jungle, and less concrete. There were plants everywhere, vines enveloping

overpasses, shaded streets, more vines hanging or climbing, and tropical flowers gracing traffic islands and hedges.

The big picture of China, her cities and landscape, was of course stunning, but the little picture was, for me, just as memorable. I have snapshots in my mind that I will carry forever; a beautiful young woman chicly dressed, shoes and all, for work, perched on the back of her husband's bicycle, talking on her cell phone and eating an Egg McMuffin... or a little boy, about four, swimming in his underwear in a public fountain in the afternoon heat...or a bunch of regular guys sitting around a simple supper table after a game of football showing me pictures of their wives and babies ... a very young looking doctor who, after extracting a fish bone from my throat, sits gluing papers together with a jar of paste and a brush. These are the little things, good or

I made two albums of photos from our trip, but they don't compare to the pictures my students and I will carry in our hearts forever.

bad, that we really remember from

Theresa MacKnight Miramichi Valley High School





# **Council Day Presenter Application Deadline**

The deadline to submit your application to be a presenter at High School Council Day on May 4, 2007 in Miramichi is December 8, 2006.

> If you would like to present a session (or two, or three), please send an e-mail to:

derek.taggart@nbed.nb.ca or angela.murphy@nbed.nb.ca.

We will send you the necessary forms.

# Mark Your Calendars! Council Day - May 4, 2007

trips, aren't they?

• Elementary – Saint John

• Middle Level - Fredericton

• High School – Miramichi



# "Up to Griffin Standards" -Raising the Bar with Technology in the Classroom

Robert Griffin has been teaching high school Language Arts at Grand Manan Community School for many years. Over the last 6 years, his classroom and his teaching practices have transformed from traditional to constructivist. Mr. Griffin uses computers in his classroom as many other teachers do; however, he and his students have gone far beyond the ordinary. Microsoft recognized his new way of teaching recently when he was chosen as one of five educators in Canada to receive the Microsoft Innovative Teacher Award. Anna Marie Duguay from Harry Miller School will be joining him to receive a Microsoft Innovative Teacher award. With this honour. they traveled in November to Philadelphia, to meet with other innovative teachers from 45 countries from around the world.

Mr. Griffin has been recognized many times for his achievements. His school was inducted into the Network of Innovative Schools in 2003, he was the recipient of the I.T. Community Hero Award in 2004, he

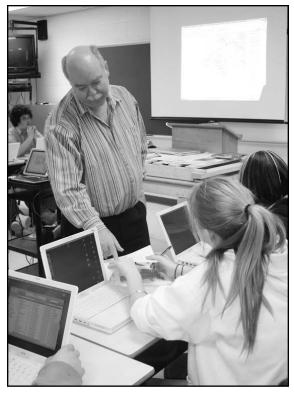
was part of the Hewlett Packard Technology for Teachers and Technology Leadership teams in 2004-06 where he presented at an International Conference on technology, and he was awarded the title of "Fellow of the School of Graduate Studies" from Memorial University this fall.

To look into Mr. Griffin's classroom, you would see students using technology as a tool in nearly every part of their daily activities. Using desktop and laptop computers, they look to lessons that Mr. Griffin has posted online, create presentations that illustrate their knowledge, submit work for feedback into electronic drop boxes, and they take tests

online. Mr. Griffin says, "When

writing journals, students are more than twice as productive as they were using pencil or pen". He can provide feedback to students electronically as a means of formative evaluation.

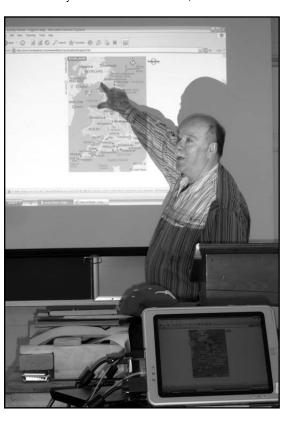
This year for the first time, Mr. Griffin's students will have the option of using notebook computers for their grade 9 Provincial Language Arts Assessment. Just a few schools have been asked to evaluate this procedure for the Department of Education. Already, Mr. Griffin has run a mock assessment to make sure that they are ready. He doesn't anticipate any problems because, "students are well prepared to do testing with the aid of technology as they have been doing this in my class right along".



What are the benefits of using technology in Mr. Griffin's classroom? Writing tasks are more productive, students spend less time with busy work and spend more time making revisions, and improving their skills. Last June, 88% of graduating students planned to go onto post-secondary education. This was by far the highest percentage on record. Many former students email Mr. Griffin to thank him for preparing them so well for university.

Microsoft was so impressed with the delegation of Canadians that they are sending them to Cambodia during March Break, to the Asian Innovative Teachers' Conference where they will be presenters. You can view one of Mr. Griffin's online lessons to learn a little bit about the Geography of Grand Manan at: http://gmcs.nbed.nb.ca/6615/ index.htm

> Submitted by: Andrew Jones District #10 Technology Mentor Gand Manan Community School



# REMEMBER THESE DATES



### Deadline Dates

**Conference Grants** — Five weeks prior to opening day

**Certification Changes** — March 31, 2007

**Branch Nominations for NBTA Vice-President** – February 1, 2007

**Deferred Salary Leave Plan Application** — January 31, 2007

#### **Election Dates**

- (a) Ballots mailed to Branch Presidents On or before April 15, 2007
- (b) Voting to take place April 23-27, 2007 inclusive
- (c) Ballots returned to Central Office by 5:00 pm May 4, 2007
- (d) Counting of Ballots May 9, 2007
- (e) Candidates notified May 9, 2007

NBTA/Beaverbrook/Hagerman Interest-free Loans — March 31, 2007

**Centennial Award Nominations** — April 1, 2007 **Aliant Award Nominations** — April 1, 2007 Outstanding Educational Leadership — April 1, 2007

**Branch Resolutions for A.G.M.** — April 1, 2007

A.G.M. Registration of Delegates — April 1, 2007

**Employment Insurance Rebate Report** — June 1, 2007

**Registration of Branches** — June 1, 2007

**Report of Branch Meetings** — June 1, 2007

Names of Branch Committee Chairpersons — June 1, 2007

**NBTA Council Annual Reports** — June 15, 2007

NOTE: Check with NBTA Personal Calendar for key activities within NBTA, NBTF and CTF.

### **OTHER IMPORTANT DATES ←**

**NBTA AGM** — May 25-26, 2007

**Retiring Teachers' Luncheon** — May 26, 2007

# CAHPERD-ACSEPLD NATIONAL CONFERENCE • CONFÉRENCE NATIONALE



# AJUSTER LES VOILES VERS UNE VIE SAINE ET ACTIVE



Moncton, New Brunswick
Université de Moncton, Campus de Moncton
May 9-12, 2007 9 au 12 mai 2007

Presenter information packages available on CAHPERD website: www.cahperd.ca or contact Keith McAlpine: keith.mcalpine@gnb.ca

Renseignements concernant l'appel de présentations sont disponibles sur le site web de l'ACSEPLD: **www.cahperd.ca** ou en communiquant avec Rachel Schofield Martin à: schorach@nbed.nb.ca









# Returning to School: A Rewarding Experience

Veronica Murphy has been teaching for 25 years and is a staff member at St. Rose School in Saint John. In her 23rd year, she decided to 'go back to school' and enrolled in an M.Ed program at UNB which she is completing this year while on Educational Leave. She shares her story in the hopes that it will encourage others to re-engage in formal learning.

o back to university? How would I fit that in?" I know most of us teaching cannot even begin to imagine adding one more thing to our plates. For me, the thought of starting university classes after 23 years was beyond my realm of possibilities. I had frequently taken courses the district offered in my field of second language teaching, but there were times I could not fit those in, due to family responsibilities. Yet, the goal of doing my Masters was always one I wanted to attempt.

There may be those who would say that raising four teenagers would be an insurmountable obstacle in pursuing the Masters program. In fact, without their computer skills, and "You can do it, Mom", I do not know if I would have been able to complete this goal. The family roles were reversed, as they asked me about my marks. Everyone should experience the joy of coming home and announcing an "A" grade to the

cheers of the whole family!

The entire journey has been absolutely amazing. The professors

bring their knowledge of theory and offer the benefits of their experiences in the field of education. For the most part, listening to them is like being at PD sessions you are happy you attended.

I would have to say

that having the opportunity to work with colleagues from all over the province, ranging anywhere from young, novice teachers to veterans like myself, has been my favourite part of the degree. I absolutely loved discussing teaching and

"... having the opportunity to work with colleagues from all over the province, ranging anywhere from young, novice teachers to veterans like myself, has been my favourite part of the degree."

administrative strategies. For the first time in my career, I have had the time to reflect on the work that we, as professionals, do for our students. It has been phenomenal. I have enjoyed listening to teachers and administrators discuss new teaching methods.

mentoring, team teaching, peer coaching, etc. I believe with the development of professional learning communities in our school, the success of our students' learning can only improve.

So, if you are a tiny bit inclined to return to university and upgrade your certification, let me tell you, it can be done. The NBTA Credit Union is willing to lend you some money. You can apply for an educational leave (I was fortunate to receive 4 months). Your family can survive on take-out pizzas when you are out at a class; and yes, you can even do statistics, if the mood strikes! Hopefully, you will have a supportive staff, which stars in videos if necessary (thanks Saint Rose), a principal who lends textbooks and encouragement, and a mother-in-law who prays. With the help of a willing husband, extended family, and support from many sources, I hope to complete my course work in December and graduate in May.

Veronica Murphy, District 08

www.scienceeast.nb.ca

# SCIENCE



EAST

# Play...Discover...Learn

Free Touring Science Exhibits
Portable Digital Planetarium
PD sessions for Teachers
Science Demo's

Enrichment programs/After School Programs
Science Fairs

Many more programs to help teachers engage students

Science East; Fredericton & Traveling the Province 506.457.2340

science@scienceeast.nb.ca

### Fish Friends Can Be Found in a School Year You

More than 600 schools from St. Anthony's, Newfoundland to the Connecticut River Valley in New England, now participate in the Atlantic Salmon Federation's Fish Friends. This volunteer-driven program, teaching students about the importance of habitat, conservation and preserving natural resources in their own backyards, has become a mainstay in many classrooms since its inception in 1993.

New Brunswick is home to more than 100 Fish Friends schools; many of which have participated in this ASF education program since its creation. The program's integrated curriculum is enhanced by the hands-on experience of observing and caring for salmon eggs and the tiny salmon babies as they grow and develop in their classroom incubators. Students and teachers, alike, love this aspect of Fish Friends. During the salmon's in-school time, students learn about watersheds, environmental



stewardship, and a wide range of issues facing aquatic life before releasing them into nearby rivers as young fish.

Teachers and students are encouraged to visit ASF's website (www.asf.ca) for more up-to-the moment information to enrich the program. All aspects of and issues facing wild Atlantic salmon are covered, including information on

the endangered populations along the Bay of Fundy and Gulf of Maine, acid rain in Nova Scotia, ASF's leading edge tracking research to determine why salmon are failing to return in adequate numbers. This research is now been conducted as far north as the Strait of Belle Isle between Labrador and Newfoundland.

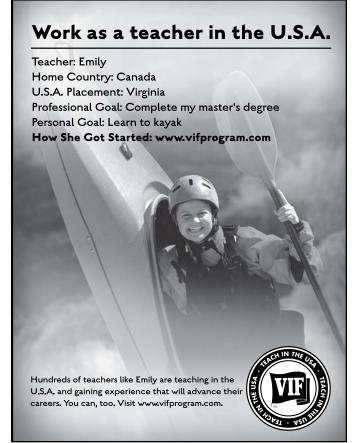
ASF relies on volunteers to assist with Fish Friends egg deliveries, classroom visits, and fry releases in the spring.
Volunteers are always in demand

- please contact us if you know of someone who might be interested in helping with this educational program. For more information on Fish Friends or our Volunteer Program, please contact ASF:506-529-1384 or e-mail:

#### asfcc@nb.aibn.com

Teachers – Look for your Fish Friends Newsletter in the New Year.





# CALLING ALL K-3 TEACHERS

Please help us research the relationships between teachers & students with exceptionalities.

If you are a general education teacher (K-3) currently teaching a child with a SEP, please email aimee.yazbek@unb.ca or call Aimée @ 506-450-3391.

Teachers will be provided with a small gift for participating.

This study has been approved by the University of New Brunswick's Research Ethics Board.

**Paid Advertisement** 

# Sexsmith Honoured for Excellence in Teaching at UNBF

Creativity, enthusiasm and compassion are just a few of the reasons why Philip Sexsmith is the recipient of the 2006 Allan P. Stuart Award for Excellence in Teaching at the University of New Brunswick in Fredericton. He was honoured at the university's fall graduation ceremony.

Prof. Sexsmith spent the early part of his teaching life in public school. He inspired middle-and high-school students to reach academic, musical and dramatic heights they didn't know were within their grasp. In the process he inspired and entertained the community

with ambitious student musical productions. His own reach was prodigious and his colleagues maintain he could reach even unreachable students.

"He believes there is potential for greatness in every student. Philip consistently models respectful, innovative, and thoughtful teaching methods and classroom management techniques..."

He brings this respect, compassion and appreciation for his students and his profession to his position as faculty associate in UNBF's faculty of education.

"His students mention how much

attention Philip pays to his teaching," said Marian Small, former dean of education. "He is constantly trying new approaches, always telling them why he is trying those approaches, and consistently asking for feedback."

Prof. Sexsmith was nominated for the award by one of his students.

"I nominated Philip Sexsmith for this award because of his talent and enthusiasm for teaching and reaching all young people," said Rebecca Doige, an education student. "He believes there is potential for greatness in every student. Philip consistently models

> respectful, innovative, and thoughtful teaching methods and classroom management techniques. He takes a genuine interest in his own students and never tires of offering advice and encouragement. He is a model teacher who loves to learn."

In the citation she read at graduation, Mrs. Doige said that Prof. Sexsmith creates a safe and positive learning environment and he practices what he preaches as a teacher educator. "Because he is a teacher of teachers", she said,



**Philip Sexsmith** 

"untold numbers of New Brunswick school children will benefit from his skilful and dedicated work in the classroom."

"This is probably one of the nicest gestures I have ever experienced," said Prof. Sexsmith of his award. "It means even more to me because it came from the students with whom I work every day. It's truly humbling."

The Allan P. Stuart Award for Excellence in Teaching recognizes outstanding teaching on the basis of nominations from students and faculty members at UNB. It is named in honour of Allan P. Stuart, a respected UNB professor of chemistry from 1946 to 1973 and one of the first recipients of an excellence in teaching award at the university.

(UNB News Release)

# **Educational Improvement Grant Funds Depleted**

Teachers should note that due to high demand, the funds for NBTA/DOE Provincial and Elementary and High School Council Educational Improvement Grants (i.e., for conferences and other professional development) have been depleted for activities taking place between now and December 31, 2006.

Applications can be made at any time for NBTA/DOE Provincial funding for activities taking place after January 1, 2007.

\* Please note the **Middle Level Council** funds have been depleted until June 30, 2007.

# Jacqueline Roy-Patterson Receives "Excellence Professionnelle en Immersion au Canada"

This is to congratulate Jacqueline Roy-Patterson from School District 16, Miramichi. Jacqueline received the certificate of "Excellence Professionnelle en Immersion au Canada". The certificate was presented at the National Conference of Immersion Teachers on Friday, October 27,2006 in Saskatoon, Saskatchewan. This certificate is presented to teachers who have shown excellence in education in Immersion. The Association of Canadian Immersion Teachers usually gives up to five certificates a year. These are allocated to the five regions such as:

- Atlantic (N.F, P.E.I, N.B and N.S.)
- Québec Ontario Center (Manitoba, Saskatchewan and Northwest Territories) • West (Alberta, B.C and Yukon). Only two teachers this year received the certificate and Jacqueline Roy-Patterson is the recipient for the Atlantic region.

Madame Roy-Patterson has been teaching for 32 years. She has devoted most of her career in the

French Immersion area. She was the first teacher to start the first grade one French Immersion class in School District 08 which is now school district 16. Since the beginning,

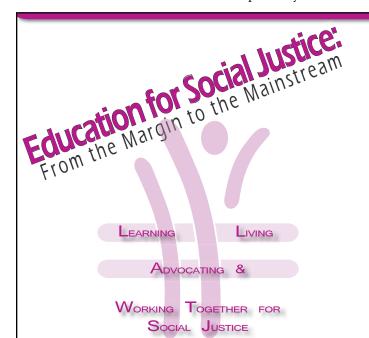
Mme. Roy-Patterson has always been involved in improving the Immersion Program in the Miramichi area. She has shown great leadership throughout her career. She took the position of French coordinator for few years at the beginning of her career. She has presented many national and Fletcher. provincial in-service for French Immersion teachers. She is continuously working/getting involved in new programs that could be helpful in learning French as a second language. She has written many books for her students so they would enjoy learning a second language, and the list goes on. She is presently the French Second



Jacqueline Roy-Patterson receives certificate of "Excellence Professionnelle en Immersion au Canada" from CAIT/ACPI President, Daniel Eletcher

Language Co-coordinator in School District 16.

Mme. Roy-Patterson is known as a dedicated teacher. Her passion for the teaching profession is remarkable. Congratulations, Madame Roy-Patterson for the merits of "Excellence Professionnelle en Immersion au Canada".



A Canadian Teachers' Federation Conference May 4 - 6, 2007 - Ottawa Marriott Hotel

> LIEUTENANT GENERAL ROMÉO DALLAIRE

> > JIM CUMMINS

HENRY GIROUX

Mary Gordon

Tom Jackson

DEIDRE KELLY

Douglas Roche

Paul Shaker

REGISTRATION FEE: \$428 • EARLY BIRD: \$321 (BEFORE DECEMBER 21, 2006)

VISIT WWW.CTF-FCE.CA FOR A REGISTRATION FORM AND PROGRAM DETAILS.

# Skills for Administrator Series: A Workshop for School-Based Administrators

Sponsored by the NBTA, School Districts and the Department of Education

# Your School's Public Image: Making It Work

e: Almost Full!

Date: Tuesday & Wednesday, January 23-24, 2007

Location: NBTF Building, Fredericton

**Facilitators:** 

Duncan Matheson, Bissett Matheson Media Consultants Nancy MacIntosh, Principal, Tracadie Cross Consolidated, PEI

**Participants:** Open registration – Max. 40 **Registration Deadline: January 15, 2007** 

School administrators know all too well the importance of a positive public image for your school. This two-day session will provide an opportunity to work one day with a media specialist who will share strategies for dealing with the media in proactive ways, for responding to media in crisis situations, and for making the most of media opportunities. On day two, a school-based



administrator will facilitate the sharing of tried and true ways to create a public relations approach that will help your school project its best image to the public.

# Share the Wisdom: A Workshop for Early Career Administrators (repeat of program from 2006)

Date: Wednesday & Thursday, March 21-22, 2007

**Location:** NBTF Building, Fredericton **Facilitators:** Veteran Administrators TBA **Participants:** Open registration – Max. 40 **Registration Deadline:** March 14, 2007

If you are an early career principal or vice-principal, you will appreciate the opportunity to learn from those who have walked in your shoes for many years. A series of veteran administrators will facilitate



this workshop, sharing their experiences and expertise in areas such as school improvement, staff relations, parent communication, organization hints and other topics related to the challenges, polices and people that fill your day. (preference will be given to administrators who have been in administrative positions for fewer than 7 years)

Please fax the registration form to: Nancy Roach, Director of Professional Development, NBTA, at 506-453-9795. (Ardith Shirley after January 1, 2007)

# Skills for Administrator 2006-2007

Name	:
Schoo	ol:
Email	:
I wish	to register for (check):
	Your School's Public Image: Making It Work (January 23–24, 2007)
	Share the Wisdom: A Workshop for Early Career Administrators (March 21–22, 2007)
	ing For Learning: What Should It Look Like in Your School? (May 8–9, 2007)

You will be emailed with a confirmation of your seat.

# **School Sport is Different**

chool sport is a vital part of school life and its primary purpose is to support the educational objectives of the school. No one can deny that participation in school sport programs offers opportunities for personal growth and development that are not readily available in a classroom.

The NBIAA believes more work is needed to protect the educational role of school sport.

When educational objectives are superseded by sport objectives, coaches and other program leaders fail to see the large picture and instead focus on the immediate goal of winning or gaining an advantage over the other school.

Today, more then ever, we have non-teachers coaching our school teams. As we lose the presence of educators in our programs, it becomes a much greater challenge to ensure that educational values and objectives remain the priority.

It is not reasonable to encourage non-teachers to coach and expect

them to achieve the educational objectives of the school without school authorities providing the appropriate direction and support. While there are a great many very competent non-teacher coaches involved in our programs, they need

"The erosion must be stopped... we have to maintain the "School" in "School Sport"..."

the school's guidance and active involvement in order to achieve the educational objectives of school sport and to enhance their overall understanding of the role of these activities in the personal growth and development of our students.

Administrators of our schools must have serious teacher liaisons in place to oversee the program from an educational perspective and to act as the school supervisor for the students involved. With the teacher liaison in place, the connection

between the sport and the school is strengthened.

In some cases, programs which are coached by non-teachers, funded by parents, and scheduled away from school hours are school programs in name only. When there is very little direct attachment to the school, programs are in a weakened position to pursue the educational goals we claim are integral to school sport.

The erosion must be stopped... we have to maintain the "School" in "School Sport" and recognize and address those programs which do not support the educational goals of the school.

Schools do not have to be all things for all people... Schools have to educate – and that means ensuring that all programs conducted in the name of the school are meeting educational objectives first and foremost.

For further information, contact: Peter Corby, NBIAA/ASINB, Executive Director, Tel. 457-4843, Fax 453-5311.

### MAKE A DIFFERENCE FOR THE EARTH



### TAKE THE GREAT ECOKIDS CHALLENGE!

To find out how your school or youth group can take action and win GREAT PRIZES from SONY visit:

### WWW.ECOKIDS.CA



Prizes from SONY include: a Vaio Notebook Computer, a Handycam Camcorder, and a Cyber-shot Digital Camera!



# **Great EcoKids Challenge**

Earth Day Canada and the EcoKids program invite all schools and youth groups in Canada to participate in the sixth annual Great EcoKids Challenge. The Great EcoKids Challenge is a nation-wide contest providing schools, extracurricular clubs, and youth groups with an opportunity to take positive environmental action and improve the state of their community, school and ultimately the environment. The top three applicants will be awarded for their achievements with a Sony Vaio notebook computer, digital camera, and handycam camcorder.

The EcoKids website, **www.ecokids.ca**, is an innovative, interactive environmental website for children, their families, and educators in Canada and around the world.

The deadline for the *Great EcoKids Challenge* is **May 11, 2007**.

# Parents Helping Parents to Prevent Drug Abuse as Part of National Addiction Awareness Week

The Canadian Home & School Federation (CHSF), the country's first established voice for parents, is busy helping parent leaders across New Brunswick to inform parents of resources available to help raise awareness of and prevent substance abuse.

The national project is bringing high quality information to parents across Canada. With funding from Health Canada's Community Initiatives Fund, CHSF had an expert gather together the best resources for individual parents, for parent volunteers and for parent leaders.

These resources include fact sheets and tips for parents, how-to manuals and programs in areas such as Safe Grads and Mentoring for parent volunteers and advice on mobilizing parents and advocating for better school and community programs for parent leaders.

Cynthia Richards, President of the NBFHSAI, has welcomed the chance to inform parent leaders:

"Parents and school staff are often unaware of the resources and excellent programs available to them; community and addiction services groups sometimes struggle to get their information to the parents. We are hopeful this project will



help to bridge that gap and provide support to our parents. It is important that credible information be made available as we recognize the profound impact we have on our children's behavior."

National Drug and Addictions Week was held November 19-25, 2006. Sessions were held throughout the province and the week's activities underlined the importance of the project.

With growing public concern about new highly addictive drugs such as crystal meth and oxycontin as well as ongoing problems such as binge drinking, the funding (\$307K) being provided by Health Canada to CHSF and New Brunswick is arriving at an opportune time.

The project does not create yet another educational resource for parents. Instead, the project is seeking to ensure that parents are aware of the many good ideas, programs and materials that are already available to them.

The project uses "parent power", the existing network of New Brunswick Federation of Home and School Association Inc. parent organizations and willing, able volunteers to transmit the information.

For more information or to arrange an interview, contact Danah Smith Coordinator for NB at 506-386-1779 or Cynthia Richards, President of NBFHSAI at 506-339-5104.

### **NBTA STAFF**

**Bob Fitzpatrick**(452-1721) (fitzpatr@nbnet.nb.ca) Executive Director

**Jim Dysart**(452-1833) (dysartj@nbnet.nb.ca) Deputy Executive Director Director of Communications & Research

**Melinda Cook** (452-1739) (cookm@nb.aibn.com) Director of Curriculum & Finance

Nancy Roach (452-1740) (roachn@nbnet.nb.ca) Director of Professional Development

**Larry Jamieson** (452-1722) (jamiesonl@nbnet.nb.ca) Director of Teacher Welfare Services

### PROFESSIONAL COUNSELLING SERVICE FOR TEACHERS

Ann Kennedy (462-0208), 1-800-561-1727 (kenneda@nbnet.nb.ca) Coordinator

**Betsy Colwell-Burley** 

(634-2901), 1-800-563-3938, Counsellor/Consultant

**Niel Cameron** 

(855-5243), 1-888-763-5050, Counsellor/Consultant

### **NBTF STAFF**

**Robert Gagné (**452-1741) Executive Director

**Kevin Sheehan** (452-1737) (sheehank@nbnet.nb.ca) Deputy Executive Director

Marilyn Boudreau (452-1830)(marilyn.boudreau@nb.aibn.com) NBTF Labour Relations Officer

# **CBC-TV's School Zone Wants You!**

CBC television's School Zone is in its 7th season and wants YOU to be part of it.

The segment runs on Tuesday nights on television's the CBC News at 6. Almost all the topics that make it to air come from ideas from teachers and students. We showcase stories about education...especially the things that work.

If you are doing something innovative in your class, if you know of a personal story of a student or teacher that needs to be told - let us know. Or if you have an issue that needs a little television light shed on it, let us know that, too.

\*Remember, tell us about it BEFORE it happens, then we can plan together to capture it on tape.

Brag to the reporter, Catherine Harrop! She can be reached at Catherine\_Harrop@cbc.ca, or 451-4045.



# 27th Annual NBTA Men Teachers' Curling Bonspiel

Carleton Curling Club, Saint John, N.B.

January 19,20,21, 2007

Registration: \$120.00 per team

Not more than 24 teams will be accepted on a first-come, first-served basis. Entries must include skip's name, address, telephone number, and team members.

(If you want to participate, but aren't on a team, contact Terry)

### Send entries and cheque to:

Terry Kilfoil, Chairperson, NBTA Men Teachers' Curling Bonspiel, 21 Meadow Drive, Rothesay, N.B. E2H 1K9, Tel: 847-5429, Fax: 847-5424 email: kilfoilt@nbnet.nb.ca

24



Because at the end of the day you should focus on the important things.

Let Johnson Inc.
look after your
insurance
needs.

Home and Auto Insurance through Johnson Inc.

### Johnson's Special Giveaway Exclusively for Educators!

Enter to win a grand prize of a trip for two aboard Royal Caribbean Cruise Lines (approx. value \$5,000) or a secondary prize of a \$500 travel voucher from Carlson Wagonlit Harvey's Travel. To enter, simply request a home or auto insurance quote today. Visit www.johnson.ca/hbtf for details. (Existing policyholders are automatically entered to win!)





CONTACT US FOR A QUOTE 1.800.563.0677 www.johnson.ca/nbtf

**Paid Advertisement** 

# UN Leader Recognizes Outstanding Canadian Schools Program

r. Adolf Ogi, former
President of Switzerland and
the United Nations Under
Secretary-General and
Special Adviser to Kofi Annan on
Sport for Development and Peace,
recently visited Toronto to recognize
the success of *Learning To Play*,
Playing To Learn, a Canadian school
program launched by athlete-led
international humanitarian
organization Right To Play.

Learning To Play, Playing To Learn was launched this past spring by Right To Play, in partnership with

Silken Laumann's Active Kids Movement. *Learning To Play, Playing To Learn* introduces sport and play activity into the classroom as a tool for healthy physical development, literacy, character education, and development education. Children in Grades 4-6 benefit from increased physical activity levels while learning about the challenges facing their peers in developing nations and acquiring positive values associated with sport – such as teamwork, communication, fair play, self-respect and respect for

others. More than 1,400 kits have been distributed to schools across Canada.

Right To Play is an athlete-driven international humanitarian organization that uses sport and play to foster the healthy development of children and youth in the most disadvantaged areas of the world, and to strengthen the communities they live in. Based in Toronto, Right To Play has close to 60 projects in 22 countries in Africa, Asia and the Middle East.

# **NBTA Annual Provincial Bowling Tournament**

The 2006 NBTA Annual provincial Bowling Tournament was held in October at the Bowlarama Lanes in Saint John. There were 18 teams in attendance.

The *Riverview If Onlys* team will host the 2007 tournament in Moncton. They were also the first place team in 2005 and the picture is shown here as it was not announced at that time.



1st place Saint John "41 Ups" (l-r): Sis Brown, Greg Barker, Ed Lester, Ruth Connor, Bud Connor, and NBTA President-Elect - Brent Shaw.



**2nd place Chipman Fireballs** (l-r): Roger Brown, Art Guitard, Marilyn Hoyt, Paula Dunnett, and NBTA President-Elect - Brent Shaw.



**3rd place Kingswood Park** (l-r): Jake Grandy, Monique Livingston, Jim Hartt, Dot West, Ed Caissie, and NBTA President-Elect - Brent Shaw.



**2005** First Place Team "Riverview If Onlys" (l-r): Don Dawson, Doug Geldart, Nina Geldart, Suzanne Lunney, Larry Lunney, and NBTA Vice President - Brent Shaw.

# Wellness Highlights

PROFESSIONAL COUNSELLING SERVICE **FOR TEACHERS** 



### TEACHER COUNSELLING SERVICES

Ann Kennedy, Districts 14, 17, 18 1-800-561-1727 Betsy Colwell-Burley, Districts 6, 8, 10 1-800-563-3938 Niel Cameron, Districts 2, 15, 16 1-888-763-5050





# December - Gratitude







# Did You Know

"Gratitude is the memory of the heart." - French Proverb

Can a grateful heart enhance your health? A growing body of research says, "yes". Gratitude, as a conscious practice, offers a whole host of health benefits.

In the dark days of winter, surrounded by all the holiday hustle and bustle, we may feel out of sync with the merriment, and gratitude may seen elusive. Perhaps we believe our holidays are not so much like Norman Rockwell's perfection but more like the Simpson's chaos. In fact, in a small research study by Sommerst and Kosmitzki, only 10 percent of American adults reported experiencing the emotion of gratitude "regularly and often" – so we have lots of gloomy company. The good news is, we can give ourselves the joy we think others have by developing a practice of gratitude.

Why gratitude? A series of studies show gratitude promotes physical and emotional well-being, improves one's ability to cope with stress and bolsters positive interaction with others. Furthermore, research shows grateful individuals report having more energy and less physical complaints than their non-grateful counterparts! Positive emotions enhance heart health by interrupting the stress response caused by negative emotions. In short, the practice of gratitude offers a method for a more harmonious life.

So, how do we choose gratitude? And is it ok to fake it? Yes, because our emotions follow our thoughts, we can "act as if" we feel gratitude by concentrating our thoughts on things we are truly grateful for. In time, the real feeling of gratitude will follow. Our heart and our head will be in sync. As days turn into months, a shift in our thinking will occur, leaving us more peace-filled and content because we are focusing on the goodness in our life. And, typically, what we focus on becomes our reality.

- Mid-Columbia, Medical Centre, www.mcmc.net

# Suggested Activity from the Binder

Adopt a charity - Be a Christmas wrapper

# Suggested Website from the Binder

Random Acts of Kindness - www.actsofkindness.org

# A Touch of Humour

### Holiday Ha-Ha's to Get Your Ho-Ho's Started ←

- Millions of people go home for the holidays. It's a combination of nostalgia, tradition and the need to be reminded of why they moved away.
- Every Christmas people give me sweaters they say will fit me to a "T". The trouble is I'm an "O".
- My children won't write Santa a letter because they don't have his email address.
- Of course Santa is jolly. You'd be jolly too, if you just came off an 11-month vacation.



- Good Hearted Living, Steve Wilson, www.worldlaughtertour.com

Note: Additional information is found in your School-Based Wellness Program Monthly Themes Binder.









# **Announcements**

# Faculty of Education UNB Online Master of Education

We are pleased to announce that the Faculty of Education (UNB) will be offering the Curriculum stream of the Master of Education degree online beginning September 2007.

We hope to begin a cohort of approximately 20 students and preference will be given to those who would otherwise be limited in their access to our programmes.

Those interested in this programme should apply by the January 31st deadline.

For further information, check our web site:

http://www.unbf.ca/education/ grad/med.html or contact Carolyn King at edgrad@unb.ca

### **New Online MEd Cohort**

This program is available through ONLINE study in the Department of Curriculum, Teaching and Learning (CTL) at the Ontario Institute for Studies in Education of the University of Toronto (OISE/UT).

This Master of Education cohort is

designed specifically for Canadian educators working in international settings and features the following: • all the courses in the program are available online • the cohort is designed to enable students to complete in three years • students work with a dedicated faculty advisor and coordinator in a virtual community of learners • core courses include a practicum project relevant to the student's professional career to be completed and reported in the final year • program consists of ten (10) half-courses (5 core courses and 5 electives)

The initial application deadline is December 1, 2006; however, applications will be accepted after that date.

Further information is available from: http://www1.oise.utoronto.ca/depts/ctl/master\_of\_education.htm

### **Curriculum Services Canada Learning Resource**

Discover the Arts, explore Canadian Literature, and relive Canadian History. Through CultureSource, educators, students, and parents can search by subject, then grade, to find the most relevant learning resources. Search results will be cross-referenced with provincial courses to facilitate the appropriate use of resources in the classroom.

This new resource can be accessed at: www.culturesource.ca

### The Talk About Canada™ Scholarship Quiz

The Fifth Talk About Canada!™ Scholarship Quiz will take place online Monday, January 15, to Monday, February 19, 2007.

There will be one \$5000 prize, twenty \$1000 prizes, and forty \$500 prizes.

The Talk About Canada!™ Scholarship Quiz is a national contest for students who are citizens or permanent residents of Canada who wish to earn scholarship money for tuition. It is designed so that every eligible student who is willing to make an effort should be able to correctly answer all the questions and be included in the draw for scholarships.

The quiz has fifty multiple-choice questions on Canadian subjects.

All answers are linked to information on the web.

Students can get help from friends, teachers and family.

Any student who answers all the questions correctly will be included in the draw for scholarships.

For more information, please go to: www.talkaboutcanada.ca **PD Opportunity for Elementary** 

#### **Music Educators**

The Kodály Society of Nova Scotia, in partnership with the Kodály Society of Canada, is pleased to announce a fabulous professional development opportunity for elementary music educators on Friday, January 26, 2007 in the Garrison Room at The Halifax Citadel (on Citadel Hill).

This workshop will feature clinicians from across the country, including Ki Adams, MUN School of Music, St. John's, NL; Kim Eyre, University of Western Ontario; and Carolyn Neumann, Co-conductor, Inter-Mennonite Children's Chorus, Kitchener, ON.

The registration fee is \$50.00, made payable to the Kodály Society of Nova Scotia, and may be sent to A. Megann, #313-294 Radcliffe Drive, Halifax, Nova Scotia, B3S 1E8. Registration is set for 8:30 am. The workshop will take place between 9am and 3:30pm, with a 12pm lunch (on your own). For more information, please contact Maureen Dunn: macdoume@staff.ednet.ns.ca



# Salary Deferred Leave Plan 2006-2007

Application forms will be available from District Offices in early January 2007.

Application Deadline is February 28, 2007. (FOR THIS YEAR ONLY)

# At the Holiday Season, our thoughts turn gratefully to those who have made our progress possible. It is in this spirit we say... THANK YOU AND BEST WISHES FOR THE HOLIDAYS AND HAPPY NEW YEAR!











650 Montgomery St., P.O. Box 752, Fredericton, N.B. E3B 5R6 506-452-1724 • 1-800-565-5626 • 506-452-1732 (fax) E-mail: nbtacu@nbnet.nb.ca • Web: http://www.nbtacu.nb.ca Hours: Monday to Friday, Telephone Service 8:30 am - 4:30 pm In-Branch Service: 9:00 am - 4:30 pm

POST CANADA
Postage paid Port payé
Publications Mail Poste-publications
41349976